PSHEE

**Relationships**

Learning Objectives:

Unit 1 Part 2b

* What are some of the challenges of being a parent?

Unit 1 Part 3a

* What is bereavement?
* What are some of the stages of the grieving process?

Unit 1 Part 3b

* What are some of the stages of the grieving process?
* Who can help with bereavement?

Task

1. Read slide 3, Do you agree with this?

What do you think makes a good parent?

2. watch the video on slide 4, Do you think your parents’ influence is solely responsible for how you turn out as an adult?

How can you decrease the number of arguments that you have with your parents?

3. Part 3a, Read slide 3, What is bereavement?

What sorts of emotions do you think a person might experience following the loss of a loved one?

4. Read slide 4, How might you feel if you are grieving?

How could you help someone who is grieving?

5. Complete slide 5 interactive activity.

6. Part 3b, watch the video clip on slide 3, How has Michael dealt with his grief?

What are the grieving stages you may go through?

7. Read slide 4, this is some information where you could get help

All work must be completed and emailed to your teacher