



Central Florida Spokes



March 2024



Travel Light!

The theme of our March luncheon meeting is getting behind all of the overpacking we do when traveling. Of course, this depends on the type of travel you are doing this spring and summer and the transportation provided, but it has been proven that all travelers overpack by at least 35%. This fact was updated to a larger percentage depending on the amenities in your accommodations such as access to laundry facilities. No matter. CHICOS in Winter Park has a customized show for us this March featuring our members as models and showing the suggestions they are known for as high class mix & match and ready for every occasion clothes. As a Spokes Board, we are very excited to provide this show to you as a way to enhance your travel experiences in the future. I, for one, can use the advice because I am always bummed that I bring so much and wear so little.

What can we lose by coming to this fun and informative show? Maybe 20 pounds of luggage!! LOL

Sue Leidner



***Make Your Reservations Today to Attend Spokes
Luncheon***

March 13th
Heathrow Country Club @ 11 a.m.

Menu

Mixed Field Greens & Romaine Lettuces
4 Assorted Toppings, Balsamic & Ranch Dressings
House Rolls & Butter

Corned Beef & Cabbage with
Baby Carrots & Redskin Potatoes GF
Oven Roasted Chicken over Penne Pasta with Pesto
Chef's Fresh Vegetable Selection

Key Lime Pie with Graham Cracker Crust

Luncheon RSVP HERE

*RSVP by hitting the button above for March Luncheon--\$30 at
the door...exact cash or check.*



B's Buzz

**Brenda Dost
President**



The February luncheon was filled with the amazing voice of John Denver tribute artist, Shawn Garvey. The joy and reverence he expressed in singing this music was infectious and had many members singing, and just drinking in the beauty of the music and words – with memories floating back from those days. Combined with the parade of 400 pillows which were made by Spokes members for Advent Hospital's adult and pediatric heart patients, it was a meeting to remember! Thank you, Linda Cornell, for bringing Shawn to our attention and organizing our heart pillow effort.

The beauty and renewal of springtime always makes this time of year so special! We spruce up our homes, clean out a few

closets (save special items for October 2024 Game Day!), and generally shake off winter – ready for change!

I am excited for the upcoming fashion show from Chico's, with its emphasis on putting together a travel wardrobe with clothing that travels well, is comfortable, looks great, and lightens my suitcase! I always get ideas of different ways to put my current wardrobe together and it's a treat to find a new outfit or special item – or two.

If you are still looking to meet some people through Spokes, here are a few ideas:

1. Check out [this list](#) for fun regular games or activities.
2. Look in this newsletter for info on Casual Cooking, lunch at a member's home the first Friday of the month (shared cost, \$10-12) or Dining-In, potluck dinner at a member's home for singles or couples, bimonthly, 3rd Saturday.
3. Sign up to help with our Flamingo Bingo event, arriving early, taking a job during the event, or with clean-up – there is even a wrapping party prior to the event. (Spokes' members even have fun when we are working!)





**Membership
Coordinator**

Tina Rasi

Welcome New Members...

Nancy Brown

Marla Chiriboga

Sharon Dwyer

Kimberly Moorhead

Patty Proechel

Linda Smith

Suzi Shortridge

Barbara Whitmore

Susan Van Houten

***Do you enjoy your Spokes membership?
Share Spokes with a Friend--or Two!***

Invite a friend to one of our upcoming great 2nd
Wednesday luncheons at Heathrow or bring a friend to sit
in on a game, book club discussion, or other activity.

Non-members may attend an activity no more than twice, after which they are asked to join.

From January to May, dues are reduced to \$12.50. Dues will renew at \$25/annually the end of May each year. This is a real value for access to our many opportunities to connect and to give back. Our website (centralfloridaspokes.com) can help you share what Spokes is all about.

[Click here to download and print Membership Form](#)

Click [HERE](#) to update info for directory...Annie Sanders,
Newsletter Editor & Membership Directory

Click [HERE](#) for latest Membership
Directory



Activities Coordinator

Bonnie Buesching

There will “Bee” two new activities starting this year: Hand, Knee & Foot 2 and Mexican Train. Come meet new & old members of the club by joining a Spokes activity. Just call or text the group leader for more information.



Central Florida Spokes Activity Groups 2023-2024



Name	Leader	Email	Phone	Time and Place
Book Club	Linda Cornell	lindacornell8@gmail.com	407-628-3055	4 th Weds, 10:00 am, @ member homes
Bunco 1	Linda Richcreek	linrob1574@yahoo.com	708-201-8941	3 rd Thurs, 12:30 pm, @ member homes
Bunco 2	Kim Rohter	klear123@hotmail.com	727-458-3163	3 rd Weds, 12:30 pm, @ 500 Golf Tee Ln, #101, Longwood
Evening Bunco	Sharon Schneck	sharon.schneck@gmail.com	704-323-1274	4 th Sat, 7:00 pm, every other month @ member homes
Casual Cooking	Marcia Miller	madordancer16@cfl.rr.com	407-340-0776	1 st Fri, 11:30 am, @ member homes
Dining In	Tiffany Casey	sticasey1@yahoo.com	407-782-7176	4 times/year
Excursions	Holly Herrington	hoh4ic@gmail.com	407-720-0788	3-4 times/year; group visits to Central FL places of interest
Hand, Foot, Knee	Chris Stouffer	cstouffer@cfl.rr.com	407-333-1276	2 nd Tues, 11 am, @ Duffy's Sports Bar, 951 Market Pr, Lake Mary
Hand, Foot, Knee 2	Linda Schnaufer	lschnaufer4@gmail.com	407-948-2758	4 th Thurs, 11 am, @ Duffy's Sports Bar, 951 Market Pr, Lake Mary
Ladies Poker	Kay Payne	paynekay50@yahoo.com	321-363-1561	2 nd Fri, 11:00 am, @ member homes
	Janice Czalkowski	janice162@aol.com	407-739-6862	
Mah Jongg	Wendy Dorn	growler2@live.com	407-463-2111	1 st & 3 rd Fri, 11-3, @ Duffy's Sports Bar, 951 Market Pr, Lk Mary
Mexican Train	Pam Skaggs	pamelaskaggs@gmail.com	407-739-9336	3 rd Mon, 12:30, @ Q Boutique Realty, 122 W Crystal Lk Ave, Lk Mary
	Tina Rasi	tmrasi@aol.com	407-619-5722	
Scrabble	Marilyn Martin	dmgolf@cfl.rr.com	407-718-5215	4 th Tues, 12:30-3:30, @ 500 Golf Tee Ln, #101, Longwood
Shanghai Tues	Rosemarie Soper	roesoper1@gmail.com	407-775-1914	every Tues, 10:30, Bob Evans, 385 SR 436, Casselberry

Have another activity idea? Contact Bonnie Buesching at grayduck2705@gmail.com or 614-266-7281

Revised 2/08/2024

Click here to download and print activities



**News Update:
Flocks of Flamingos Spotted Heading to
Central Florida!!**

By Sue Leidner

Our Spokes alert team has notified us that hundreds and

hundreds of Flamingos are heading this way just to be at the Flamingo Bingo extravaganza promoted as a major fundraiser by Spokes Dynamic Women's Club. Mark your calendars and be sure to be here for the great event. Fun, food, and prizes galore for a good cause.

Bring friends and family. See you there!

What could be better???

What can you do to help get ready???

- Ask for gift certificates from your hair salon, nail salon, food store, or other businesses you frequent.
- Look to friends & family for new items that could possibly be regifted to a new owner.
- Put together a gift basket for a specific occasion, such as a birth or a wedding.
- Donate a cash offering.
- Donate a craft that you do such as painting, weaving, or origami.
- Start looking for small things in the stores as you shop. It's about the time of year Flamingos surface!
- Find something to wear so you can have a photo opportunity with your group!
- You will hear more about this later, so stay tuned & keep searching for the FLAMINGOS!



Casual Cooking Coordinator

Marcia Miller



Hostess: Barbara Coenson

Co-Hostesses: Frances Nanus & Carol Baker

5029 Maple Glen Pl

Sanford 32771

18 lovely ladies are invited to attend this wonderful
gathering!

Date/Time: Friday, March 1st at 11:30 a.m.

RSVP here to Barbara for Casual Cooking

Bunco 1 Coordinator

Linda Richcreek



3rd Thursday @ 12:30 p.m.
Meet at Members' Homes
Drinks and Dessert provided
Bring \$5 for the game
Call Linda at 708-207-8941

[Click HERE to RSVP to Linda](#)

Bunco 2 Coordinator

Kim Rohter



Wednesday, March 20

500 Golf Tee Ln, #101, Longwood

12:30-3

If you are interested, please contact

Kim Rohter - Coordinator

727-458-3163 (call if you have questions)

klear123@hotmail.com.



Book Club Coordinator

Linda Cornell



Two teenagers, a Greek Cypriot and a Turkish Cypriot, meet at a taverna on the island they both call home. In the taverna, hidden beneath garlands of garlic, chili peppers, and creeping honeysuckle, Kostas and Defne grow in their forbidden love for each other. A fig tree stretches through a cavity in the roof, and this tree bears witness to their hushed, happy meetings and eventually, to their silent, surreptitious departures. The tree is there when war breaks out, when the capital is reduced to ashes and rubble, and when the teenagers vanish. Decades later, Kostas returns. He is a botanist looking for

native species, but really, he's searching for lost love. Years later, a *Ficus carica* grows in the back garden of a house in London where Ada Kazantzakis lives. This tree is her only connection to an island she has never visited--- her only connection to her family's troubled history and her complex identity as she seeks to untangle years of secrets to find her place in the world.

A moving, beautifully written, and delicately constructed story of love, division, transcendence, history, and eco-consciousness, *The Island of Missing Trees* is Elif Shafak's best work yet.

Join us for a discussion of *The Island of Missing Trees* on Wednesday, March 27 at the home of:

Dora Francis
1810 Lake Alma Drive
Apopka 32712

RSVP to Dora at 407-886-8790 or 321-279-5753 or
dorafrancis10@gmail.com

RSVP for Book Club

Scrabble Coordinator

Marilyn Martin





4th Tuesday of the Month ~ 12:30-3:30

Have lunch prior to...but bring a snack & beverage of choice

540 Golf Tee Dr. #102 (conference)

RSVP to

Marilyn Martin ~ 407-718-5215, dm4golf@cfl.rr.com

if you have questions



Playful Poker Coordinators

**Kay Payne
&
Janice Czaikowski**

Meeting time 11 a.m. the 2nd Friday of the month

Poker seems to have a reputation of smoke-filled rooms, men with visors and serious money involved. Not for us! We get together to have fun, share laughs and stories, and play some really interesting poker games where so many things are wild except for us.

Come join us & share our good times.

[Click HERE to RSVP to Janice](#)

Hand, Knee & Foot Coordinator



Chris Stouffer

Second Tuesday of the Month...

Even if you don't know how to play and are interested in learning, you are welcome to join us at 11:00 to observe and have lunch. I can then put you on our sub list once you think you are comfortable playing. Remember, we all were new at the game at one time!

Contact Chris at 407-810-8616 or cstouffer@cfl.rr.com.

Duffy's Sport Bar
951 Market Promenade Ave.
Lake Mary 32746



Hand, Knee, and Foot 2
Coordinator

Linda Schnaufer

Hand, Knee, and Foot 2

Fourth Thursday of the month at 11:00 a.m.

We are looking for those of you who are interested in joining as a

Sub. If you are interested, but not familiar with the game, you can stop in to observe and have lunch. Once you are comfortable with the game, we can add you to the sub list.

Contact Linda Schnaufer at 407-948-2758 or lschnaufer4@gmail.com

Duffy's Sports Grill
951 Market Promenade Ave.
Lake Mary 32746



Mexican Train Coordinators
Tina Rasi & Pam Skaggs



Meet on the 3rd Monday of the month

First play February 19
Location: Q Boutique Realty Building
122 West Crystal Lake Ave.
Lake Mary 32746

Time: Doors open at 12...play starts at 12:30
ALL levels from never played to experienced welcomed!
To join, contact pamelaskaggs@gmail.com



Community Involvement
&
Mah Jongg Coordinator

Wendy Dorn



National MahJongg League
(with annual card)

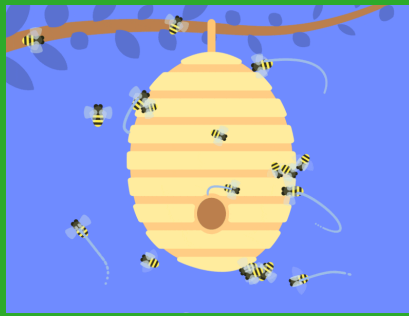
Join us at
Duffy's Sport Bar
951 Market Promenade Ave.
Lake Mary 32746

(year round) on the 1st & 3rd Fridays MONTHLY from 11 a.m. to 2
(or longer). We purchase lunch as the room is free!

WE'LL TEACH BEGINNERS! Come join us for a fun time and learn
a new skill!

Contact Wendy Dorn at 407-463-2111 or click on the Email link
below.

[Click HERE to RSVP for Mah Jongg](#)



Shanghai Tuesday Coordinator

Rosemarie Soper



Every Tuesday, year-round play

10:30

Bob Evans on 436, Casselberry
call Deby Seymour at 407-970-9661
or

[Click HERE to RSVP to Rosemary](#)



Find Your
Fabulosity

Put a bright smile on a victim of domestic violence by donating your new lipsticks. Women who come into a shelter often have

nothing other than the clothes on her back, making her feel emotionally and physically insignificant. By looking at herself in the mirror, she will begin to see the beauty in her outer self which will help to transform her inner self-confidence.

Find Your Fabulosity appreciates your donations, which you can bring to any luncheon.

Sandy Bove, 407-463-9437

[Click HERE to arrange lipstick drop off with Sandy](#)



Correspondence Secretary

Audrey Karwandy

A big part of our social club is letting our members know how much we care!

Do you know of a member coping with an illness, recovering from surgery, grieving a death, or needs encouragement?



[Email Audrey: HERE](#)



March Birthdays

3 ~ Kay Payne
7 ~ Wanda Santoro
7 ~ Linda Selby
16 ~ Judy Carson
18 ~ Susan Shortridge
21 ~ Lyn Carlton
25 ~ Patty Proechel

MARCH

Spokes Calendar March 2024

Mon	Tues	Wed	Thurs	Fri	Sat
			1	2 Casual Cooking @ 11:30 MahJongg@11	3
5	6 Shanghai@10:30	7 Board Meeting@10	8	9 Poker@11	10
12	13 Shanghai@10:30 Hand, Knee & Foot@11	14 Spokes Luncheon 11	15 Bunco 1@12:30	16 MahJongg@11	17 Dining In 6:30
19 Mexican Train@12:30	20 Shanghai 10:30	21 Bunco2@12:30	22 Hand, Knee, Foot 2 @11	23	24 Evening Bunco 7
26	27 Shanghai@10:30 Scrabble@11:30	28 Book Club@10	29		

[Click HERE](#) to download and print the Spokes March Calendar











CFS Website: [HERE](#)



Central Florida Spokes



President & Web Master:

Brenda Dost

1st Vice President:

Sue Leidner

2nd Vice President:

Sandy Bove

Recording Secretary:

Cyd Law

Treasurer:

Marcela Mojica

Historian:

Pam Skaggs

Luncheon Reservations:

Sonia Beltran

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Tina Rasi

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Annie Sanders

Parliamentarian:

Judy Zellers

Activities:
Bonnie Buesching

Community Involvement:
Wendy Dorn

Publicity:
Barbara Hilton

Correspondence Secretary:
Audrey Karwandy

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