

**Heiva i Vaihi Tu'aro Ma'ohi 2021
Traditional Sport Competition
Tapito (Traditional Wrestling)**

Saturday, November 6th, 2021 8am-4pm Waimea Valley, North Shore, Oahu

RULES/REGULATIONS

TIME LIMIT: 3-minute Round

RULES: 1st person to get 3 points wins the Match and moves on.

-PUSH OUT (Sumo Style)= 1 point

-FALL (on Back, on Stomach, on Flanks)= 1 point

Points will be given by the Ref and from what he sees at that time.

COSTUMES: Athletes must wear a Traditional attire or pareu tied however they prefer; ta'amu samoa, tihere, maro, etc...

CATEGORIES: All athletes compete for 1st and 2nd place Awards.

-VAHINE:

1 Category

-TANE:

Lightweight: (<185lbs/<84 KG)

Middleweight: (<220lbs/<100 KG)

Heavyweight: (>220lbs/>100 KG)

-JUNIOR: 12-17 yrs old (>135lbs/>61.2 KG)

EXPECTATIONS:

- 1) Be respectful of Waimea Valley.. Leave area clean of rubbish.
- 2) Be respectful of Heiva Tu'aro i Vaihi Staff and Volunteers and to other competitors.
- 3) No alcohol or drugs

***If O'ahu Covid restrictions prevent us from holding an event for the public, the competition will be held on Monday, November 8 while Waimea Valley is closed to the public. If the state allows spectators, the event will be held as planned on Saturday, November 6th