

December 2019 Newsletter

Dear Washington Professional Members,

Email List

The email list for this newsletter was generated from the current professional membership list at the time of the newsletter, from the USA membership list as of 12/5/2019.

New State Website

Our new website address is usagwashington.com. please make a note of this and bookmark it on your toolbar. The old site is not longer active. The new website will be changing and updating often, if you have any suggestions or comments, please do not hesitate to let me know.

Announcements

-Welcome High Flight Gym to the North Section.

-Gymnasts are no longer required to salute to the judges at the end of the routine, they are just required to “salute” in any direction that shows they have completed their routine.

-Please note the change from needing a one judge panel to a two-judge panel for Xcel Bronze and Silver levels. The current committee had voted in September to allow a one judge panel, however we were recently made aware that once the season begins (August 1 of each year) changes cannot be made, therefore we must go back to requiring a two-judge panel for all levels both JO and Xcel.

Reporting Meet Scores

Meet hosts in the State of Washington are required to send a copy of the sanction as well as the meet results to the State Chair. Results must be postmarked within *seventy-two hours* after the conclusion of the meet. Results should have a separate list for each level, not all levels combined. Sanctions and scores can be emailed to susriley@hotmail.com or mailed to Susan Riley 3616 South Rd #B3 Mukilteo, WA 98275.

New State Qualifiers

If you plan to use out of state meets for qualification purposes, please verify the host will have at least a 2-judge panel to meet our States qualification requirements (JO and Xcel). You must also mail the meet results to the State Chair. Results must be postmarked within twelve days of the weekend of the competition. Results not postmarked within the required time will not count for qualifying.

Clubs must also send the State Chair a list of *NEW QUALIFERS* within *seventy-two hours* of the meet conclusion. Send in Excel format:

First Name	Last Name	Club	Level	Meet Name	Score
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State qualifiers can be emailed to susriley@hotmail.com or mailed to Susan Riley 3616 South Rd #B3 Mukilteo, WA 98275.

Clubs must also register their athletes that qualified to the State Championships on the USA Gymnastics Meet Reservation System within **5 days of the meet they qualified**. This will help the meet host with knowing how many athletes to expect. Payment is not due until the due date given by the State Meet host.

State Qualifying Scores (one time)

JO Level 2-8: 34.00 AA (two judge panel required)

JO Level 9-10: 32.00 AA (two judge panel required)

Xcel (all levels): 34.00 AA (two judge panel required)

Level Mobility

Please familiarize yourself with the required scores for mobility from level to level. Mobility is outlined in the Rules and Policies pg. 48 for Xcel and pg. 79 for JO. There is mobility from JO levels into Xcel, however there are no mobility from Xcel Levels into JO level. Last year there were a large number of athletes that had not met the required mobility score and had to go back and obtain the needed scores. We have already had a few this season that had to do the same. The National office requires that each gymnast's mobility is tracked and therefore all State Qualifiers are checked to be sure they are eligible to compete that level.

Save the Date

Thank you to our Education Representative, Nola Ayres for getting the date and location secured for our state clinic early so clubs can plan accordingly. If you have any request for topics or clinicians, please email Nola at nbanola@aol.com.

-July 31, 2020: State Clinic Leading Edge Gymnastics in Everett (more information attached)

-August 1-2, 2020 Region 2 Congress Delta Hotel-Everett register now at <http://www.usagymrc.com/region2/>

State Administrative Committee Contacts

State Administrative Committee Chair: Susan Riley susriley@hotmail.com

East Sectional Representative: Mike Armstrong nwgymnast@msn.com

Central Sectional Representative: Frank Lee frankcegw@gmail.com

North Sectional Representative – Adriane Jackson adriane.bgc@gmail.com

South Sectional Representative – Kevin Milliren kmillirne@ymcapkc.org

Optional Representative – Brian Muenz ecgacoachbrian@yahoo.com

Compulsory Representative – Laurie Reid laurie@gymnasticsplus.net

Xcel Representative Gold- Diamond – Jan Urfer jdurfer0509@gmail.com

Xcel Representative Bronze-Silver – Rebekah Robitaille rbrbekah@yahoo.com

Education Representative – Nola Ayres nbanola@aol.com

Secretary – Sandy Flores floreshome@aol.com

Sincerely,

Susan Riley
USA Gymnastics Washington

State Administrative Committee Chair