

# **Te Moana Nui Games 2025**

## **Traditional Sport Competition**

### **Timau Ra'au (Fruit Carrying Race)**

**Tuesday, November 11th, 2025 9am-4pm Waimea Valley, North Shore, Oahu**

**Athlete Check-in time: 8am**

#### **RULES/REGULATIONS**

**RULES:** Show up with your own Weighted Charge. Log must not be longer than 5 Feet long and must not be more than half the weight of the total charge. Charge can be any types of EDIBLE fruits/roots, no limitations on how many types of fruits you have. Flowers are allowed for decoration.

Ties to strap the fruits onto the log **MUST** be made out of natural fibers. (No Duct tape allowed)

Tane: 55lbs/25kg Charge

Tane Master 40 and up: 55lbs/25kg Charge

Vahine: 25lbs/11.3kg Charge

Vahine Master 40 and up: 25lbs/11.3kg Charge

Feia 'Api (Junior Co-Ed) 19 yrs old and under: 25lbs/11.3kg Charge

Tamari'i (Junior Co-Ed) 13 yrs old and under: 11lbs/5kg Charge

**ATTIRE:** Racers must wear a Traditional attire or pareu tied however they prefer; ta'amu samoa, tihere, maro, etc...

**RACERS:** 1st, 2nd, and 3rd place Awards for Vahine, Vahine Master, Tane, Tane Master, Feia 'Api and Tamari'i.

**SCORING:** Timau Ra'au for 1st, 2nd and 3rd place will be weighed again after the race to ensure the rules have been followed. 1 second per pound of weight lost throughout the Race will be added to the Racer's time. Disqualification may happen if over 4.5lbs (2kg) have dropped.

#### **EXPECTATIONS:**

- 1) Be respectful of Waimea Valley. Leave area clean of rubbish.
- 2) Be respectful of Te Moana Nui Games Staff and Volunteers and to other competitors.
- 3) No alcohol or drugs