



Central Florida Spokes



May 2024

Don your flowery hats and clothes and sway to the wonderful music of Burt Bacharach!



May 8 Year-end Luncheon:
Heathrow CC, 11:00 am

Spring Flowers & Serenades

Young at Heart, a music group comprised of vibrant singers 55+, will offer a selection of Burt Bacharach's fabulous pop tunes. His songs were sung by many groups and singers, including The Beatles, Barbara Streisand, Neil Diamond, the Carpenters, the Drifters, and others. But Dionne Warwick was the iconic interpreter of his music.

***Make Your Luncheon Reservations Today for
May 8 at Heathrow Country Club, 11 am!***

Luncheon RSVP HERE

Menu

Heathrow Cranberry Salad
Tuscan Chicken Breast GF Artichoke Hearts, Sundried
Tomatoes & Lemon Butter Sauce
Spanish Rice (not spicy) with Gulf Shrimp & Fresh Cilantro
Sprinkle GF

Seasoned Green Beans
Rolls & Butter

Dessert: Ice Cream Sundae Bar with Self Serve Vanilla Ice Cream, chocolate sauce, chopped nuts, whipped cream & maraschino cherries

RSVP deadline for the May luncheon by hitting the white button. \$30 at the door; **Friday, May 3 noon** is the deadline for reservations and cancellations.

[Luncheon RSVP HERE](#)

B's Buzz

Brenda Dost
President



What a beautiful year this has been in the life of Central Florida Spokes! From enjoying fashion shows by Em'z on Fifth & Chicos, to cake decorating, our annual jewelry exchange, our beautiful Christmas tabletops and magic by Santa, to an inspirational program by Fabulosity's founder, Sheryl Kurland. Both of our fundraisers set new records due to the amazing work of our volunteer organizers and your generosity.

Your board of Directors has met monthly, worked enthusiastically on our many projects and programs, and

kept smiling and laughing as they worked. It has been an honor to work with these talented women on your behalf! Please join me in thanking them for their service to Spokes--past and future!

2023-24 Board of Directors

1st VP & Programs, Sue Leidner
2nd VP & Hospitality, Sandy Bove
Recording Secretary, Cyd Law
Treasurer, Marcela Mojica
Monthly Luncheon, Sonia Zambrano
Membership, Tina Rasi
Activities Coordinator, Bonnie Buesching
Community Involvement, Wendy Dorn
Historian, Pam Skaggs
Publicity, Barb Hilton
Social Media, Janice Daniels
Parliamentarian, Judy Zellers
Corresponding Secretary, Audrey Karwandy

I'd like to give a **special shout-out to Marcia Miller**, who will be retiring as Casual Cooking Coordinator this year. Thank you for wonderful schedule of beautiful hosts/co-hosts that you have organized for so many years!





Coordinator

Tina Rasi

**Welcome New Member...
Madeline Anderson**



**KEEP
CALM
AND
RENEW YOUR
MEMBERSHIP**

***It's Time to Renew Your
Membership for the 2024-
2025 Membership Year,
which runs June 1 - May 31.***

Please use the Membership Form **button below** to renew your membership now! We will have a membership renewal station at our May luncheon.

[Click here to download and print Membership Form](#)

**Click HERE to update info for directory...Annie Sanders,
Newsletter Editor & Membership Directory**

**Click HERE for latest Membership
Directory**



Activities Coordinator

Bonnie Buesching

Most of the Spokes Activities continue all year long. Join an Activity group and keep up with your friends all summer. Contact the group leader for more information.



Central Florida Spokes Activity Groups 2023-2024



Name	Leader	Email	Phone	Time and Place
Book Club	Linda Cornell	lindacornell8@gmail.com	407-628-3055	4 th Weds, 10:00 am, @ member homes
Bunco 1	Linda Richcreek	linrob1574@yahoo.com	708-201-8941	3 rd Thurs, 12:30 pm, @ member homes
Bunco 2	Kim Rohrer	klear123@hotmail.com	727-458-3163	3 rd Weds, 12:30 pm, @ 500 Golf Tee Ln, #101, Longwood
Evening Bunco	Sharon Schneck	sharon.schneck@gmail.com	704-323-1274	4 th Sat, 7:00 pm, every other month @ member homes
Casual Cooking	Marcia Miller	madorndancer16@cfl.rr.com	407-340-0776	1 st Fri, 11:30 am, @ member homes
Dining In	Tiffany Casey	sticasev1@yahoo.com	407-782-7176	4 times/year
Excursions	Holly Herrington	hoh4jc@gmail.com	407-720-0788	3-4 times/year; group visits to Central FL places of interest
Hand, Foot, Knee	Chris Stouffer	cstouffer48@gmail.com	407-333-1276	2 nd Tues, 11 am, @ Duffy's Sports Bar, 951 Market Pr, Lake Mary
Hand, Foot, Knee 2	Linda Schnauffer	lschnauffer4@gmail.com	407-948-2758	4 th Thurs, 11 am, @ Duffy's Sports Bar, 951 Market Pr, Lake Mary
Ladies Poker	Kay Payne Janice Czaikowski	paynekay50@yahoo.com janice162@aol.com	321-363-1561 407-739-6862	2 nd Fri, 11:00 am, @ member homes
Mah Jongg	Wendy Dorn	growler2@live.com	407-463-2111	1 st & 3 rd Fri, 11-3, @ Duffy's Sports Bar, 951 Market Pr, Lk Mary
Mexican Train	Pam Skaggs Tina Rasi	pamelaskaggs@gmail.com tmrasi@aol.com	407-739-9336 407-619-5722	3 rd Mon, 12:30, @ Q Boutique Realty, 122 W Crystal Lk Ave, Lk Mary
Scrabble	Marilyn Martin	dmgolf@cfl.rr.com	407-718-5215	4 th Tues, 12:30-3:30, @ 500 Golf Tee Ln, #101, Longwood
Shanghai Tues	Rosemarie Soper	roesoper1@gmail.com	407-775-1914	every Tues, 10:30, Bob Evans, 385 SR 436, Casselberry

Have another activity idea? Contact Bonnie Buesching at grayduck2705@gmail.com or 614-266-7281

Revised 4/3/2024

Click here to download and print activities

Casual Cooking Coordinator



Marcia Miller

Hostess: Frances Nanus

Co-Hostesses: Carol Baker & Barbara Coenson

5035 Maple Glen Place

Sanford

20 lovely ladies are able to join the fun at this wonderful lunch!

Date/Time: Friday, May 3rd at 11:30 a.m.

[RSVP here to Frances for Casual Cooking](#)

Bunco 1 Coordinator

Linda Richcreek



3rd Thursday @ 12:30 p.m.

Meet at Members' Homes

Drinks and Dessert provided

Bring \$5 for the game

Call Linda at 708-207-8941

[Click HERE to RSVP to Linda](#)

Bunco 2 Coordinator

Kim Rohter



Third Wednesday of the Month

500 Golf Tee Ln, #101, Longwood

12:30-3

If you are interested, please contact

Kim Rohter - Coordinator

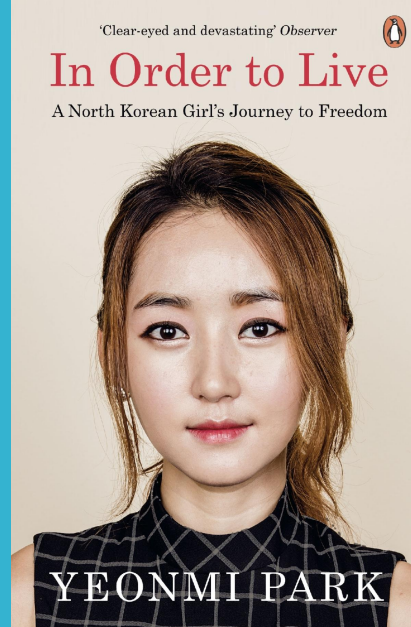
727-458-3163 (call if you have questions)

klear123@hotmail.com.



Book Club Coordinator

Linda Cornell



*In Order to Live: A North Korean Girl's Journey
to Freedom*

by Yeonmi Park and Maryanne Vollers

“I am most grateful for two things: that I was born in North Korea, and that I escaped from North Korea.”

--Yeonmi Park

In *In Order to Live*, Yeonmi Park shines a light not just into the darkest corners of life in North Korea, describing the deprivation and deception she endured and which millions of North Korean people continue to endure to this day, but also onto her own most painful and difficult memories. She tells with bravery and dignity for the first time the story of how she and her mother were betrayed and sold into sexual slavery in China and forced to suffer terrible psychological and physical hardship before they finally made their way to Seoul, South Korea—and to freedom. Park confronts her past with a startling resilience. In spite of everything, she has never stopped being proud of where she is from, and never stopped striving for a better life. Indeed, today she is a human rights activist working determinedly to bring attention to

the oppression taking place in her home country. Park's testimony is heartbreaking and unimaginable, but never without hope. This is the human spirit at its most indomitable.

Please join us on May 22nd at 10 a.m. at the home of:

Brenda Dost
1884 Wingfield Drive
Longwood, FL 32779

RSVP to Brenda at 708-217-7982 or
brendacdost@gmail.com

RSVP for Book Club

Scrabble Coordinator

Marilyn Martin



4th Tuesday of the Month ~ 12:30-3:30

Have lunch prior to...but bring a snack & beverage of choice

540 Golf Tee Dr. #102 (conference)

RSVP to

Marilyn Martin ~ 407-718-5215, dm4golf@cfl.rr.com
if you have questions



Playful Poker Coordinators

**Kay Payne
&
Janice Czaikowski**

Meeting time 11 a.m. the 2nd Friday of the month

Poker seems to have a reputation of smoke-filled rooms, men with visors and serious money involved. Not for us! We get together to have fun, share laughs and stories, and play some really interesting poker games where so many things are wild except for us.

Come join us & share our good times.

[Click HERE to RSVP to Janice](#)



Hand, Knee & Foot Coordinator

Chris Stouffer

Second Tuesday of the Month...

Even if you don't know how to play and are interested in learning, you are welcome to join us at 11:00 to observe and have lunch. I can then put you on our sub list once you think you are comfortable playing. Remember, we all were new at the game at one time!
Contact Chris at 407-810-8616 or cstouffer48@gmail.com.

Duffy's Sport Bar

951 Market Promenade Ave.
Lake Mary 32746



Hand, Knee, and Foot 2
Coordinator

Linda Schnaufer

Hand, Knee, and Foot 2

Fourth Thursday of the month at 11:00 a.m.

We are looking for those of you who are interested in joining as a Sub. If you are interested, but not familiar with the game, you can stop in to observe and have lunch. Once you are comfortable with the game, we can add you to the sub list.

Contact Linda Schnaufer at 407-948-2758 or
lschnaufer4@gmail.com

Duffy's Sports Grill
951 Market Promenade Ave.
Lake Mary, 32746



Mexican Train Coordinators
Tina Rasi & Pam Skaggs



Meet on the 3rd Monday of the Month

Location: Q Boutique Realty Building
122 West Crystal Lake Ave.
Lake Mary 32746

Time: Doors open at 12...play starts at 12:30
ALL levels from never played to experienced welcomed!
To join, contact pamelaskaggs@gmail.com



Community Involvement & Mah Jongg Coordinator

Wendy Dorn



National MahJongg League (with annual card)

Join us at

Duffy's Sport Bar

951 Market Promenade Ave.

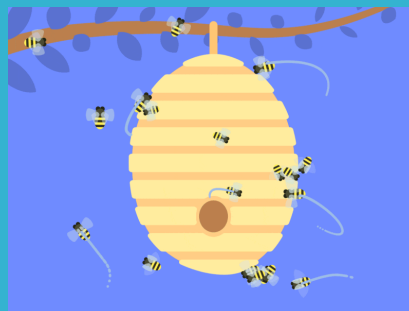
Lake Mary 32746

(year round) on the 1st & 3rd Fridays MONTHLY from 11 a.m. to 2 (or longer). We purchase lunch as the room is free!

WE'LL TEACH BEGINNERS! Come join us for a fun time and learn a new skill!

Contact Wendy Dorn at 407-463-2111 or click on the Email link below.

Click [HERE](#) to RSVP for Mah Jongg





Shanghai Tuesday Coordinator

Rosemarie Soper



Every Tuesday, year-round play

10:30

Bob Evans on 436, Casselberry
call Deby Seymour at 407-970-9661
or

[Click HERE to RSVP to Rosemary](#)



Find Your
Fabulosity

Put a bright smile on a victim of domestic violence by donating your new lipsticks. Women who come into a shelter often have nothing other than the clothes on her back, making her feel emotionally and physically insignificant. By looking at herself in the mirror, she will begin to see the beauty in her outer self which will help to transform her inner self-confidence.

Find Your Fabulosity appreciates your donations, which you can bring to any luncheon.

Sandy Bove, 407-463-9437

[Click HERE to arrange lipstick drop off with Sandy](#)



Correspondence Secretary

Audrey Karwandy

A big part of our social club is letting our members know how much we care!

Do you know of a member coping with an illness, recovering from surgery, grieving a death, or needs encouragement?



[Click here to send info to Audrey](#)

May Birthdays

3...Diane Turtle
4...Mary Flynn
7...Pat Feverston
7...Dorothy Petticrew
7...Madeleine Taub
12...Pat McCarroll
13...Sharon Prescott
16...Judy Carson
20...Linda Dozier
23...Lydia Gwynn
25...Patty Proechel
26...Betty Rizzi
27...Linda Schnaufer



Spokes Calendar May 2024

Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3 Casual Cooking @ 11:30 MahJongg@11	4
6	7 Shanghai@10:30	8 Spokes Luncheon @11	9	10 Poker@11	11
13	14 Shanghai@10:30 Hand, Knee & Foot@11	15 Bunco2@12:30	16 Bunco 1 @ 12:30	17 MahJongg@11	18
20 Mexican Train@12:30	21 Shanghai @10:30	22 Book Club@10	23 Hand, Knee, Foot 2 @11	24	25 Evening Bunco @7
27	28 Shanghai@10:30 Scrabble@11:30	29	30	31	

[Click HERE](#) to download and print the Spokes May Calendar



Central Florida Spokes



President & Web Master:

Brenda Dost

1st Vice President:

Sue Leidner

2nd Vice President:

Sandy Bove

Recording Secretary:

Cyd Law

Treasurer:

Historian:

Pam Skaggs

Luncheon Reservations:

Sonia Beltran

Membership:

Tina Rasi

Newsletter & Directory:

Annie Sanders

Parliamentarian:

Judy Zellers

Marcela Mojica

Activities:

Bonnie Buesching

Community Involvement:

Wendy Dorn

Publicity:

Barbara Hilton

Correspondence Secretary:

Audrey Karwandy

Social Media:

Janice Daniels

Central Florida Spokes | PO Box 915493, Longwood, FL 32791-5493

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