



24-25 Valley Oak League Flag Football Schedule

Start Times: JV 6:00, Varsity 7:00

Tuesday, September 9 Central Catholic @ Manteca Sierra @ Mountain House Patterson @ East Union Oakdale Bye	Thursday, October 2 Sierra @ Manteca Patterson @ Mountain House East Union @ Oakdale Bye Central Catholic
Thursday, September 11 Central Catholic @ Sierra Manteca @ Oakdale Mountain House @ East Union Patterson Bye	Tuesday, October 7 Mountain House @ Oakdale Central Catholic @ Patterson East Union @ Sierra Bye Manteca
Tuesday, September 16 Sierra @ Oakdale Manteca @ Patterson Central Catholic @ Mountain House East Union Bye	Thursday, October 9 Central Catholic @ East Union Manteca @ Mountain House Oakdale @ Patterson Bye Sierra
Thursday, September 18 Oakdale @ Mountain House Patterson @ Central Catholic Sierra @ East Union Bye Manteca	Tuesday, October 14 Sierra @ Central Catholic Oakdale @ Manteca East Union @ Mountain House Bye Patterson
Tuesday, September 23 East Union @ Central Catholic Mountain House @ Manteca Patterson @ Oakdale Bye Sierra	Thursday, October 16 Central Catholic @ Oakdale East Union @ Manteca Sierra @ Patterson Mountain House Bye
Thursday, September 25 Manteca @ Central Catholic Mountain House @ Sierra East Union @ Patterson Bye Oakdale	Tuesday, October 21 Oakdale @ Central Catholic Manteca @ East Union Patterson @ Sierra Mountain House Bye
Tuesday, September 30 Manteca @ Sierra Mountain House @ Patterson Oakdale @ East Union Bye Central Catholic	Thursday, October 23 Oakdale @ Sierra Patterson @ Manteca Mountain House @ Central Catholic East Union Bye

League Rep: Renee Nunn, Mountain House HS

Practice Begins: August 4th

1st Scrimmage: August 15th

Foundation Games: August 18th or August 19th

1st Contest: August 20th

Sit-Out Period: September 23rd

Last Contest: October 23rd