
Everyday Face Reading

REVEALING THE VALUE OF EVERY FACE



Hello, Friends!



A Holiday Face Reading: Santa Claus and Krampus

Folklore provides a rich canopy of understanding about how our subconscious minds factor into our everyday perceptions. Characters within the stories that we share from one generation to the next eventually transform into caricatures. And before you know it, there are culturally accepted standards for how a specific folklore figure should look. But, why are these standards in place at all and how have they stood up to the test of time? The answer lays in the fact that at some level—whether subconscious or not—people universally agree about how certain well known characters appear. And that agreement is the foundation of face reading. Deep within our psyche is a catalog of facial features and their meanings and this informs our understanding of every face we encounter. This language of faces is fascinating and accurate and—because it’s December—can be easily illustrated by examining two famous folklore figures: Santa Claus and Krampus. Why do these characters appear the way they do? What is it about their features that broadcast who they are?

Santa Claus is a legendary figure originating in Western Christian culture, who is said to bring gifts

to the homes of well-behaved ("good" or "nice") children on Christmas Eve. Krampus is a horned, anthropomorphic figure from Germanic pagan tradition who is described as "half-goat, half-demon", and who, during the Christmas season, punishes children who have misbehaved.



Let's examine Santa Claus first. Knowing what we do about him and his legend of delivering presents to good children, what is it about his face that communicates this aspect? The first clue is in the shape of his eyebrows. He's got the textbook definition in the face reading world of "curved eyebrows". And what this means is that his mental and emotional focus is people-oriented. In other words, he is very considerate of others' needs. Bearing in mind that he travels the globe giving gifts to others for an entire night, one could say that this indeed rings true. Another aspect of Santa's face speaks to his yearly attempt to deliver all those presents in just one night. He has eyes that angle up—in other words, the outer corners of his eyes are higher than the inner corners. This means that he is an optimist and he believes that somehow, some way, things will be just fine in the end. And, not surprisingly, this positive attitude actually assists in accomplishing goals. Manifesting things is truly hard for a pessimist because he or she believes that the desired outcome will not come to fruition anyway, whereas the perennial optimist believes in the best happening, which is often the foundation of anything truly manifesting. And it would take a supreme optimist to believe that one man in one sleigh could possibly deliver toys to every single good girl and boy around the globe. That optimist happens to wear a red suit and likes to eat cookies. The next feature on Mr. Claus that broadcasts his nature are his full cheeks. What other types of people tend to have full cheeks? Babies. And the meaning behind full cheeks on adults can be gleaned from their origination on babies. Full cheeks broadcast that someone is non-threatening—akin to the non-sinister aspect of infants. And this non-threatening characteristic enables the wearer to easily win folks over. How else is there to explain the thousands of elves willingly and tirelessly working for Santa each year? Seriously, though, Santa's full cheeks contribute to his being likeable and transmitting positive feelings to those around him. The final feature that we will examine on Santa is his full, rounded beard, which serves as an amplification of his rounded eyebrows. This feature transmits the meaning that Santa's actions will be people-focused, above all else. Whereas some folks are concerned with accomplishing goals or trying to gain control in a situation, Santa's rounded beard is all about ensuring that other people are taken care of. However, the beard also has another interpretation. Because beards impart a rougher, tougher exterior, this rounded beard almost serves as a kind of protection against

people taking advantage of the wearer. Think of all the kids sitting on Santa's lap right now asking for nine million gifts for Christmas. The beard acts as a buffer between kids asking for the world and Santa having to deliver it.

And now we move onto the yin to Santa's yang, Krampus. It was hard to find an illustration of this folklore figure that wasn't truly terrifying, and so I thank the talented artist, Amy Kukta, for supplying one. We'll stick to discussing the human features on his face, as it would take an entire dissertation to explain away the horns and hooves. The first noticeable thing about Krampus is that he's got ears that stick extremely out. This means that he is a non-conformist to the core. He doesn't give two hoots about what others think or what society upholds as the status-quo. This perhaps gives him a leg up in his chosen profession of tormenting children. Someone with ears close to the head would certainly at least give pause at attempting a vocation such as this. And now, moving onto his eyebrows, we can see that they are in stark contrast to his gift-giving counterpart. Krampus has eyebrows that are angled up (and which don't arch back down). This means that he is very concerned with staying mentally in control and he's very left-brain. In other words, his focus will NOT be on others' needs. He is instead concerned with maintaining power. Interestingly, he also has tangled eyebrows, where the hairs grow longer here and there and get tangled up. This means that he plays devil's advocate and likes to stir the pot. If he had untangled, curved eyebrows, it would make his job almost impossible because of his overwhelming guilty conscience. Looking at Krampus' nose, you can see that it is very down-turned—almost to the point that it touches his upper lip. This kind of nose means that the wearer doesn't trust what they hear and is also very skeptical, in general. This nose indicates someone who is very suspicious. Just think of all those kids caught in the Krampus' clutches, begging him to believe them that they are truly good. If he believed everyone, he'd be out of a job. He needs this downturned nose. And finally, we can compare Krampus' pointed beard to Santa's rounded one. A pointed beard means that someone can be domineering—they resist orders and are focused on their own goal. A person with a pointed beard wants to be in control, and again, this beard amplifies the meaning of the angled eyebrows that Krampus wears. You could say that Krampus' number one priority would be controlling others and not helping others. That's what makes him so ruthless.

Now that we have a basic understanding of the differences between these two figures' features, it's easy to see how their personalities would be just as disparate. An interesting exercise would be to try to envision their personalities with the opposite's face. It's almost impossible to envision someone with the Krampus' face delivering presents and love to children. And vice versa.

If interested in learning what your face says, visit www.everydayfacereading.com and book a face reading. These readings also make wonderful gifts!



Face Reading Insight

There are several different approaches to face reading which span the globe and even span history. Two of the most prominent are Chinese Face Reading in the East and physiognomy in the West. It's always an amazing realization when, as a student of this fascinating work, you stumble upon features' meanings which are the same in both approaches. In other words, regardless of cultural divides or even the stretch of thousands of years, the general meaning for a feature stands the same and true regardless. This is no coincidence—it merely reinforces that there is a rich tapestry of language for us to grasp and it's as plain as the nose on our face.

One of the features that falls into this category is something seemingly small. In fact, most people have never even noticed it before. But, in face reading, size does not inform meaning. The feature is a set of small vertical lines located in front of the ear. Chinese Face Reading refers to these lines as Lie-Detector Lines. Physiognomy calls them Self-Esteem Lines. But their origin and meaning are inextricably linked. In both cases, the lines are said to originate from experiences in childhood—specifically from erratic parenting. In the Chinese school, it is said that children of alcoholics tend to have these lines because their parents often lied about their addiction. This has given the children an almost extra-sensory ability as adults to be able to sift out the lies from the truth that they hear because they are so used to hearing fabrications. In the West, these lines are said to signify that the person got mixed messages as a kid. Their praise and admiration from their parents was anything but consistent because the parenting in general wasn't stable. And because of this, as adults, they have low self-esteem. That foundation of approval that parents provide for their children simply wasn't available and so these adults doubt their own virtues and abilities. If you encounter someone with these lines, you may want to take into consideration that a.) you should always be honest with them and b.) your honesty should perhaps include all of the wonderful attributes that they exhibit. Hearing praise from someone else would be succor for their souls and perhaps the greatest gift for them this holiday season.

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interested in booking a face reading with me. You will receive a free mini-face reading report for a friend detailing five of his or her most prominent features! Please visit www.everydayfacereading.com to book a reading for yourself or to purchase gift certificates for readings!



**Happy Holidays,
Elaine Gartner
Certified Face Reader**



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