

Semen / Prostatitis Testing Specimen Collection

Instructions:

1. Clean your hands as well as the penis with soap and water or a genital cleanser.
If uncircumcised, pull foreskin back for cleansing as well.
2. Gently dry the penis.
3. Remove the lid from the sterile collection container.
The container should be clean and dry.
Do not purposefully touch inside the container. It is sterile.
4. Collect the semen or ejaculate into the sterile cup by masturbation.
If any foreign debris falls into the cup (such as pubic hair or thread from clothing), do not remove it. The lab will sterily remove it once specimen is received.
5. Pour clear fluid from the Amies transport tube into the collection cup containing the semen.
This is provided with the collection kit to ensure stability of the semen sample.
Gently swirl the liquid media around the cup to capture the semen.
6. Pour all contents from the cup (specimen & media) back into the Amies transport tube.
Close and seal the tube. Throw the cup away.
** Transport in the sterile cup can result in specimen loss during transport.**
Please ensure specimen is in the Green Top Amies Tube for shipping.



Preparation for Shipping:

1. Write the following on the green top specimen transport tube:
 - a. Name
 - b. Date of Birth
 - c. Date & Time of collection
2. Place the sealed tube into the biospecimen bag.
3. The biospecimen bag will contain the paperwork completed by your doctor. Ensure this paperwork is put into the UPS bag.
4. Seal the UPS bag.

Instruction Quick Check:

1. **Collect semen into cup**
2. **Pour liquid from tube into cup to mix**
3. **Pour all contents back into tube**
4. **Seal tube and ship**

Ship directly via UPS:

Take your pre-paid envelope directly to any UPS location **ON THE DAY OF COLLECTION.**

Please drop off at a UPS Store, Center or Authorized Partner. NOT a UPS Dropbox.

UPS is typically open Monday - Saturday. Sunday collection is therefore not preferred.

Find your local store at: <https://www.theupsstore.com/tools/find-a-store>

If you have questions, please call the MOKAN Labs team at (913) 624 - 9005.