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December 2022



December 14th Luncheon

Heathrow Country Club @ 11 a.m.

A Cup of Christmas Tea

What is the Difference Between Afternoon Tea and High Tea?

Afternoon tea is basically a British tradition of drinking tea and eating snacks like sandwiches, scones, and cakes, at around 4 p.m. You can attribute its concept to Anna Maria Russell, the Duchess of Bedford. During the early 19th century, the hours in between a mid-morning lunch and dinner were quite long. It was the tradition to serve dinner as late as 8 p.m. At the time, the Duchess reported a *sinking feeling*, likely due to fatigue from not eating for so long. Not wanting to starve, Anna started to invite her friends over for a cuppa and some snacks. This wasn't to replace dinner, but to fill in the gap between the only two main meals of the day. Eventually, the idea of afternoon tea caught on and turned into a fancy social event. It spread all across high society and became a routine thing ladies did to pass the time. Until now, the British practice this tradition, as much as they do elevenses.

Now that we know what afternoon tea is, what does high tea mean?

While the former was originally observed by the upper class, the latter tradition was historically practiced by the working class. Back in the old days, British workers didn't yet have a lunch break at work. So, high tea came about when workers had a cuppa along with heavy meals at around 5 p.m. This was the time when workers of the newly-industrialized Britain got off a long, grueling day at work. The word *high* in its name comes from the fact that this tradition was usually done on an actual dinner table. These dinner tables were relatively *higher* than the usual, low armchair or couches that upper-class people sat in to relax.

Why Do People Confuse Them? British people have a clear understanding of what they are. After all, they are served at different times of the day, and are accompanied by distinct kinds of food. But why do others confuse high tea for afternoon tea? The answer has to do with marketing. Because many regard the former as fancier sounding, luxury restaurants and hotels market their afternoon tea as *high tea*. This is still done even though the two are opposites of one another. The next time you see it served on a menu, try to take it with a grain of salt. They actually mean afternoon tea with its light snacks, rather than the real tradition with its heavier, filling meals.

Now that we all know the difference between Afternoon Tea and High Tea, Central Florida Spokes is thrilled to invite you to our December 14th luncheon at beautiful Heathrow Country Club called *A Cup of Christmas Tea*. It will be a real High Tea, with a full meal, served on beautifully decorated tables. We have 10 teams of ladies decorating these tables for you to enjoy. We also have some of our darling husbands who will be serving you tea. Not only will there be beautiful tables, but we have also invited James Songster, the magician, to weave a little holiday magic into our day. We'll also listen to our very own Mary Flynn tell the story of *A Cup of Christmas Tea*. See you on the 14th!

Menu

Mixed Gourmet Greens with
Cranberries, Candied Pecans, Crumbled Blue Cheese & Sherry
Vinaigrette
Rolls & Butter

Marinated Sliced Sirloin with Red Wine Demi
Grilled Salmon with Dill Champagne Sauce
Dauphinoise Potatoes
Fresh Vegetable Medley

Chocolate Ganache Cake with Raspberry Sauce & Whipped Cream



President's Message

Sue Leidner



Spokes Women Believe in Magic!

It is that magical time of the year when differences are put aside and love abounds. It is a time of the year when joy overcomes cynicism and despair. Our program at the December luncheon includes it all!! *You have to come!* Great ambience with music, magic, and nostalgia. No wonder we can't wait and put up decorations a little earlier,

because the magic is not just the season but a frame of mind. It wakes up tenderness for the past, courage for the present, and hope for the future. We see love in action. We even believe we can bring joy, happiness, and peace to our family and our community. The joy of brightening others' lives, bearing each other's burdens, and supplanting empty hearts and lives with generous gifts becomes the magic of the holidays.

Speaking of joy, let's consider how we can celebrate joy and find the magic:

First, we **SEEK** joy. Wake up every morning looking for things to bring us joy, and for me it is pretty simple. I woke up healthy. I saw beautiful nature outside my door. I received a surprise message from my daughter. I got in a short line at the grocery. I hit all the green lights on my errands. I reflected on all of those who care about me. I shared with a disabled neighbor. My dogs looked at me adoringly. So did my husband. Counted my blessings. Smiled.

Next, we need to **FIND** joy. Spoil yourself by splurging on some treat. Give yourself the gift of a free afternoon. Reflect on your blessings. Think about learning something new. Get a new lipstick. Dig out a festive dress from the back of the closet. Celebrate if it still fits! Read. Listen to music. Do something for someone else. Pay it forward.

And finally, **SHARE** the joy by associating with others. Nothing better than to make a quick call, send a note or thought, give some time or talent. Plan something fun or uplifting. Visit someone. Give. When we stand heart to heart, hand to hand, there is joy.

“And above all, watch with glittering eyes the whole world around you because the greatest secrets are always hidden in the most unlikely places. Those who don't believe in magic will never find it.”

Roald Dahl, author

So, with a heart full of joy in our shared friendships and support for our community, **Blessings** to each of you and your loves ones.

Sue Leidner



Click here to RSVP for December Luncheon \$29 at the door...exact cash or check



Click [HERE](#) to update info for directory...Annie Sanders, Newsletter Editor & Membership Directory



GAME DAY THANK YOU!

Game Day 2022 was a fun, entertaining, boisterous, and profitable day. So many people worked to make it the success that it was. Many, many thanks are due, so let me start with the Game Day Committee. Diane Winterhoff was our treasurer. She collected all the checks, made sure that the players were in groups at their tables, and ran the entry table on arrival. Wendy Dorn and Judy Zellers did the herculean task of collecting everything you saw on the Silent Auction table. They cleaned everything up, brought it all to DeBary, and made out all of the bid sheets. Pat Knopka – how can one thank her enough

for all the goodies she baked and brought and all the encouragement she provided to everyone else who contributed to the bake sale. Thanks also goes to Deb Whiston, Ginny Iliffe, and Pat McCarroll who helped Pat behind the table. Thank you to Sandy Bove, Annie Sanders, Sonia Beltran, Marcela Mojica, Brenda Dost, and Brenda Oakley for being helping hands at the huge job of setting up before all the action started and cleaning up when it was over! A special thank you goes to the Spokes Book Club who donated \$100, and to Bobbie Boggs who made the wonderful flower arrangement to showcase the \$100 bill for the raffle.

I can't finish this thank you without thanking all the people who baked and wrapped and brought in goodies for our bake sale. And then there's all of you who bought. You bought raffle tickets, you bought 50/50, you bought baked goods, and you bought items from our Silent Auction. We don't make a penny off the price to get in, that all goes to DeBary. Soooo – because of your spending – we raised – drum roll please – \$2,228.80 for our charities this year. I've heard it takes a village and Game Day 2022 certainly did take a village. Thank you to all the villagers who made this year's Game Day a huge success.



**Membership
Coordinator**

Judy Zellers



Renew your membership now! At the end of this month, you could be dropped from the directory, removed from the newsletter mailing, and unable to participate in Spokes activities. Renewal forms is on the link below.

Click [HERE](#) to access Membership Renewal Form

Click [HERE](#) for latest Membership Directory

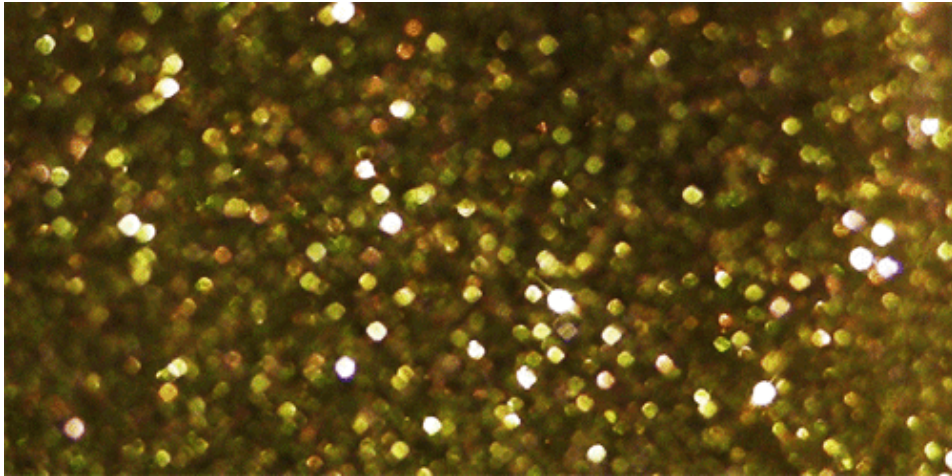




Activities Coordinator
&
Web Master

Brenda Dost

Stetson Mansion Tour is SOLD OUT!



Dining In...
Shiny Bright



Couples too!

20 lucky, Shiny Bright folks can munch on hors
d'oeuvres & desserts and enjoy great holiday
decorations and company on

Saturday, December 17, 2022 from 6-9

RSVP by text or phone, or email link below by Wednesday, December 14 to Annie Sanders at 407-583-9262 to let her know what delicious delights you will be sharing with our lovely group.

Home of Tiffany Casey
1735 Billie Lynn Pt.
Sanford, FL
Gate Code #1961

RSVP for Dining In to Annie Sanders



YOU DID IT!

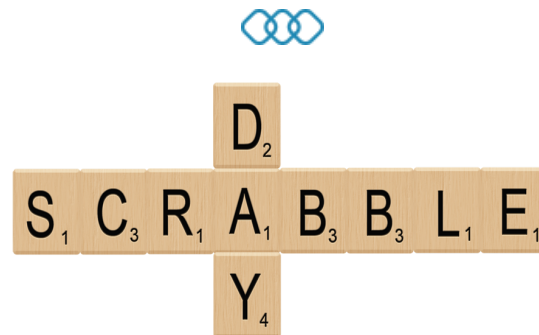
Here is the biggest thank you ever to everyone who participated in the Game Day Bake Sale in any way. You outdid yourselves this year. This was our most successful year ever bringing in a whopping \$869! I want to thank 34 women who signed up to bake something or buy

something and bring it in and all the women who bought. We barely had anything left at the end and the little that was left and not claimed went to the DeBary Fire Department, where they joyfully accepted some cookies and muffins.

I especially want to thank Linda for the quiches, Anna for the soup, and Diane for the chicken pot pies as these items went fast and brought in a lot of money.

Lastly, I want to thank Debbie Whiston who came in so early and was an enormous help setting up and selling, and Ginny Iliffe and Pat McCarroll who handled all the money and did the counting. This was no small job. We all worked together to make a great team. Thank you all for your generosity in making this a banner year.

Pat Knopka
Bake Sale Chair



Scrabble Anyone?

New Spokes Scrabble Group Forming,
Tickle Your Brain & Make New Friends!

2nd Scrabble game
Will be on...

Tuesday, November 22 at 1:00

385 Golfbrook Circle
Longwood
“Leasing Center Building”

RSVP to
Marilyn Martin
407-718-5215 if you plan to attend

Hope to see ya there!



Hand, Knee & Foot
Coordinator

Chris Stouffer

Second Tuesday of the Month...

Even if you don't know how to play and are interested in learning, you are welcome to join us at 11:00 to observe and have lunch. I can then put you on our sub list once you think you are comfortable playing. Remember, we all were new at the game at one time!

Contact Chris at 407-810-8616 or cstouffer@cfl.rr.com.

Duffy's Sport Bar
951 Market Promenade Ave.
Lake Mary 32746





**Community
Involvement
&
Mah Jongg
Coordinator**

Wendy Dorn



**National Mah Jongg League
(with annual card)**

Join us in the private dining room at the Sanford IHOP at I-4 (year round) on the 1st & 3rd Fridays MONTHLY from 11 a.m. to 2 (or longer). We purchase lunch as the room is free!

WE'LL TEACH BEGINNERS! Come join us for a fun time and learn a new skill!

Contact Wendy Dorn at 407-463-2111 or click on the Email link below.

Click [HERE](#) to RSVP for Mahjongg



Gift Cards That Care

Please see the following flyer about our **Seniors First** gift card collection. You may bring your gift cards of \$20 from Walmart or Publix to our November activities as well as the December luncheon.

You may also write a check to Seniors First and designate Spokes on the info line. That way we can keep track of what we contribute.



Your gift of \$20 Publix or Walmart gift cards will bring the spirit of the holidays to senior citizens in our community.

Our Goal is 1,200 Gift Cards!

In a perfect world, every senior would be loved and cared for but in reality, the holidays can be a lonely time for seniors. By providing gift cards, you'll enable them to select their gift of choice and let them know they are not forgotten.

Forms of Giving:

- Purchase Walmart or Publix gift cards in \$20 increments.
- Please make checks out to Seniors First (notate "Spokes: HGD" in the comment section of your check and the cards will be purchased for you!)

Ways of Giving:

- Mail your check or gift cards to: Central FL Spokes | P.O. Box 915493 | Longwood, FL | 32791
- Bring to any meetings you attend. **FINAL drop off date: The December luncheon on 12/14.**

Requested Due Date: December 2nd.

(If possible, we welcome receiving donations mailed to Cent. FL Spokes before this deadline to allow for preparation of delivery to clients.)

Please leave cards as purchased.
Seniors First "elves" will prepare the cards in holiday wrappings for a surprise of what's inside.

Thank you Central FL Spokes. We Appreciate All That You Do!

All efforts will be made to ensure our clients receive their gifts for the holidays, however, Seniors First will use donations received after December 2nd at their discretion and solely for the benefit of our clients.



For more information, please email kbrown@seniorsfirstinc.org or call 407-615-8979.

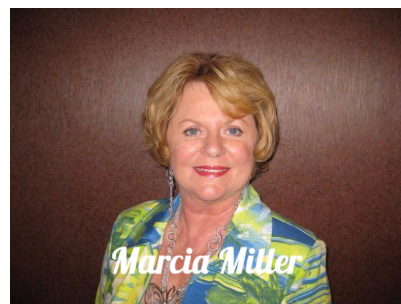
Seniors First, Inc. is a 501c3 non profit organization.

(Your donation may be tax deductible. Please check with your tax preparer or visit www.irs.gov for more information.)



Casual Cooking Coordinator

Marcia Miller



December 2nd 11:30
Linda Cornell's home
2525 Chinook Tr
Maitland

14 lovely ladies are invited

Co-hostess: Annie Sanders

Click [HERE](#) to RSVP for Casual Cooking to Linda Cornell



Shanghai Tuesday Coordinator

Rosemarie Soper

Every Tuesday, year-round play
10:45-3:30

GOLDEN CORAL

897 W Town Pkwy
Altamonte Springs, FL
407-775-1914
rosoper1@cfl.rr.com



Book Club Coordinator

Linda Cornell

Wishin' and Hopin': A Christmas Story

It's 1964 and 10-year-old Felix is sure of a few things: the birds and the bees are puzzling, television is magical, and this is one Christmas he'll never forget. LBJ is in the White House, the Beatles are on everyone's turntable, and Felix Funicello (distant cousin of the iconic Annette) is doing his best to navigate fifth grade—easier said than done when scary movies still give you nightmares and you bear a striking resemblance to a certain adorable cartoon boy. In Three Rivers, Connecticut, Wally Lamb takes his readers straight into the halls of St. Aloysius Gonzaga Parochial School—where Mother Filomina's word is law and goody-two-shoes Rosalie Twerski is sure to be minding everyone's business. But grammar and arithmetic move to the back burner this holiday season with the sudden arrivals of substitute teacher Madame Frechette, straight from Quebec, and feisty Russian student Zhenya Kabakova. While Felix learns the meaning of French kissing, cultural misunderstanding, and tableaux vivants, *Wishin' and Hopin'* barrels toward one outrageous Christmas. From the Funicello family's bus-station lunch counter to the elementary school playground (with an uproarious stop at the Pillsbury Bake-Off), *Wishin' and Hopin'* is a vivid slice of 1960s life, a wise and witty holiday tale that celebrates where we've been—and how far we've come. Come join us on December 13th at 10:00 a.m. at the home of:

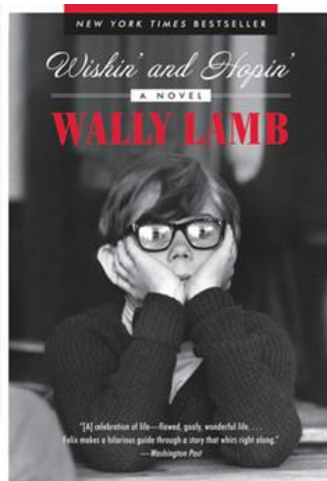
Linda Cornell

2525 Chinook Trail

Maitland, FL 32751

RSVP to Linda at lindacornell8@gmail.com

[Click HERE](#) to RSVP to join Book Club Discussion



Find Your
Fabulosity

Put a bright smile on a victim of domestic violence by donating your new lipsticks. Women who come into a shelter often have nothing other than the clothes on her back, making her feel emotionally and physically insignificant. By looking at herself in the mirror, she will begin to see the beauty in her outer self which will help to transform her inner self-confidence.

Find Your Fabulosity appreciates your donations, which you can bring to any luncheon.

Sandy Bove
407-463-9437

Click [HERE](#) to arrange lipstick drop off with Sandy Bove



Save the Date

Thursday, January 19, 2023
Heart Pillow Stuffing Party



Correspondence Secretary

Audrey Karwandy

A big part of our social club is letting our members know how much we care!



Do you know of a member coping with an illness, recovering from surgery, grieving a death, or needs encouragement?

Email Audrey: [HERE](#)





Happy Birthdays in December

- 5 ~ Jessica Petravich
- 6 ~ Mary Young
- 7 ~ Brenda Dost
- 11 ~ Sandy Bove
- 17 ~ Sandra Borg
- 13 ~ Audrey Karwandy
- 20 ~ Maria Flood
- ?? ~ Veronica Schirmacher



CFS Website: [HERE](#)



Central Florida Spokes



President:
Sue Leidner

Luncheon Reservations:
Sonia Beltran

Vice President/Hospitality:
Brenda Oakley

Membership:
Judy Zellers

Recording Secretary:
Cyd Law

Newsletter & Directory:
Annie Sanders

Treasurer:
Marcela Mojica

Parliamentarian:
Bobbie Boggs

Activities:
Brenda Dost

Outreach Secretary:
Audrey Karwandy

Community Involvement:
Wendy Dorn

Social Media:
Anna Byrnes

**Historian (photos) &
Publicity:**
Sandy Bove

Web Master:
Brenda Dost

Central Florida Spokes | PO Box 915493, Longwood, FL 32791-5493

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