PSHEE

**Relationships**

Learning Objectives:

Unit 1 Part 1c

* What types of abuse can occur in a relationship?

Unit 1 Part 2a

* How do our relationships change with our parents in adolescence?

Task

1. Read slide 3, What do you think is meant by ‘mental abuse’?

2. Read slide 4, What are the signs of mental abuse?

3. Read slide 5, What is physical abuse?

4. Read slide 6, What effects do you think physical and mental abuse can have on someone in a relationship?

Why do you think people find it hard to leave an abusive relationship?

5. Listen to slide 7, What were the warning signs that this relationship was abusive?

How did the person break free from their abusive relationship?

6. Read slide 8, this is information where you can get help.

7. Part 2a, read slide 3, Have there been any relationship changes with your parents?

 How is it different?

8. Read slide 4, Why is the struggle with your parents important?

What do you find to be the most difficult aspects of your relationship with your parents?

9. Read slide 5, Choose on of the scenarios, What is the issue?

 Why do you think this could be a problem?

How do you think you would be able to resolve this problem?

All work must be completed and emailed to your teacher