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## Everyday Face Reading

REVEALING THE VALUE OF EVERY FACE



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### The Three Most Important Symbols in Face Reading



If you were to stop people on the street and ask them what a straight ruler, a spearhead, and an embrace had to do with one another, I'm sure they would look you blankly in the eye and answer they have absolutely nothing to do with each other. Well, in physiognomy—or face reading, as it's called colloquially—these three images are the holy trinity in terms of deciphering the meaning behind facial features.

But before discussing features, it's important to understand what the symbols themselves represent. A straight ruler connects point A to point B in the quickest, most efficient way possible, while also providing numerical data about distance. Therefore, one could say that the ruler illustrates logic and left-brain thinking. A spearhead is sharp and threatening—and usually commands attention from whomever it happens to be pointed at. Consequently, the spearhead is associated with gaining control. Finally, an embrace is the physical manifestation of emotional connection. It is fuzzy, warm, experiential, and people-focused. And for these reasons, it demonstrates a creative, right-brain approach. So, plainly put:

- straight ruler = left-brain practicality
- spearhead = the desire to control
- embrace = right-brain emotional connection

How do these symbols and their definitions relate to the face? Well, if you look in the mirror, you may be surprised to realize that some of your most prominent features—eyebrows, nose, and chin—are comprised of straight lines, harsh angles, or softened curves. If you were to superimpose the straightness of a ruler, the sharp point of a spear, or the rounded curve of a hug over these three features on your face, which symbol would fit most easily? Whatever your answer is will provide major insight into who you really are. Your eyebrows, nose, and chin, therefore, can reveal if you are more inclined to focus on data-collecting, controlling situations, or making personal connections.

Our features have multiple, complex meanings, but for the purposes of this article, and for the sake of simplicity, you could say that eyebrows reveal one's thinking patterns, noses broadcast one's work style, and finally, the chin shape indicates the focus of one's actions. Combining these definitions with the above symbolic imagery makes for an easy-to-use application of face reading in everyday encounters.

If someone has eyebrows that lay straight across and aren't angled sharply or curved, you could deduce that this person is always analyzing and categorizing; relying on abstractions of time and linear systems, just like the inches on a ruler. If the eyebrows contain a sharp angle, then the wearer is mentally preoccupied with being in control and always being right--no one argues with a spear! While curved eyebrows reveal someone who is always thinking in terms of other people; they indicate being attuned to relationships, experiences, and others' needs. Those eyebrows are two miniature hugs sitting atop the eyes.

Moving down the face, if your nose is long and straight when viewed in profile, then you could apply the meaning behind the ruler symbol to it: your work style would be logical and practical. If you have a nose that angles outward on profile (like a blunt spearhead), then you would be said to have a work style that is mentally aggressive and which includes directing others. Finally, if your nose curves in on profile, then it would reveal that you have an emotional approach to your work and thrive in a positive environment, but are miserable in an emotionally negative workplace. This also entails that you need acknowledgment of your efforts.

Finally, the last feature that corresponds to these symbols is the chin. If you have a square, straight chin, it means that you are goal-oriented. Just like that ruler that

instinctively and relentlessly connects dots in the most efficient way possible, so, too are you in terms of getting the job done. You're not overly-concerned with emotions or personal control. If your chin is pointed, it reveals that your actions focus on being an authority figure and actually resisting the orders of others. You're not one who is easily bossed around. If you have a rounded chin, then your actions always take others' concerns into account. You value peoples' feelings over mechanical systems or your own quest for power.

Knowing the meaning behind just three symbols and three features can give you invaluable information about yourself and every single face you encounter. With this knowledge, you can approach others with compassion and understanding, which is the ultimate goal of face reading.

Elaine Gartner is a certified face reader and has studied physiognomy, both Eastern and Western, for over fifteen years. Please visit [www.everydayfacereading.com](http://www.everydayfacereading.com) to learn more.



## Face Reading Insight

Eyes are one of the features on the face that can reveal many different types of information. The old adage really is true that the eyes are the window to the soul. One piece of information that the eyes reveal is how guarded or private someone is; in other words, how willing someone is to share his or her feelings. Folks with eyes that bulge out tend to jump right into things and have a desire to “participate” in life. If in a new situation where folks are trying to get to know one another, it would be the people with the bulging-out eyes who would readily volunteer first to tell the group about themselves. Conversely, someone with deeply-set eyes has a much more guarded and private disposition. He or she is more likely to observe and be cautious in life—on constant vigil to protect his or her inner self.

Because face reading often incorporates physiology into applications, you can actually test the definitions behind this feature yourself. If you hold your hands above your eyes, as if shielding them from the sun, take note of how it feels. The extension that the hands provides almost makes it feel like you are an observer or even an audience member. You feel content to watch. Take the hands away and all of a sudden, you feel unmasked and ready for action. You are exposed and eager.

Funnily enough, good movie casting reinforces these definitions.

Masculinitysummit.com ranked Clint Eastwood's portrayals of stoic characters over the years as demonstrative of "manly reserve". In spaghetti westerns or as Dirty Harry, Clint Eastwood is the guy watching and waiting to take action. He's cautiously observing his surroundings and not betraying his feelings readily. And, as you may have guessed, Clint Eastwood has the textbook example of deeply recessed eyes. On the other end of the Hollywood spectrum, you have someone like Rodney Dangerfield, whose catch phrase is "I don't get no respect!". His stage persona has no problem telling you exactly how he feels. And one of Dangerfield's most popular movies, Back to School, dealt with his character going back to college as an older man in order to bond with his son. Needless to say, Dangerfield's eyes bulge out very prominently. So, as face readers, we are not surprised by his characters' ease in sharing how they feel or in jumping right into situations in life.

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**Happy New Year!,  
Elaine Gartner  
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