PSHEE

**Emotional health**

Learning Objectives: Unit 2 Part 1

* What does it mean to have a ‘sense of self’?
* How is my sense of self developed?
* What does it mean to have a ‘cultural identity’?
* How is my cultural identity developed?
* What is discrimination?
* Why do people discriminate against others?

Task

1. Read slide 3,

 What is your sense of self?

What do you think has influence your sense of self?

2. Read slide 4,

What things are part of your cultural identity?

3. Read slide 5,

 What does a diverse and multicultural society mean?

Do you know what discrimination is?

4. Read slide 6,

 How do people discriminate against other people?

5. Complete interactive slide 7

What are the reasons for some discrimination?

6. Read slide 8,

What is a phobia?

What is Xenophobia?

7. Read slide 9,

Why do you think people have Xenophobia?

8. On slide 10, Listen to Jaseena’s story,

Why were people not being nice?

How did this make her feel?

9. Read slide 11,

What is Racism?

What do racists do to their victims sometimes?

All work must be completed and emailed to your teacher