PSHEE

**Drugs Education**

Learning Objectives: Unit 1 Part 2b

* What is binge drinking?

Unit 1 Part 2c

* What are the risks associated with binge drinking?
* What is a ‘hangover’?
* What is ‘alcohol poisoning’?

Task

1. Read slide 3,

Why is binge drinking a problem?

What is the harm in overdoing it once in a while?

2. Watch the video on slide 4,

What reasons are given for the increase in the number of young female binge drinkers?

What is the suggested solution for this problem?

Do you think this solution will be effective?

Part 2c

3. Read slide 3,

Do you know why drinking to much alcohol causes a hangover?

4. Read slide 4,

What is a ‘hangover’?

How does alcohol poisoning happen?

5. Read slide 5,

When is alcohol poisoning most dangerous?

6. Read slide 6,

What can happen to the body when it is trying to absorb excess alcohol?

7. Read interactive slide 7,

Why do you think people binge drink?

How can society tackle binge drinking?

What are the dangers of binge drinking?

8. Read interactive slide 8,

What are the social dangers of binge drinking?

9. Read interactive slide 9,

Do you think that longer opening hours in pubs and clubs encourage binge drinking?

Why?

10. Read slide 10, some helpful information of where you can get help should you need it.

All work must be completed and emailed to your teacher