

# Menu

## SMOOTHIES & PROTEIN SHAKES 16 OZ

### BANANA PEANUT BUTTER

Creamy peanut butter, bananas, whole/skim milk.

\$9

### STRAWBERRY BANANA SHAKE

Creamy shake off calcium and energy rich banana, milk and vitamin C rich strawberry, strawberry syrup.

\$9

### PURE RECHARGE

Mix of avocado, banana, spinach, apple with whole/skim milk.

\$9

### TROPICAL TORNADO

Pineapple, Strawberries, Banana, and Orange Juice.

\$9

### IMMUNE BOOST

Pineapple, banana, spinach, ginger, chia seeds, vanilla, and coconut milk.

\$10

### TURMERIC SUNSHINE

Mango, pineapple, banana, turmeric and creamy coconut milk.

\$9

### VERY BERRY SMOOTHIE

Mix of strawberries and blueberries, strawberry syrup with whole/skim milk.

\$9

### MATCHA CHA-CHA SMOOTHIE

Pineapple, bananas, matcha with coconut - almond milk, and coconut syrup.

\$9

### CHOCOLATE PB SMOOTHIE

Cacao powder, banana, coconut milk, peanut butter, vanilla syrup.

\$10

### DATE AND BERRY BURST

Dates, blueberries, banana, almond butter, with coconut milk.

\$10

## ADDS ON/ SUBSTITUTION

Oat Milk / Almond Milk /Soy	\$1
Whey Protein Vanilla/ Chocolate	\$2.5
Orgain Organic Vanilla/ Chocolate Protein	\$2.5
Beauty Collagen by Vital Proteins	\$1.50
Turmeric Powder	\$1.25
Chia Seeds	\$1.25
Almond Butter/ Peanut Butter	\$1.50
Pumpkin Seeds/Organic Ground Flaxseed	\$1.25

*Please let us know if you have any food allergies or special dietary needs.*

*An 18% gratuity will be added to parties of 6 or more*

# Americano Cafe