PSHEE

**Drugs Education**

Learning Objectives: Unit 2 Part 1

* What is the blood alcohol limit?
* What is a unit of alcohol?
* What are the dangers and consequences of drink driving?

Unit 2 Part 2

* What is ‘spiking’?
* How can I stay safe from spiking?
* What should I do if someone’s drink has been spiked?

Task

1. Complete interactive slide 3,

List some drink driving facts.

2. Complete interactive slide 4, Why should you not drive or operate machinery if you have an excessive accumulation of alcohol?

3. Read slide 5, How do police test the legal limit?

4. Read slide 6, How do you work out the number of units in a drink?

5. Read slide 7, How many hours would it take your body to process this amount of alcohol?

If the person started drinking at 7pm and stopped at 2am, would they be legal to drive by 8am the next morning?

6. Read slide 8, What other factors can affect the way your body reacts to alcohol?

7. Read slide 9, What effects does alcohol have on the body?

8. Complete interactive slide 10.

Unit 2 Part 2

9. Read slide 3, Can you think of reasons why this could be dangerous?

10. Read slide 4, What is a ‘date rape’ drug?

11. Read slide 5, What are the symptoms of spiking?

12.Read slide 6, Why do you think someone might spike another person’s drink?

13. Read slide 7, What can you do to protect yourself from being spiked?

14. Read slide 8, What should you do if a friends drink has been spiked?

15. Read slide 9, here are some websites that can offer help.

All work must be completed and emailed to your teacher