

Semen / Prostatitis Testing

Specimen Collection

Instructions:

1. Clean your hands as well as the penis with soap and water or a genital cleansing towelette.
If uncircumcised, pull foreskin back for cleansing as well.
2. Gently dry the penis.
3. Remove the lid from the sterile collection container.
The container should be clean and dry.
Do not purposefully touch inside the container. It is sterile.
4. Collect the semen or ejaculate into the sterile cup by masturbation.
If any foreign debris falls into the cup (such as pubic hair or thread from clothing), do not remove it. The lab will sterilely remove it once specimen is received.
5. Pour clear fluid from the Amines transport tube into the collection cup containing the semen.
This is provided with the collection kit to ensure stability of the semen sample.
6. Seal the sterile collection cup.
This cup now contains both the semen specimen and the Amines transport media.
Ensure lid is closed tightly.



Preparation for Shipping:

1. Write the following on the specimen cup:
 - a. Name
 - b. Date of Birth
 - c. Date & Time of collection
2. Place the sealed specimen container into the biospecimen bag.
3. The biospecimen bag will contain the paperwork completed by your doctor. Ensure this paperwork is put into the UPS bag.
4. Seal the UPS bag.

Ship directly via UPS:

Take your pre-paid envelope directly to any UPS location **ON THE DAY OF COLLECTION.**

Please drop off at a UPS Store, Center or Authorized Partner. NOT a UPS Dropbox.

UPS is typically open Monday - Saturday. Sunday collection is therefore not preferred.

Find your local store at: <https://www.theupsstore.com/tools/find-a-store>

If you have questions, please call the Moka Labs team at (913) 624 - 9005.