SHARE:

### Join Our Email List



### Chips & Salsa on the Tables

MEXICAN LUNCH BUFFET: Crisp Romaine Lettuce Diced Tomatoes, Onions, Shredded Cheese, Salsa & Sour Cream Seasoned Ground Beef Grilled Marinated Chicken Breast - sliced Soft Flour Tortillas & Hard Corn Shells Fire Cracker Rice Mexican Street Corn off the Cob Refried Beans OR Black Beans

> DESSERT Cinnamon Churros

### May Program News

This month is dedicated to you all, the women of Spokes, and all of your many efforts to improve the lives of people in our community. We will have a great celebration involving the speakers from our charities, Advent Health reminding us of the impact of our generosity and sacrificial gifts of time and talent, and videos of some of the past magical moments in our year. It will also be a time of connecting with new and old friends and sharing contact information over the summer months. Please know that your board continues to plan and work for you even during the more dormant summer months to ensure a wonderful new season of Spokes activities. **Sign up for the May Luncheon NOW**...you won't want to miss it!!!



## **President's Message**

## Sue Leidner





## The Power of Community

May is the month we celebrate our community, both the Spokes circle of friends and the organizations in the greater Orlando area. We are generous with our charitable funds and highlight the work these charities do in our neighborhoods. We reflect on the activities and friendships we have enjoyed throughout the year and look forward to those to come. We feel joy and satisfaction at jobs well done. Congratulations to all of you for the parts you have played in making this such a dynamic woman's group!

What exactly separates a great community from one that is no longer desirable? Ask several people and you will get such different personal answers. A community is NOT desirable if there is crime, personal degradation, and isolation...fear. No one wants to live in filth or corruption. None of us can imagine choosing to raise our families or retire in an unsafe place. In comparison, in a desirable community, people will mention the beautiful parks and natural areas of their community. Others will say they moved here for advanced educational opportunities. However, common themes surface and they all include individuals being their best selves. Most of the responses include personal happiness, satisfying relationships, opportunities for work and leisure activities, healthy environment, safety, and a feeling of unity. A great community is most accurately measured by the compassionate acts of its members. The outward signs are support, cooperation, a sense of dignity and hope.

This brings to my mind the purpose of having Spokes in my life and yours! This description of a thriving community surely describes our Spokes organization as well as the community we live in. I like to feel that each of us is better off because of each other, and that our neighborhoods are better because of our involvement. Alone we can do so little, but together we can do so much more!

Spokes has proven its determination to keep striving to fulfill our mission and accomplish our two goals: relationships and community outreach. Even through the dark days of Covid isolation, we found ways to keep on going like a team of energizer bunnies. As we take a break for the summer, let's pledge our commitment to keep it going in the new year. "There is no power for change greater than a community discovering what it cares about."

With tons of respect and admiration for all of you, Sue

Click here to RSVP for May Luncheon \$30 at the door...exact cash or check



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It's time to RENEW YOUR MEMBERSHIP! Do it NOW! Click on the link below to download and print the renewal form for membership. Complete and mail it with your check for \$25 to the address found on the form. Or you may bring both to the May meeting. Members who have not renewed by October 1<sup>st</sup> will be removed from the directory and will, unfortunately, no longer receive the newsletter. Don't procrastinate!

	CENTRAL FLORIDA SPOKES
	NEW MEMBER APPLICATION and/or RENEWAL FORM
CHECK ONE: RENEW	ALNEW MEMBER
Last Name:	First name
Street Address:	
City:	State: Zip:
Home Phone:	Cell:
E-Mait	
Birthday:	Interests, hobbies, talents
Spokes activities of mo	ost interest to you:
Sponsor's name:	
Membership Dues: Me	mbership year runs from June 1st through May 31st
\$25.00 if joining	g or renewing between June 1st through December 31st
\$12.50 if joining	g or renewing January 1st through April 30th
MAGNETIC NAME TA	G IS AN ADDITIONAL \$8.00 YES NO
Check#	Amount
Please make check pa	wable to: Central Florida Spokes along with your application form
	Central Florida Spokes
	PO Box 915493
	Longwood, FL 32791-5493
	Attention: Membership
Signature	Date:
you or your guests while insurance, if any, is your	dges that you are aware that Central Florida Spokes, trc. does not provide insurance covering amending any event(s) promoted or sponsored by Central Florida Spokes and that your persons set remedy. In addition, by signing this application, you understand that you and your guests le for any inpury or harm while attending a Spokes event.
Central Florida Spokes is organization.	a 501(c)7(non-profit, social) corporation and registered with the State of Florida as a charitable
Office use only: Check	Received Amount Paid

Click here to download and print Membership Form



Click HERE to update info for directory...Annie Sanders, Newsletter Editor & Membership Directory



# **Membership Coordinator**

**Judy Zellers** 

### **Click HERE for latest Membership Directory**





To all the flamingos that flew in and kept the flock flying when I couldn't, thank you so much. And also to all the flamingos that flew in to participate in such a fun day. It's a huge reward to have fun and as a result be able to make a contribution to those in need. CFS is flying high.

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Bobbie Boggs, Flamingo Lady



Activities Coordinator <u>&</u> <u>Web Master</u>

**Brenda Dost** 

# <u>Casual Cooking</u> <u>Coordinator</u>

## Marcia Miller



Friday, May 5<sup>th</sup> at 11:30 a.m.

Linda Cornell 2525 Chinook Trail Maitland, Florida

Theme: South of the Border Mexican celebration

Co-Hostess: Glenda Bogan

Limit: 18



### **Click HERE to RSVP for Casual Cooking**



# Bunco 1

## Linda Richcreek, Coordinator

3<sup>rd</sup> Thursday at noon Meet at Members' Homes

Bring a bag lunch Drinks and Dessert provided

> Bring \$5 for the game Noon

### SUBS NEEDED

Call Linda at 708-207-8941 or email her at: linrob1574@yahoo.com

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# **BUNCO 2**

## Kim Rohter, Coordinator





3<sup>rd</sup> Wednesday of the Month

Glenbrook Apartments 520 Golf Tee Lane, Unit 101 Longwood 12:30-4 Bring your own lunch, snack, drink If you are interested, please contact Kim Rohter - Coordinator 727-458-3163 (call if you have questions) <u>klear123@hotmail.com</u>.

Future Dates FYI: May 17, June 21, July 19, August 16, September 20

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## Scrabble



Marilyn Martin, Coordinator



 $4^{th}$  Tuesday of the Month ~ 12-3:30

Bring your own lunch, snack, drink

Golfbrook Apartments, Bldg #521, Unit #101 (Conference Room) Sabal Point, Longwood

> From I-4, Take Longwood Exit West on 434 Right on Wekiva Springs Rd. Right on Sabal Point Dr. Left on W Sabal Pt Dr. Right on Golf Tee Dr. Park in visitors' parking lot (not in driveways)

> > RSVP to

Marilyn Martin  $\sim$  407-718-5215 if you have questions



## <u>Hand, Knee & Foot</u> <u>Coordinator</u>

# **Chris Stouffer**

Second Tuesday of the Month...

Even if you don't know how to play and are interested in learning, you are welcome to join us at 11:00 to observe and have lunch. I can then put you on our sub list once you think you are comfortable playing. Remember, we all were new at the game at one time! Contact Chris at 407-810-8616 or cstouffer@cfl.rr.com.

> **Duffy's Sport Bar** 951 Market Promenade Ave. Lake Mary 32746



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<u>Community</u> <u>Involvement</u> <u>&</u> <u>Mah Jongg</u> <u>Coordinator</u>

Wendy Dorn



## National Mah Jongg League (with annual card)

Join us in the private dining room at the Sanford IHOP at I-4 (year round) on the  $1^{st} \& 3^{rd}$  Fridays MONTHLY from 11 a.m. to 2 (or longer). We purchase lunch as the room is free!

WE'LL TEACH BEGINNERS! Come join us for a fun time and learn a new skill!

Contact Wendy Dorn at 407-463-2111 or click on the Email link below.

**Click HERE to RSVP for Mahjongg** 



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# <u>Shanghai Tuesday Coordinator</u>

## **Rosemarie Soper**

Every Tuesday, year-round play 11-3:30

Jax 5th Avenue Deli & Ale House 951 Greenwood Blvd., Lake Mary

call Deby Seymour at 407-970-9551

or <u>roesoper1@cfl.rr.com</u>



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# **Book Club Coordinator**

## Linda Cornell

From the bestselling author of *Before We Were Yours* comes a dramatic historical novel of three young women searching for family amid the destruction of the post–Civil War South, and of a modern-day teacher who learns of their story and its vital connection to her students' lives.

Bestselling author Lisa Wingate brings to life startling stories from actual "Lost Friends" advertisements that appeared in Southern newspapers after the Civil War, as newly freed slaves desperately searched for loved ones who had been sold away.

Louisiana, 1875: In the tumultuous era of Reconstruction, three young women set off as unwilling companions on a perilous quest: Hannie, a freed slave; Lavinia, the pampered heir to a now destitute plantation; and Juneau Jane, Lavinia's Creole half-sister. Each carries private wounds and powerful secrets as they head for Texas, following roads rife with vigilantes and soldiers still fighting a war lost a decade before. For Lavinia and Juneau Jane, the journey is one of stolen inheritance and financial desperation, but for Hannie, torn from her mother and siblings before slavery's end, the pilgrimage west reignites an agonizing question: Could her long-lost family still be out there? Beyond the swamps lie the limitless frontiers of Texas and, improbably, hope.

Louisiana, 1987: For first-year teacher Benedetta Silva, a subsidized job at a poor rural school seems like the ticket to canceling her hefty student debt—until she lands in a tiny, out-of-step Mississippi River town. Augustine, Louisiana, is suspicious of new ideas and new people, and Benny can scarcely comprehend the lives of her povertystricken students. But amid the gnarled live oaks and run-down plantation homes lies the century-old history of three young women, a long-ago journey, and a hidden book that could change everything.

Join us for a discussion of *The Book of Lost Friends* by Lisa Wingate on Wednesday, May 24, 2023 at 10 a.m. at the home of:

Linda Cornell 2525 Chinook Trail Maitland, FL 32751 RSVP to Linda at 407-628-3055 or <u>lindacornell8@gmail.com</u>

### **Click HERE to RSVP to join Book Club Discussion**





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**P**ut a bright smile on a victim of domestic violence by donating your new lipsticks. Women who come into a shelter often have nothing other than the clothes on her back, making her feel emotionally and physically insignificant. By looking at herself in the mirror, she will begin to see the beauty in her outer self which will help to transform her inner self-confidence.

*Find Your Fabulosity* appreciates your donations, which you can bring to any luncheon.

Sandy Bove 407-463-9437

### Click HERE to arrange lipstick drop off with Sandy Bove

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## **Correspondence Secretary**

## **Audrey Karwandy**

A big part of our social club is letting our members know how much we care!



Do you know of a member coping with an illness, recovering from

surgery, grieving a death, or needs encouragement?

**Email Audrey: HERE** 





## Happy Birthdays in May

Diane Turtle ~ 3 Mary Flynn ~ 4 Pat Feverston ~ 7 Dorothy Petticrew ~ 7 Patricia McCarroll ~ 12 Sharon Prescott ~ 13 Judy Carson ~ 16 Arlene Gilman ~ 17 Linda Dozier ~ 20 Lydia Gwynn ~ 23



Happy June Birthdays

Doreen Overbey ~ 8

Gwen Seibert ~ 11 Janice Czaikowski ~ 13 Carolyn Williams ~ 15 Janice Daniels ~ 13 Glenda Bogan ~ 27 Marge Ahearn ~ 30





## Happy July Birthdays

Ginny Iliffe ~ 3 Brenda Oakley ~ 8 Nancy Finessy ~ 9 Dale Blass ~ 14 Chris Stouffer ~ 25 Dora Francis ~ 27 Annie Sanders ~ 29 Kimberly Halko ~ 31



## Happy August Birthdays

Rosemarie Soper ~ 1 Bobbie Boggs ~ 4 Patricia Hall ~ 12 Barbara Hilton ~ 13 Nancy Ames ~ 17 Sharon Hunt ~ 18 Linda Cornell ~ 19 Anita Marino ~ 23 Mary Ann Halko ~ 24 Ann Kirkendall ~ 24 Maureen McBride ~ 25 Pam Stewart ~ 28 Cyd Law ~ 29



### Spokes Calendar May 2023

Mon	Tues	Wed	Thurs	Fri
1	2 Shanghai 11	3 Board Meeting 10	4	5 Casual Cooking 11:30 Mah Jongg 11
8	9 Shanghai 11 Hand, Knee & Foot 11	10 Luncheon 11:00	11	12
15	16 Shanghai 11	17 Bunco2 12:30	18 Bunco1 noon	19 Mah Jongg 11
22	23 Shanghai 11 Scrabble 12	26 Book Club 10	26	27
28	29 Shanghai 11	30	31	



**Activity Pics...** 



















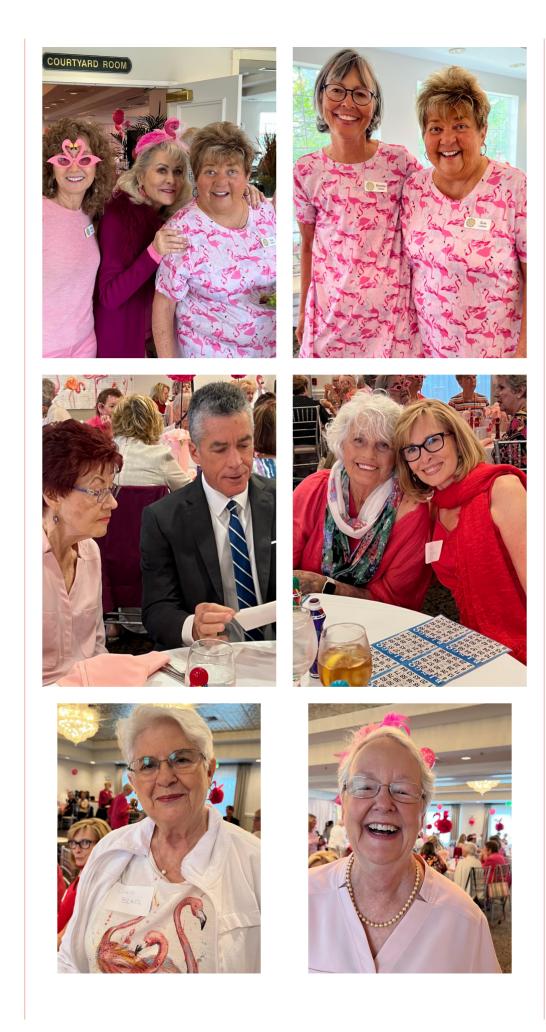




























**CFS Website: HERE** 











**President**: Sue Leidner

Vice President/Hospitality: Brenda Oakley

**Recording Secretary:** Cyd Law

> **Treasurer:** Marcela Mojica

Activities: Brenda Dost

**Community Involvement:** Wendy Dorn

Historian (photos) & Publicity: Sandy Bove Luncheon Reservations: Sonia Beltran

> Membership: Judy Zellers

Newsletter & Directory: Annie Sanders

> Parliamentarian: Bobbie Boggs

Outreach Secretary: Audrey Karwandy

> Social Media: Anna Byrnes

Web Master: Brenda Dost

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