PSHEE

**Relationships**

Learning Objectives:

Unit 2 part 1

* What happens when I start having romantic relationships?
* In terms of physical affection, how do I know what’s right?
* What are signs of healthy and unhealthy relationships?
* How can romantic relationships affect my friendships?
* How do I deal with conflicts with my friends?

Task

1. Read slide 3, What is a physical relationship?

Should you be rushed or pressured into having sex?

What might the consequences be if you rush into sex?

2. Read slide 4, what could happen if your relationship moves to quickly?

Who do you think could be responsible for pressure in a relationship?

3. Complete interactive slides 5 and 6. Fill in the table below, what makes a healthy and unhealthy relationship?

|  |  |
| --- | --- |
| Healthy | Unhealthy |
|  |  |

4. Read slide 7, How do you think this might make your friends feel?

What can you do to make sure you do not lose your friends when you are in a relationship?

5. Complete interactive slide 8.

6. Read slide 9, Why do friendships change as you grow older?

7. Complete interactive slides 10 and 11.

All work must be completed and emailed to your teacher