

FUNDRAISERS - OUR COMMUNITY NEEDS YOU!

United Way of Midcoast Maine

United Way of Mid Coast Maine has established a **COVID-19 Urgent Needs Fund**. 100% of these donations will go to initiatives and agencies that are working hard to meet the increased needs of local people during this pandemic. **DONATE ONLINE: www.uwmmcm.org**
info@uwmmcm.org, 207-443-9752

Midcoast Community Alliance

To donate text **FEEDKIDSNOW** to 41444 to help feed local youth! or go to www.mcmaine.org/support/
207 443-6856

Bath Area Food Bank

So many of our Bath neighbors live paycheck to paycheck. Covid-19 has had a big impact and the food bank is struggling to ramp up the food needed to help these families out. Please consider donating. You can donate online: **www.bathfoodbank.org** or through Facebook

HELPFUL RESOURCES

If you are a parent/caregiver in Maine who is raising children or youth with emotional and behavioral health concerns and you need support, information about resources or just to vent, call G.E.A.R Parent Network at 1-800-264-9224.

Nonprofit organizations play a vital role in building healthy communities by providing critical services that contribute to economic stability and mobility. They also strengthen communities in other important ways. Please consider supporting those that are close to you over the next few weeks to keep our communities thriving! Thank you.

Main Street Bath - Gift of Bath Certificates

www.visitbath.com

Shopping in Bath Has Never Been Easier!

Buy those hard-to-shop-for people a “Gift of Bath” Gift Certificate – available in \$10 and \$25 denominations and good at over 70 Bath Maine restaurants, service businesses, shops and entertainment venues. Check with your favorite store directly on how to use these during this time. **Buy them from Main Street online: www.visitbath.com/product/gift-bath-gift-certificate/**



#shopsmall

#buylocal

#stayconnected

BE KIND TO
YOUR MIND &
EACH OTHER

NON-PROFITS

Friends of the Zorach Fountain

www.zorachfountain.org

207 443-6504

Friends of Seguin Island Light Station

www.seguinislnd.org

207 443-4808

Bath Youth Meetinghouse and Skatepark

www.bathskatepark.com

207 443-8750

Books on the Bus see our Facebook-page - books on the bus maine. They will be distributing books in the crisis

Main Street Bath

www.visitbath.com

207 442-7291

Bath Farmers' Market

www.bathfarmersmarket.com

207 549-7611

Big Brothers Big Sisters of Bath/ Brunswick www.bbbsbathbrunswick.org

Maine's First Ship

www.mfship.org

207 443-4242

Maine Lost Cat Recovery

Check their facebook page

American Legion Post 21

See us on Facebook!

207 443-9804

Bath Rotary Club

www.bathrotary.org

207 370-2284

Winter Street Center

www.sagadahocpreservation.org

Kennebec Estuary Land Trust

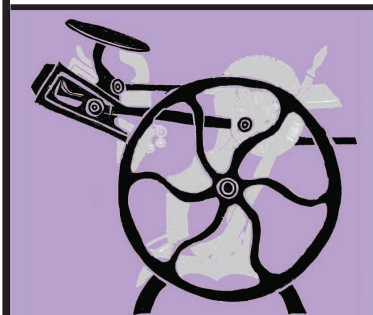
www.kennebecestuary.org

207 442-8400



Are you a non-profit that should be listed here? If so please let us know.

BATH PRINTING
COMPANY



DESIGN • PROMOTE • MAIL
WE PRINT EVERYTHING
BUT • MONEY

The CDC provides some great tips to manage stress and anxiety at this time.

www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety

Take care of your body – Try to eat healthy well-balanced meals, exercise regularly, and get plenty of sleep. Avoid alcohol, tobacco, and other drugs. Learn more about wellness strategies for mental health.

Connect with others – Share your concerns and how you are feeling with a friend or family member. Maintain healthy relationships, and build a strong support system.

Take breaks – Make time to unwind and remind yourself that strong feelings will fade. Try taking in deep breaths. Try to do activities you usually enjoy.

Stay informed – When you feel that you are missing information, you may become more stressed or nervous. Watch, listen to, or read the news for updates from officials. Be aware that there may be rumors during a crisis, especially on social media. Always check your sources and turn to reliable sources of information like your local government authorities.

Avoid too much exposure to news – Take breaks from watching, reading, or listening to news stories. It can be upsetting to hear about the crisis and see images repeatedly. Try to do enjoyable activities and return to normal life as much as possible and check for updates between breaks.

Seek help when needed – If distress impacts activities of your daily life for several days or weeks, talk to a clergy member, counselor, or doctor, or contact the SAMHSA helpline at 1-800-985-5990.

The Bath Local

Staying apart - coming together • Social distancing and supporting local communities

How can you support small business during Coronavirus?



Small businesses add color, innovation and personality to an economy that's become more uniform than ever before. Imagine Bath and our surrounding communities without small local stores, art galleries, cafes, and restaurants. A life without independent artists, journalists, photographers, and designers...

So many small businesses are finding creative, innovative ways to keep their companies alive right now. Buy a gift card for later. Look on the company's website and social media accounts for details. Consider taking a credit for the future instead of asking for a refund. Reach out to the owner of your B&B, tiny house, or campsite directly and ask to reschedule. Commit to future work or project when the business reopens.

Shop (local) online. Many local shops, restaurants and services run online shops. Look for them on social media accounts or check their website. Look for virtual classes. Many Front Street businesses have a great online presence!

Get takeout or delivery. Many restaurants and breweries are offering this service and some with a discount. See inside pages for more details!

Write an online review of your favourite business. Five star reviews help companies rank well in search engines.

Consider liking and sharing a business on social media so they can gain more positive exposure. Our behavior now impacts the survival chances of small businesses out there.

Artists and musicians survive by going from one gig to another. Those gigs are now gone until further notice and that means next month's rent is gone as well. If local artists ever needed your support, it is now. Support them by buying their merchandise, or order work from smaller artists in your local bookstore or art gallery. Or ask a local artist to create a customized work for you.

Subscribe for online classes that you normally visit offline. Fitness classes, yoga, creative writing, singing, playing an instrument... There are so many classes you can take online instead. If a local business offers this option, take it! The business gets more out of it than just income, your participation also shows your support and solidarity.

Buy fresh If you want your stockpiling to make any sense, you should eat fresh goods now. Fruit and vegetables from the farmers market and the local farms who are all making product available in creative ways.

Buy from a small store. We've all seen the panic buying. Toilet paper, dried pasta, and spaghetti sauce were flying off the shelves faster than the staff could restock them. And most of that happened at large chain store supermarkets while the small, local shops have been less affected. Why not get your groceries at the local store on the corner? Give your business to a small business! Bracketts are ready and waiting!

Want to really make a difference? Ask the senior citizens in your street what they need. They often don't have the strength to carry as much and as a risk group shouldn't go shopping themselves.

Book personal shopping dates. Fashion might not be your first concern if you're social distancing. Even so, everyone still wants to look and feel good, and you can support local stores by doing so. House of Logan, Over the Moon, J'adore, Bohemian Rose, Pamelas World, Buy Low Baby and many many other stores will welcome you in as soon as its safe to do so.

Maine CDC: the best thing that Maine people can do to protect their health is to take the same preventive measures that help to avoid catching a cold. Wash your hands often, cover coughs and sneezes and stay home if you are sick.

What to Do When Sick

Call ahead: If you are ill and are concerned that you have contracted COVID-19, the first thing you should do is call your healthcare provider. Traveling outside your home unnecessarily may increase the risk to others. If your situation is life-threatening, call 911.

Call 2-1-1, the free 24/7 or text your zip code to 898-211; you can also email info@211maine.org (call volume may be high now).

2-1-1 is partnering with the Maine CDC to take calls concerning, for example, common symptoms, how to keep you and your loved ones safe, advisories, etc. It does not give medical advice.



The Bath Local Newsletter
Issue 3 • April 2020

Printed by Bath Printing Co
44 Front Street, Bath, ME
04530

www.bathprinting.com

Keeping Bath and surrounding communities informed of Covid-19 related openings and closures. If you have information you would like to share please email **hello@bathprinting.com** and we will update as necessary.

CITY OF BATH
General Assistance may be conducted over-the-phone and by email - please call Juli Millett at 207-443-8338 or jmillett@cityofbath.com
Property Taxes may be paid over-the-phone by calling the Treasurer’s Office at 207-443-8340.
Vehicle Registration Renewal may be processed through Maine’s Rapid Renewal service. New vehicle registration is no longer available due to the closure of the DMV.
ATV and Snowmobile Registration may be processed online through Maine’s IFW ATV & Snowmobile Registration website

Boat Registration Renewal may be processed online through Maine’s Boat Registration Renewal website
Hunting and Fishing Licenses may be purchased online through the Maine Online Sportsman Electronic System (MOSES)
Parking Tickets may be paid over-the-phone by calling the Bath Police Department at 207-443-5563.
Vehicles and trailers. Notwithstanding the Maine Revised Statutes, Title 29-A, chapter 5 or any other law or municipal charter provision or ordinance to the contrary, a registration, including a temporary registration, of a vehicle, including, without limitation, a motor vehicle, all-terrain vehicle, watercraft or snowmobile, or a trailer required to be registered in this State that expires during the period of a state of emergency declared by the Governor in accordance with Title 37-B, section 742 due to the outbreak of COVID-19 is deemed extended until 30 days following the termination of the state of emergency.

Bath CityBus is not running until further notice.
Parks & Recreation Department: The Bath Parks & Recreation Department is postponing all programs, until further notice.
Bath Youth Meetinghouse & Skatepark - closed.
Parks and outdoor venues, including McMann Field Complex - re-opened for use except for South End Park. Please maintain appropriate social distancing. Contact sbalboni@cityofbath.com.
Landfill: Bath Landfill closed to the public. The City’s curbside collection of trash and recycling will continue as normal. For more information, please call 207-443-8356.

MIDCOAST COASTAL STATE PARKS AND BEACHES
Closed until further notice. Reid State Park, Popham Beach State Park, Fort Popham.

**Stay healthy
at home!**

BUSINESS RESOURCES
Unemployment insurance FAQs: www.maine.gov/labor/
Department of Labor resource list: www.maine.gov/labor/covid19/
Small business guidance and loan resources: www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources
www.treasury.gov
Down East Maine Business Support Directory: www.downeast.com/maine-business-support-form/

FOOD RESOURCES
RSU1 Schools
All RSU1 students can pick up FREE breakfast or lunch at one of four locations: Dike-Newell, Fisher Mitchell Phippsburg Elementary School & Woolwich Central School. Tues & Thurs only from 10:30AM - 12:30 PM. Details on Bath Bus Routes are on: www.rsu1.org
FMI: Tim Harkins, Food Service Director, RSU1 443-6601, ext. 114 or tharkins@rsu1.org

Bath Area Food Bank
807 Middle Street Tel:737-9289
Tues & Thurs 12 p.m. - 1 p.m. Grab & Go Meals at the door
Additional services for adults & families, please visit the Bath Area Food Bank Facebook Page for up-to-date info.

Bath Area YMCA
Open to Children (18 and under)
Grab & Go sack meals at 303 Centre St. from 11:30 a.m. to 12:30 p.m., Mondays through Fridays.

Midcoast Community Alliance
4 Old Brunswick Road, PARKING lot Mon, Wed, Fri, 4 p.m. - 5 p.m. Grab & Go Grocery bag at the door provided by Bath Area Backpack Program.
FMI: Jamie Dorr, Executive Director - jamie@mcmaine.org or 443-6856, or Donna Verhoeven, Youth Outreach Coordinator - donna@mcmaine.org or 751-5738
Toiletries & School supplies also available. Delivery available to RSU1 Families upon request. jamie@mcmaine.org
Thank you to Centre Street Bakery, Midcoast Pizza & More, Mae’s Cafe, Merrymeeting Gleaners & Bath Area Backpack Program.

Merrymeeting Food Council
Lots of useful resources online: www.merrymeetingfoodcouncil.org
merrymeetingfc@gmail.com

OTHER RESOURCES
www.mainerstogether.com
www.maineneeds.com

KELT trails
kennebecestuary.org/all-trails

Sagadahoc County Community Check-in
Available for adults 65yrs and over who are immunocompromised, chronically ill or have limited access to basic needs. Call Grainne Shaw for details and to register: 207 449-0185

The Salvation Army
25 Congress Avenue, 443-3611
Monday, Wednesday, & Thursday - Food Pantry - 10 a.m. - 1 p.m. - . Food boxes will be pre-packed to limit your time in the building. Access to our FREE Table is limited to our staff, we will have a list of items available and we will pack bags/boxes for you.
Monday, Wednesday, & Thursday - Social Services - 9 a.m. - 1 p.m.
Monday-Thursday – Office Hours - 9 a.m. – 2 p.m.
Contact the City
If you have concerns that are not covered above, please call the City Manager’s Office at 207-443-8330.

**Have we missed you?
Wrong telephone
or website?
Please tell us!
hello@bathprinting.com**

SHOPS
Bath Sweet Shoppe - phone orders for curbside pick-up 207-443-4221.
Beth Hawkes Farm and Greenhouse Opening May 1st www.bethhawkesfarmgreenhouse.com
Bohemian Rose - by appointment and online. Curbside pick up some days call for details 207-386-0240
Buy Low Baby - open for curbside pick-up 207 442-9555
Country Farm - Online & delivery www.countryfarmfurniture.net
Gigi’s - curbside pickup 207 798-2191
Grove Street Doll Shop - online ordering. www.grovestreetdollshop.com 207-442-7909
Halcyon Yarn - Telephone & online orders www.halcyonyarn.com 207-442-7909. Curbside pick up.
House of Logan - closed. Call our Boothbay Harbor shopfor orders at 207-633-2293.
Island Treasure Toys - we’re open for curbside pickup in Bath 10-4 207-442-7600
Just Framing - Curbside pick up 207 443-3076 www.justframing.com
The Kennebec Co - check online www.kennebeccompany.com
Lisa-Marie’s Made in Maine - Open for curbside and online shopping. www.lisamariesmadeinmaine.com 207 443-2225
Maine Street Design Co. Open by telephone: If you would like to make a purchase or have a design project please give us a call 207-541-9187 www.mainestreetdesign.com
The Mustard Seed Bookstore - closed. Email orders to julie@themustardseedbookstore.com

RESTAURANTS & FOOD
Amato’s - Takeout. Order online www.amatos.com/locations-menus 207 442-9600
Bath Brewing Company - closed. Brackett’s Market carrying some canned beer locally, and a list of other locations where it is available for purchase is coming!
Bath Farmers’ Market - Saturday Bath Waterfront Park. Join us at 6ft distances! www.bathfarmersmarket.com 207 582-2213
Bath Natural Market - closed to public. Open for phone (207) 442-8012 and email (bathnaturalmarketorders@gmail.com) orders with curbside pick-up, credit card sales only via phone.
Beale Street Barbeque & Grill - open for takeout. www.mainebbq.com 207-442-9514
Best Thai II -open for take-out and delivery 207 443-8656 www.bestthai-maine.com
Brackett’s Market - Open 7-7. Continuous updates on Facebook with specials and grab-n-go meal options. www.brackettmarket.com 207 443-2012

**These local businesses
need your support!**

Now You’re Cooking - Open for curbside pickup 10-4. Call 207-443-1402 to place your order and pay over the phone. Email us at info@acooksemporium.com or send a message via Instagram or Facebook. Include your phone number and we’ll call you back for payment and pickup time.
Over the Moon - Free shipping. www.overthemoonmaine.com 207-442-9999,
Open Door Books - open by appointment. We can locate any book in our stock and ship or meet for exchange. Or go to ABE.com and my 5700 books are listed under open door books. 207 443-8689
Pamela’s World - closed until further notice
Pitter Patter - shopping by appointment. www.pitterpatterinc.com. Or call 207-837-8621.
Reny’s - closed.
Springer’s Jewelers - online only www.springersjewelers.com Please email any inquiries to Bath@SpringersJewelers.com or leave a phone message 207-443-2181.
Skillsins Greenhouses - open for curbside pickup.
Wags & Whiskers - curbside pick-up/ Call 443-3647 to place your order OR email regan@bathwags.com Payment over the phone. 10:30-3:30,
Wilson’s Drug Store We are open! Curbside only. Please call your refills in ahead of time we are asking 3-4 hours for refills. Call 207-442-8786 for any further questions or concerns. www.wilsonsdrugstore.com

Bruno’s Wood-Fired Pizzeria - Open. for take-out www.brunoswfp.com Drive to our rear parking lot, park at one of our “Text & Go” signs. Text us the “name” on the order and we deliver to your car! 207 443-6776
Byrnes Irish Pub - open for take-out. Call 443-6776 to place your order. www.byrnesirishpub.com
The Cabin Pizza - open for deliveries and accepting orders for pick up. www.cabinpizza.com 207 443-6224
Café Crème - open for take-out. www.cafecremebath.com 207 443-6454
Centre Street Bakery - open for curbside pick up hours. 11-2 Wed & Sat. Order is online only @ centerstreet-bakery.com
Dairy Queen - Woolwich - closed until May 1st
Dominoes Pizza - open for take-ou
The Fountain Ice Cream & Deli - closed until further notice. This is temporary!
The Galley Restaurant - Curbside pick up. See Facebook page 207 443-9888
Goranson Farm Stand 250 River Rd, Dresden 9-6 daily. \$20 \$40 grab & go boxes. 207 737-8834 www.goranson-farm.com
J.R. Maxwell’s Restaurant - closed JR Maxwell’s gift cards are available www.jrmaxwells.com/certs.html
Kennebec Tavern - closed until further notice.
Mae’s Cafe and Bakery - takeout www.maescafeandbakery.com 207 442-8577
Marios Pizza - Take out 207 443-4126
Mateo’s Hacienda - Open for takeout 207 443-3511 call ahead and order
Midcoast Pizza & more - available for specialized groups, emergency food and charity groups. Call 207 443-6631 for updates. If in need or you are a charity text 207 504-1636. www.midcoastpizzaandmore.com
Montswear Farm Restaurant - Woolwich - open for take out menu posted daily. Curbside call ahead. 443-6563 Tues-Sat 11am-7pm
Run with Soup - Curbside or take-out M-F 10-2 Call 207 389-6931 and check Facebook!
Southgate Restaurant - Open for togo www.southgatefamilyrestaurant.com
Starlight Cafe - closed.
Subway Take out 207 443-8623

ENTERTAINMENT & ARTS, MUSEUMS
Centre St Arts Gallery - Phone purchases available! Livy 207 449-2698 or Tory 207 841-2014
Chocolate Church Arts Center
A host of services online. www.chocolatechurcharts.org Call 207-442-8455
Green Lion Gallery - closed
Markings Gallery - Order online www.markingsgallery.com

Maine Maritime Museum - closed until further notice. Check out their website as there is plenty to see online. www.mainemaritimemuseum.org
Robinhood Free Meetinghouse - closed until further notice. Theynew 2020 music subscription cards online! www.robinhoodfreemeetinhhouse.com

ACTIVITIES
Maine’s First Ship - The Boat Shed & Freight Shed will be closed to visitors on Wednesdays; the Boat Shed will be closed to visitors on Saturdays.
Maine Maritime Museum - Closed. See website for accessing the collections online. www.mainemaritimemuseum.org
SERVICES
Bath Regional Information Center - closed.
Bath Printing Company - Open 10-3. Call 443-3411 or email hello@bath-printing.com to place orders. Call for payment by phone & curbside pickup!
Bath Optometrics - Open call for hours and procedures. 443-5012
Burgess Technology Services - On-line & remote services. www.bts-maine.com 207-443-9554
Coastal Glass & Window www.coastalglasswindow.com 207 443-2156
Ebb & Flow Yoga - open for online classes www.ebbandflowyoga.com
Mala Room - closed www.mainemalaroom.com
Mail It 4 U - Open regular hours www.bathmailit4u.com 207 443-1457
USPS - open regular hours. 207-443-9778

Patten Free Library - closed. Wifi is available along the perimeter & parking lot www.patten.lib.me.us Many online resources
Soggy Dog Photography - online Pick up/curbside delivery /shipping available www.squareup.com/store/soggydogdesigns
Main Street Bath Office - closed. Director, Assistant and Volunteers working remotely.
Union + Co - open for those who need reliable internet access. www.union-andco.me 207 389-4224

SPECIAL SHOPPING HOURS
Shaws Supermarket
7-9am Tues & Thurs available for senior citizens, and other at-risk members of our community such as pregnant women or those with compromised immune systems.
Bracketts 7-8am Tues & Thurs for Seniors

VETERINARY SERVICES
Bath Animal Hospital
Call when you arrive. 443-9006 We will check you in as soon as possible from outside the hospital. If you need to pick up food or medication, please remain in your car outside the hospital and call the front desk.

Bath-Brunswick Veterinary Associates closed to the public on Mon, Sat, Sun. Tues-Fri we will continue our “curbside” appointments, asking you to call when you arrive to check in for your pet’s appointment. One of our team members will take your pet’s history and discuss the appointment with you. When finished, your pet will join us inside while you wait in your car.

BANKS
Bath Savings, First Federal Savings & Loan, Five County Credit Union, Midcoast Federal Union, Key Bank - Lobbies are closed to the public. Drive ups are open for full services.

GAS STATIONS & AUTOMOTIVE REPAIRS Open

FUEL, OIL AND NATURAL GAS COMPANIES
Open but check procedures for delivery and payment.
Dead River - 844 372-9497
Bert’s Oil - 207 443-2497
Downeast Energy - (207) 443-7081
M.W. Sewall - 207 442 7994
Kaler Oil - 207 443-2438
Dennis Farmer (Woolwich) - 207 443-6596

CHURCHES
Some churches are offering online worship, check directly.

Bath Church of the New Jerusalem (Swedenborgian) 207 590-5547
Grace Episcopal Church www.gracebath.org 207-443-3792
First Baptist Church of Bath www.firstbaptistofbath.org 207 443-5356
The Salvation Army Bath Brunswick Find us on Facebook at The Salvation Army Bath, ME 413-443-3611
Bath First Church of the Nazarene www.facebook.com/bath1stchurch/ 207 389-4213
St. Mary Church of All Saints Parish www.allsaintsmaine.com 207 443-3423
Church of the Midcoast www.midcoast.church/ 207 233-5520
Church of the New Jerusalem www.newchurch.org 207 442-8323
Days Ferry Congregational Church www.daysferrycongregational.org 207 443-4401
Bath United Methodist Church www.bathumc.org 207 443-4707
The Neighborhood, UCC www.faithinbath.org 207 443-2187
Beth Israel Congregation www.bethisraelbath.org 207 443-4606

**Be a Local
-THINK LOCAL -**

Pentecostal Church www.facbath.com 207 443-6829
Corliss Street Baptist Church www.corlissstbaptist.org 207 443-4747
Bath Seventh-day Adventist Church www.bath22.adventistchurchconnect.org 207 443-9333

REALTORS
Armentrout Select Realty of Maine www.ArmentroutSelectRealtyof-Maine.com 207-443-4336
Sagadahock Real Estate Association 207-443-4191
William Raveis www.raveis.com 207-443-3388
Maine Home Realty www.MaineHomeRealty.com 207-443-4353
Sharon Drake Real Estate Inc. www.sharondrakerealestate.com/ 207-443-1005
Bisson Real Estate www.bissonrealestate.com 207 319-4162

HAIR SALONS AND BARBERS
Betsy’s Salon and Spa www.betsysalonandspa.com 207 443-1123
Bath Hair Inc. www.bathhair.com 207 443-2266
Calm Moments Spa www.calmmoments.net 207 798-1534
Front Street Barber Shop 207 350-2300

BED & BREAKFASTS
Inn at Bath www.innatbath.com 207 443-4294
Benjamin F. Packard House Bed and Breakfast 207 443-6004 www.benjaminfpackardhouse.com/
Kennebec Inn 207 443-5324 /www.kennebecinn.com
Pryor House Bed & Breakfast www.pryorhouse.com 207 443-1146
Hampton Inn 207 386-1310 www.bathbrunswickarea.hamptoninn.com
Middle Street Inn 207 619-4556 www.middlestreetinn.com
Mulberry House 207 389-2303 www.mulberryhousemaine.com

INSURANCE AGENTS
Cross Insurance - Bath 207-443-3336
J Edward Knight 207-443-2700
Midcoast Insurance Agency 207-443-8400
Spencer E. Gray Jr., LLC 207-443-3100
Jason Ritchie, Statefarm Insurance 207-443-9720

**PUT YOUR \$
WHERE YOUR
♥ IS!
- BUY LOCAL -**