

Precision Electrolysis of Morris County LLC  
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**Electrolysis Consent Form**

### **Electrolysis Procedure**

Using electric current to achieve permanent hair removal has been available since the late 1800's. The methods in which it is administered has been constantly progressing since that time. Electrolysis treatments are a form of electrical epilation where a single-use, disposable probe is inserted into the hair follicle and a minimal amount of current is delivered to the root of follicle to destroy it through a variety of modalities. All modalities will affect only the active hair follicle, effectively destroying the hair while causing minimal impact to the surrounding skin. We need to treat hairs in the correct cycle in order to achieve lasting results. The desired stage is when hairs are first growing. The three modalities are as follows.

Galvanic Electrolysis – This is the oldest modality. This method, using direct current, is extremely effective but very slow. Lye is created within the follicle to chemically kill the hair root and prevent further growth.

Thermolysis – Thermolysis uses AC current, which causes the water molecules by your hair to rapidly vibrate, which produces heat. When enough heat is created, the cells that cause hair growth are destroyed.

Blend – This method combines both galvanic and thermolysis into one process. The heat from thermolysis heats up the lye created by the direct current and speeds up the process. This method is extremely effective. It is however, slower than the thermolysis process.

Your electrologist will evaluate your skin and hair on the initial consultation and determine based on your health history, skin, and hair type which modality is suited for you.

### **Before Your Initial Treatment**

- Be sure to not have a sun burn
- Refrain from plucking, threading, or waxing of hairs in desired treatment for as long as possible. Cutting, shaving, or trimming the hair is acceptable.
- The area for treatment needs to have the hair showing and able to be grasped by a tweezer in order for the electrologist to work.
- Inform your electrologist of any skin complications before treatment.
- The use of lidocaine is acceptable 45 minutes prior to your treatment time. Cover with a piece of cellophane in order to get the most effective use of the numbing agent.
- Tylenol taken an hour before treatment may help with discomfort
- Avoid caffeine, as it can contribute to skin sensitivity.
- DRINK A LOT OF WATER! Hydration helps immensely.
- Your electrologist will clean the skin that is to be treated with 70% isopropyl alcohol

### **Aftercare**

- Avoid sun exposure for 48 hours after treatment and USE SUNSCREEN.

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- Avoid harsh soaps or abrasive chemical agents in your skin care routine for 48 hours.
- Ice will help to bring down swelling.
- Apply sea salt and warm water on a cloth for 20 minutes post treatment to promote healing.
- Aloe, witch hazel, Aquaphor, or bacitracin is acceptable to keep the skin moist and promote healing.
- Do not pick, rub, scratch, abrade, or exfoliate the skin until the skin returns to normal.
- Avoid makeup until redness and swelling dissipate.
- Call with any questions or concerns regarding your skin or the treatment if you have any issues or unsure about a reaction on your skin.

### Understanding the Process

Electrolysis is in fact a process. No two people are the same. Everyone has different situations contributing to their hair growth such as medications, genetics, weight, hormone imbalances, hair type, and whether or not you have damaged the follicles through tweezing, waxing, or threading. Hair growth cycle plays a major role in your treatment plan as well. This is why we cannot give you an answer as to a set number of sessions to reach your hair removal goal. We simply do not know how long or how many sessions it will take. What we do know is that electrolysis works for everyone. Results will start to become noticeable in 3 to 4 months and can take between 12 to 18 months to complete if the client is not removing their hair through other methods and there is no underlying issue creating hair in follicles that we have not treated. If our electrologist suspects that this could be an issue, we will refer you to a doctor to help control the underlying issue. We are an effective solution to unwanted hair growth. Please remember that excessive hair growth can be a symptom of a greater issue.

We will recommend an appointment schedule customized to each clients needs. It is encouraged that you discuss the treatment schedule with your electrologist. Treatments can be uncomfortable but always tolerable. We do keep in mind that the tolerance level is different among patients so we adjust the amount of time that we work accordingly. Redness and swelling is normal after treatment. With proper aftercare, this side effect can dissipate rather quickly. Please inform your electrologist before treatment of any medications, illnesses, products, or reactions.

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I acknowledge that I read, understand and accept the terms above in regards to electrolysis hair removal treatment. I hereby consent to and authorize Precision Electrolysis of Morris County LLC to perform electrolysis hair removal treatments and related before and after treatment services on me.

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**Client Signature**

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**Printed Name**

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**Date**