PSHEE

**Emotional health**

Learning Objectives: Unit 1 Part 2

* What do I do if I think I am being bullied?
* How can we help to prevent bullying at school?

Task

1. Read slide 3,

What is the first step in stopping someone bullying you?

2. Read slide 4,

What important things should you do if you are being bullied?

Is there any other advice you would give someone who is being bullied?

3. Read slide 5,

What things should you not do if being bullied?

4. Read slide 9,

These are organisations where you can get help.

5. Watch the film clip

<https://www.bbc.co.uk/teach/class-clips-video/pshe-ks2-ks3-being-bullied-jakes-story/zdds382>

Jake suffered Bullying for years before he did anything about it, this didn’t need to happen.

What advice would you give Jake?

How has Jakes life improved now?

All work must be completed and emailed to your teacher