

June 30, 2020 Newsletter

Dear Washington Professional Members,

The email list for this newsletter was generated from the current professional membership list at the time of the newsletter, from the USA membership list as of 6/30/20.

Today marks my last day as the Washington State Administrative Committee Chair. I look back over the last two years and I am happy with all that was accomplished. A new and up-to-date website, open and consistent communication to all and tracking of all our athletes, to name a few. It was my pleasure to get to know and work with so many of you. The future of Washington Gymnastics has endless possibilities if we all work together with a common goal...Do what is best for all our clubs, coaches, and athletes. This does not always mean we will agree, however if we have the same end goal, we all win.

Final Financial Report

As of today, Washington has \$7,005.15 in the bank. This does not include the \$3,738.00 still being held in Bankruptcy, \$5,000.00 refund due from A-1 Awards (returned state meet awards), the \$5,000.00 donation procured by our Educational Representative, Nola Ayres designated to help support the 2021 State Clinic or a \$20.00 deposit for a web advertisement. Once these are all accounted for our balance would be \$20,763.15. Additionally, since we were not able to have the state meets this past season, the state did not receive the approximate \$11,000.00 we typically receive from the 'state head tax' paid from the state meets.

Website

The new website started in Fall of 2019 at www.usagwashington.com. This website has all the information you may need and has been updated regularly. We have added the WA State Library to help coaches with ideas for skills and drills for both in home and in gym training. Please continue to send in your great ideas.

Communication

Please continue to share your thoughts and ideas with your representatives. They are eager to listen and hear your ideas. Over the past two years, we have had more feedback on agenda items than in the recent past, more members wanting to be a part of the committee (more members running for positions) and more bids for the state meets. The increase in membership involvement is a direction result of better communication between the committee and the members, keep it up! It takes all of us doing our part and speaking our minds to make our state great.

Tracking of our Athletes

Women's Artistic Gymnastics in Washington had 4000 registered members for the 2019-2020 season. One requirement of the National Office is to track these athletes to be sure they not only actually qualify for the state meets, but more importantly, that each athlete progresses through the levels (Both of JO and Xcel) with the needed qualification score. Over the last two years, I have been tracking our athletes and I had found over 100 that either entered in at the wrong level or had skipped levels. Here is a quick summary sheet on the main issues found over the last

couple years. It is always good to reread the mobility requirements in Rules and Policies each year.

-Xcel to JO: There is **NO** mobility in this direction. Athletes entering the JO program must start at least at Level 4 and obtain the needed scores to move up levels.

-JO to Xcel: Refer to Rules and Policy chart to see what level a JO athlete may enter into Xcel.

-Athletes in High School or age 14 may petition into higher levels. Please see the Rules and Policies for specific requirements and the process of petitioning.

-Xcel entry level is Silver (unless previous experience in JO). Levels may not be skipped.

-JO Entry is Level 4. Level 5 is a required level. The only level that may be skipped is Level 6, if the needed mobility score is met at Level 5.

-Levels must be completed in numerical order. For instance, you must obtain the needed mobility score for Level 4 before your athlete can compete Level 5. You can compete two levels in one meet, however, the lower level needs to be competed in an earlier session.

SAC Election/Voting

As previously stated, the SAC election will cross over between the end of my term and the start of the new State Chairs term. Therefore, I completed the call for nominations, approved their qualification, set up the election. The election will begin at 12:00 am on July 1 and run through 11:59 pm on July 15. Once the election is set up there is nothing more that is needed of the one who set it up. The results must first go to the Regional Chair and therefore she will oversee the election as of July 1.

You will receive an email with a link to vote. You will have a unique username and password in that email. There are four positions up for election: Optional Rep, East Sectional Rep, South Sectional Rep and Administrative Secretary. These are all two-year terms. There was only one accepted nomination for the Compulsory Rep, which was Laurie Reid. As the current State Chair, I cast the one needed vote for her. Election results will be announced after the end of the elections. The new positions will begin September 1, 2020.

Attached

Attached to this email, you will also find the most recent approved SAC meeting minutes from our June 11 meeting on Zoom. Additionally, you will find the most updated version of the state handbook as well.

Transparency

I made every attempt to have full transparency during my term. Keeping with that, I have going to list what is being turned over to the new start chair.

-1 State Championships Display banner

- 1 State Team Championship banner and replacement level signs
- 166 JO Gold Medals
- 242 JO Silver Medals
- 342 JO Bronze Medals
- 1 Bank Deposit Book
- 1 Bank Deposit Stamp
- State Chair Notebook with past minutes
- USB Stick (Docs)
 - Tracking form
 - State Handbook
 - Results from last two surveys
 - 2020-2021 Meet Request form
 - WA Official Logo
- 71 Xcel Gold Medals
- 225 Xcel Silver Medals
- 33 Xcel Bronze Medals

State Administrative Committee Contacts (as of July 1, 2020)

State Administrative Committee Chair: Sandy Flores floreshome@aol.com
 East Sectional Representative: Mike Armstrong nwgymnast@msn.com
 Central Sectional Representative: Frank Lee frankceg@gmail.com
 North Sectional Representative – Adriane Jackson adriane.bgc@gmail.com
 South Sectional Representative – Kevin Milliren coach.kmilliren@gmail.com
 Optional Representative – Brian Muenz ecgacoachbrian@yahoo.com
 Compulsory Representative – Laurie Reid laurie@gymnasticsplus.net
 Xcel Representative Gold- Diamond – Jan Urfer jdurfer0509@gmail.com
 Xcel Representative Bronze-Silver – Rebekah Robitaille rbrbekah@yahoo.com
 Education Representative – Nola Ayres nbanola@aol.com
 Secretary – Open

Once again, I have really enjoyed serving the state. Please do not hesitate to contact me if you have any questions or concerns in the coming season and beyond.

Stay Healthy,

Susan Riley
 USA Gymnastics Washington
 State Administrative Committee Chair