## Te Moana Nui Games 2025

# Traditional Sport Competition Taputo (Traditional Wrestling)

### Tuesday, November 11th, 2025 9am-4pm Waimea Valley, North Shore, Oahu

#### **RULES/REGULATIONS**

TIME LIMIT: 3-minute Round

RULES: 1st person to get 3 points wins the Match and moves on.

- -PUSH OUT (Sumo Style) = 1 point
- -FALL (on Back, on Stomach, on Flanks)= 1 point

Points will be given by the Ref and from what he sees at that time.

ATTIRE: Athletes must wear a Traditional attire or pareu tied however they prefer; ta'amu samoa, tihere, maro, etc...

CATEGORIES: All athletes compete for 1st and 2nd place Awards.

#### -VAHINE:

Lightweight: (<143lbs/<65kg) Middleweight: (<187lbs/>85kg) Heavyweight: (>187lbs/>85kg)

-VAHINE MASTER: (40 years old and over)

#### -TANE:

Lightweight: (<165lbs/<75 KG) Middleweight: (<210lbs/<95 KG) Heavyweight: (>210lbs/>95 KG)

-TANE MASTER: (40 years old and over)

#### **EXPECTATIONS:**

- 1) Be respectful of Waimea Valley. Leave area clean of rubbish.
- 2) Be respectful of Te Moana Nui Staff and Volunteers and to other competitors.
- 3) No alcohol or drugs