



November 2024



November 13th Luncheon

Heathrow CC, 10:45 a.m. - 2:00 p.m.

RESCHEDULED DUE TO HURRICANE MILTON:



Menu

Mixed Greens & Romaine, & Assorted Toppings Buttermilk, Ranch, & Sherry Vinaigrette Dressings Rolls & Butter

Sliced Marinated Sirloin with Red Wine Demi Glaze Gluten Free
Lemon Chicken Florentine - Gluten Free
Seasoned Green Beans
Mashed Yukon Gold Potatoes

Chef's Dessert Selection

RSVP deadline for the November luncheon by hitting the white button below; \$32 at the door (new price set by Heathrow Country Club); Friday, November 8 @noon is the deadline for reservations & cancellations.

(Please do not reply to this email.)

SPECIAL NOTE ABOUT GAME DAY RESERVATIONS:

When you reserve, please indicate:

- the game you are playing, who is in your group, & who is your table captain; OR
- If you are a single, will you play
 - Mexican Train or
 - Another board game (yours or ours!) OR
 - Not play a game.

Luncheon RSVP HERE

Brenda Dost President



I'm feeling a bit like GROUNDHOG DAY or deja vu as I write this President's letter! So much work has gone into our Game Day 2024 fundraiser, and it will fund roughly HALF of the charitable donations we make each year.

We had 81 people reserved for our October 13 Game Day, which was cancelled due to the hurricane. Don't miss this fun day—make your reservation today!

If you hurry, you may still be able to join our Ghostly Halloween Cruise, Meal, & Ghostly Play! It depends upon what space is left...

Horrors and more horrors, thanks to the storms Helene and Milton. Give yourself a break and join us for an afternoon cruise on the St. John's River. You will enjoy cruising on the paddleboat the Barbara Lee, where you will be served a wonderful lunch and be entertained with a delightful Halloween-themed party.

DATE—October 31, Thursday
TIME—Meet at 10:30–Boat leaves at 11:00
RETURN—2:00 p.m.
COST—\$95.20, all inclusive

RSVP—Cyd Law—407-252-1919





New Activity Group Announcement:

Do you like to go out to lunch?

Mary Ann Halko has graciously offered to organize a group for ladies who enjoy dining out. After our first lunch, locations will be set by members each month. This is a great way to get to know other lovely Spokes members.

The first lunch will be held in January, 2025. Full details to come in our December newsletter.

Please contact Mary Ann at 253-678-7532 if you have questions.



Membership Coordinator

Tina Rasi

Welcome New Members...

Lee Granger Michelle Triano

Want to share CF Spokes with a friend?

- Invite them to a luncheon or activity group (a guest can attend up to 2 Spokes meetings prior to joining)
- Share the link to our website:
 https://centralfloridaspokes.com/

Click here to download & print Membership Form

Click HERE to update info for directory...Annie Sanders, Newsletter Editor & Membership Directory

Click HERE for latest Membership Directory



Activities & Mah Jongg Coordinator
Wendy Dorn



Casual Cooking
Coordinator, Newsletter
Editor, Membership
Directory

Annie Sanders

Hostess: Frances Nanus

Co-Hostess: Carol Baker and Barbara Coenson

15 lovely ladies are able to join the fun at this wonderful lunch!

Date/Time: Friday, November 1 at 11:30 a.m.

call or text Frances by October 27

or click below to email her (Do not reply to this email!)

Click here to RSVP to Frances for Casual Cooking



Dining In Coordinator, Treasurer

Marcela Mojica

Hostess: Brenda Dost

18 total -- members as singles or with partners

Friendsgiving without the Turkey:

Casual & Delicious Appetizers & Desserts

Date/Time: Saturday, November 23

call or text Brenda by November 18 708-217-7982

or click below to email her (Do not reply to this email!)

Click here to RSVP to Brenda Dost for Dining In



Community Involvement Coordinator

Kim Rohter

Throughout the years, many charities have been the recipients of SPOKES generosity.

In 2023/24 CFS supported 3 local charities:

IDignity Journey's End Animal Sanctuary Fabulosity

Please nominate a charity that you would like to have considered in 2024/25. You will find the Charity Nomination Form in the link below.

Click HERE to download and print the Charity Nomination Form

Bunco 1 Coordinator Linda Richcreek





3rd Thursday @ 12:30 p.m.

Meet at Members' Homes

Drinks, Snacks, and Dessert Provided

Bring \$5 for the game

Call Linda at 708-207-8941

Click HERE to RSVP to Linda

Bunco 2 Coordinator Kim Rohter





Third Wednesday of the Month

12:30-3

Florida Conference of the Seventh Day Adventist Center 351 S. SR 434

Altamonte Springs
(Located at the corner of 434 and West Town Parkway)

If you are interested, please contact
Kim Rohter - Coordinator
727-458-3163 (call if you have questions)

klear123@hotmail.com.

Future Bunco 2 dates:

Oct 16

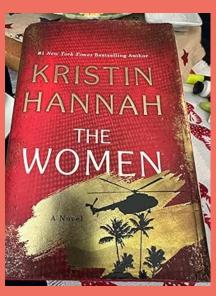
Nov 20

Dec 18



Book Club Coordinator

Linda Cornell



Women *can* be heroes. When 20 year-old nursing student Frances "Frankie" McGrath hears these words, it is a revelation. In the sundrenched, idyllic world of Southern California, and sheltered by her conservative parents, she has always prided herself on doing the right thing. But in 1965, the world is changing, and she suddenly dares to imagine a different future for herself. When her brother ships out to serve in Vietnam, she joins the Army Nurse Corps and follows his path. As green and inexperienced as the men sent to Vietnam to fight, Frankie is overwhelmed by the chaos and destruction of war. Each day is a gamble of life and death, hope, and betrayal; friendships run deep and can be shattered in an instant. In war, she meets—and becomes one of —the lucky, the brave, the broken, and the lost. But war is just the beginning for Frankie and her veteran friends. The real

battle lies in coming home to a changed and divided America, to angry protesters, and to a country that wants to forget Vietnam. *The Women* is the story of one woman gone to war, but it shines a light on all women who put themselves in harm's way, and whose sacrifice and commitment to their country has often been forgotten. A novel about deep friendships and bold patriotism, *The Women* is a richly drawn story with a memorable heroine, whose idealism and courage under fire will come to define an era.

Join us for a discussion of *The Women* on Wednesday, November 12, at 10:00 A.M.at the home of

Linda Cornell
2525 Chinook Trail
Maitland

RSVP to LindaCornell8@gmail.com or call her at 407-628-3055.

RSVP for Book Club



Playful Poker Coordinators

Kay Payne &
Janice Czaikowski

Meeting time 11 a.m. the 2nd Friday of the month

Poker seems to have a reputation of smoke-filled rooms, men with visors and serious money involved. Not for us! We get together to have fun, share laughs and stories, and play some really interesting poker games where so many things are wild except for us.

Come join us & share our good times.

Click HERE to RSVP to Janice

Hand, Knee & Foot Coordinator

Kim Rohter

Second Tuesday of the Month...

Even if you don't know how to play and are interested in learning, you are welcome to join us at 11:00 to observe and have lunch. I can then put you on our sub list once you think you are comfortable playing. Remember, we all were new at the game at one time!

Contact Kim at klear123@hotmail.com, 727-458-3163.

Duffy's Sport Bar 951 Market Promenade Ave. Lake Mary 32746





Hand, Knee, and Foot 2 Coordinator

Linda Schnaufer

Hand, Knee, and Foot 2

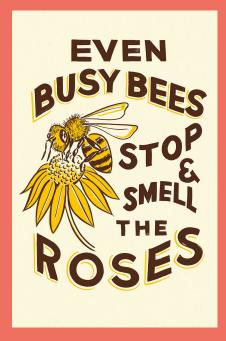
Fourth Thursday of the month at 11:00 a.m.

We are looking for those of you who are interested in joining as a Sub. If you are interested, but not familiar with the game, you can stop in to observe and have lunch. Once you are comfortable with the game, we can add you to the sub list.

Contact Linda Schnaufer at 407-948-2758 or lschnaufer4@gmail.com

Duffy's Sports Grill 951 Market Promenade Ave. Lake Mary, 32746





Mexican Train Coordinators

Tina Rasi & Pam Skaggs





Meet on the 3rd Monday of the Month

Location: Q Boutique Realty Building 122 West Crystal Lake Ave. Lake Mary 32746

Time: Doors open at 12...play starts at 12:30
ALL levels from never played to experienced welcomed!
To join, contact pamelaskaggs@gmail.com



National MahJongg League (with annual card)

Join us at

Duffy's Sport Bar

951 Market Promenade Ave.

Lake Mary 32746

(year round) on the 1st & 3rd Fridays MONTHLY from 11 a.m. to 2 (or longer). We purchase lunch as the room is free!

WE'LL TEACH BEGINNERS! Come join us for a fun time and learn

a new skill!

Contact Wendy Dorn at 407-463-2111 or click on the Email link below.

Click HERE to RSVP for Mah Jongg





Shanghai Tuesday Coordinator

Rosemarie Soper



Every Tuesday, year-round play

10:30

Bob Evans on 436, Casselberry call Deby Seymour at 407-970-9661 or

Click HERE to RSVP to Rosemary





Put a bright smile on a victim of domestic violence by donating your new lipsticks. Women who come into a shelter often have nothing other than the clothes on her back, making her feel emotionally and physically insignificant. By looking at herself in the mirror, she will begin to see the beauty in her outer self which will help to transform her inner self-confidence.

Find Your Fabulosity appreciates your donations, which you can bring to any luncheon.

Sandy Bove, 407-463-9437

Click HERE to arrange lipstick drop off with Sandy



Corresponding Secretary Kimberly Halko

A big part of our social club is letting our members know how much we care!

Do you know of a member coping with an illness, recovering from surgery, grieving a death, or needs encouragement?

Let Kimberly know...

206-228-4663 kimberly_d_h@yahoo.com

Click here to send info to Kimberly

Seniors First Liaison

Barbara Coenson



Let's Brighten the Holiday Season for Seniors

Let's brighten the holiday season for numerous seniors in our community by supporting the **Seniors First Holiday Gift** drive. Be a part of this amazing campaign to spread cheer to some 70+ seniors and know that your generosity will lift the spirits of others. (Note: our Spokes members funded over 60 gift cards last Christmas, and Seniors First has to provide 10% more gifts, because of the increase in need.) Hurricane Milton will have increased the number of seniors in need this holiday season.

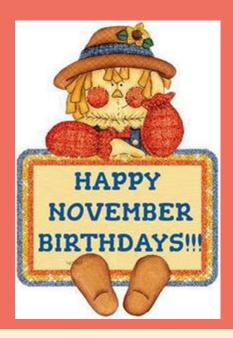
We began our collection at the September meeting, so we've got 12 out of targeted goal of 70 gift cards funded. But we lost a month of collecting, so please remember this important Spokes program and open your hearts and purses as you can.

Please bring cash, checks made payable to "Seniors First", or \$20 gift cards from Walmart or Publix to the next luncheon meeting. Or, if you prefer, you can gift online at https://bit.ly/3P5KjqL. Select "Holiday Gift Drive" as the solicitation and "Central Florida Spokes" when donating online.

Thank you for all you do to make this program a huge success

year after year. You are amazing!

November Birthdays



2 ~ Diane Winterhoff

3 ~ Gail Boudreau

4 ~ Pam Skaggs

10 ~ Deby Seymour

19 ~ Arlene McCord

19 ~ Judy Zellers

22 ~ Sally Varney

24 ~ Joanne Phillips

26 ~ Rose DiSalvo

29 ~ Irene Horner

Please click on the November calendar below to print:

Spokes Calendar November 2024

Mon	Tues	Wed	Thurs	Fri	Sat
				1 Casual Cooking @ 11:30 MahJongg@11	2
4	5 Shanghai@10:30	6 Board Meeting@10	7	8 Poker@11	9
11	12 Shanghai@10:30 Hand, Knee & Foot@11	13 Spokes Luncheon 11	14	15 MahJongg@11	16 Dining In 6:30
18 Mexican Train@12:30	19 Shanghai 10:30	20 Bunco2@12:30	21 Bunco 1@12:30	22	23 Evening Bunco 7
25	26 Shanghai@10:30 Scrabble@11:30	27 Book Club@10	28 Hand, Knee, Foot 2 @11	29	30



Central Florida Spokes



President & Web Master:

Brenda Dost

1st Vice President:

Sue Leidner

2nd Vice President:

Sandy Bove

Recording Secretary:

Bonnie Buesching

Treasurer:

Marcela Mojica

Activities:

Historian:

Pam Skaggs

Luncheon Reservations:

Sonia Beltran

Membership:

Tina Rasi

Newsletter & Directory:

Annie Sanders

Parliamentarian:

Judy Zellers

Social Media & Publicity:

Wendy Dorn

Janice Daniels

Community Involvement:

Kim Rohter

Correspondence Secretary:Kimberly Halko

Central Florida Spokes | PO Box 915493 | Longwood, FL 32791-5493 US

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