PSHEE

**Emotional health**

Learning Objectives: Unit 2 Part 3

* What kind of discriminations are there?
* How can we deal with discrimination?

Unit 3 Part 1

* What is body image?
* What things affect body image?

Task

1. Read slide 3,

What is ageism?

2. Read slide 4,

Do you think you have ever been treated differently or unfairly because of your age?

How did it make you feel?

3. Read slide 5,

This is where you can get help

4. Complete interactive slide 9

Unit 3 Part 1

5. Read slide 3

What is body image?

6. Read slide 4,

Are images you see on social media and in magazines realistic? Why?

7. Read slide 5,

Do you think there is pressure on young people to look a certain way?

8. Read slide 7,

Do the results of this survey surprise you? Why?

9. Read slide 8,

Is it just girls and women who suffer from poor body image?

How can this effect boys/men?

All work must be completed and emailed to your teacher