



Central Florida Spokes



Mission Statement:

- **To welcome new and current residents!**
- **To involve our membership with social and humanitarian activities**
- **To support local charitable programs in an atmosphere of friendship and camaraderie.**



Luncheon

October 13

Heathrow Country Club @ 11 a.m.

How quickly we've gotten into the fall season. And what a season it promises to be for our Spokes members. You will definitely want to



mark your calendars and register now for our October luncheon. Hint... the lederhosen will be a dead giveaway, for sure. That's right, it's Oktoberfest – a true celebration of the season, German style, with one of the area's foremost musical artists accompanied by authentic Schuhplattler folk dancers.

Oh, and by the way, if you're lucky enough to have German attire in your wardrobe, feel free to dress up and enjoy the moment even more. We'll be looking forward to seeing you there **at 11 a.m.** And, for now, we'll just say *Frohlichkeit!*



Menu for October Luncheon

Salad Bar with Mixed Gourmet Greens & Toppings
Ranch & Balsamic Vinaigrette
Fresh Cut Fruit
Rolls with Butter

Chicken Schnitzel on a Bed of Red Cabbage
Grilled Salmon with Fresh Mango Fruit Salsa ~ Gluten Free
Herb Roasted Potatoes
Fresh Green Beans & Carrots

Mini Cinnamon Apple Pies & Fresh Whipped Cream



MONTHLY LUNCHEONS ARE 2nd WEDNESDAY OF EACH MONTH

Reservation Procedures

Reservations are accepted until **6 p.m. on the Friday before** the Luncheon. Reservations may be made as follows. Please make your special dietary requests at this time as well.

1. Email: spokesreservations@gmail.com. Your reservation will be confirmed with a reply **OR**
2. Call **Sonia Beltran** at **407-474-7460** to make your reservation.
3. Meet at 11 a.m.

A reservation may be cancelled by the Sunday before the luncheon by 6 p.m. with no obligation. Because Spokes must provide a guarantee to our venue, the member will be billed if a cancellation or "no show" occurs *after this time!*

Please bring your check to the luncheon in the amount of \$26, payable to Central Florida Spokes, Inc.



Interim President's

Message

Linda Cornell



I'm so glad I live in a world where there are Octobers.

Lucy Maude Montgomery

Who can't agree with the above, author of one of my favorite children's books, *Anne of Green Gables*. October brings the promise of cooler weather, football, ghosts, goblins, carved pumpkins, and apples. The grocery stores are full of so many varieties of apples that it's hard not to buy a bag every time I go, and then run home to make an apple pie! I tried a new recipe the other day for apple dumplings that was so good I'm including it in this newsletter for you to try.

Plan right now for our **Oktoberfest-themed luncheon on October 13th** at Heathrow where we'll say willkommen instead of welcome. You'll be entertained by members of the Orlando Trachtenverein performing traditional German, Bavarian & Austrian entertainment including Schuhplattler dancing, folk dancing, singing, accordion music, and more. Their members dress in traditional Bavarian clothing, including lederhosen & dirndl, to make the audience feel like they're really in Germany.

Game Day on October 21st will be loads of fun as you play your favorite game, sample, and buy treats from our bake sale and browse the fabulous deals on the **Silent Auction**. Please bring new or gently-used items for the auction to the luncheon on October 13th. It's always a fun day to spend with friends, and every penny we make that day goes straight to our designated charities. Look for details farther on in the newsletter and sign up now!

I hope you're all trying out our different activity groups. It's so much easier to get to know someone in a small group. If you like to read, visit

our book club; and if you like to play games – oh my – we have so many small groups for Shanghai, Ladies Poker, Bunco, and more.

To all my dynamic women friends – see you soon!



[Click here to RSVP for October Luncheon \\$26 at the door](#)



Fabulous Apple Dumplings

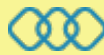
- 2 (8 oz) cans refrigerated crescent roll dough
- 2 large Granny Smith apples, cored and peeled
- 1 stick (4 oz) salted butter
- 1 ½ cups granulated sugar
- 1 t. vanilla extract
- 1 t. ground cinnamon
- 6 oz lemon-lime soda (i.e. Mountain Dew)



Preheat oven to 350°. Spray a 9 x 13" pan with non-stick spray. Slice the cored and peeled apples into eight wedges. Open one of the cans of crescent rolls and carefully unroll it. Separate the 8 triangles from each other. Place one apple slice on the wide end of the triangle, then roll up like a crescent roll (the package has an illustration on the back if you're not sure what that should look like). Tuck the ends around the apple slice to completely enclose it. Place in the baking pan and repeat with the seven remaining triangles from the first can, then repeat again with the second can of crescent rolls. Place the butter in a large microwave safe measuring cup and microwave until melted, about a minute. Stir in the sugar, vanilla, and cinnamon, then spread evenly over the dumplings in the pan. Pour the Mountain Dew around the edges of the pan. Bake at 350° for 35-40 minutes,

or until the crescent rolls are golden brown on top.

Pairs nicely with vanilla ice cream.



Luncheon Menu

Tossed Green Salad

*Sliced Flank Steak
Bordelaise*

*Chicken Florentine
with creamy sauce*

Mashed Potatoes

Rolls, Butter

Coffee, Tea

Lemon Bars

Gather together tables of 4 or more to play your game of choice! Select a table captain, **memo her name on your check**, and mail NO later than Thursday, October 15th to:

Diane Winterhoff
391 Glen Abbey Lane
DeBary, FL 32713

GAME DAY

Thursday, October 21, 2021

at DeBary Golf & Country Club
300 Plantation Club Drive
DeBary, FL
\$27/person
10 a.m.-2 p.m.

A full day of fun including...

Bake Sale

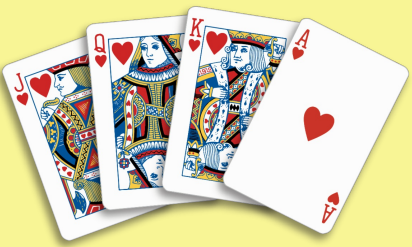
50/50 Drawing

Silent Auction

\$ TREE

Sponsored by:
Central Florida Spokes

**Central Florida Spokes
Game Day**



October 21, 2021

This is our annual Game Day whose profits will benefit our charities of choice. Get your tables of 4 or more together to play any game you wish, including board games. All checks for a table need to be mailed or given to Diane Winterhoff (address below) no later than October 15th. Memo your check (\$27) with the names of each player, if a joint check. We ask that one person be in charge of her table and her name be emphasized so you can identify your playing table upon arrival on **Game Day**.

Thank you for donating new or VERY gently used items for the **Silent Auction** which you can bring to the October luncheon on the 13th. Some fabulous finds have been on past Silent Auction tables such as designer purses, almost brand new Ravensburger puzzles, brand new with tags on clothing items, jewelry, framed pictures, and lots & lots more.

Pat Knopka will also be heading up our ever-popular **Bake Sale**. Pies, cakes, cookies, breads, quiches, etc., would be greatly appreciated. Sign up sheets will be on each table at the September & October luncheons. There will also be a **50/50 drawing** and a **\$100 money tree** donated by members of the Spokes Book Club to be raffled off.

Your check made out to Central Florida Spokes is your reservation. Mail or give to:

Diane Winterhoff
391 Glen Abbey Lane
DeBary, FL 32713

The Game Day Committee

Linda Cornell 407-628-3055 lindacornell8@gmail.com
Pat Knopka 407-687-8411 knopkatr@aol.com
Judy Zellers 407-366-9393 judyzellers@mail.com
Wendy Dorn 407-463-2111 growler2@live.com

All money raised at Game Day will be donated to our charities of choice this year.



**Game Day Bake Sale
Coordinator
Pat Knopka**

Game Day and the Bake Sale are coming up soon - Thursday, October 21st to be exact. With missing it last year, we have some catching up to do to make money for our charities. This is your chance to shine. If everybody made or brought just one thing to contribute to the bake sale, it would be a huge success.

After bringing things in, we need buyers. You always come through with wonderful desserts like small cakes, cookies, breads, and brownies and savory foods like quiches. If you don't bake, feel free to buy something from Publix, Fresh Market or Whole Foods. Take it out of the package and make it look attractive on a plate. Also, all food must be covered with plastic wrap or put in a plastic see-through box.

There will be a sign up sheet on every table for the September and October lunches. That may be our only two opportunities to sign up. You have always come through in the past, and I know I can count on you to sign up to bring something in.

Let's see if we can once again make **Game Day** and the **Bake Sale** a success. Thank you so much in advance for supporting this major fundraiser.

Click [HERE](#) to tell Pat what you're bringing to **Game Day Bake Sale**



**SAVE THE
DATE**

12/8/21



A Cup of Christmas Tea

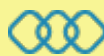


Membership Coordinator

Judy Zellers

[Membership Directory](#)

Email Judy [HERE](#) with any contact changes you may have



Activities Coordinator Bobbie Boggs

It is finally September and fall is supposed to be here soon, I'm told. I hope this finds you all well. As activity leaders, please check that all of your members have paid their dues for Spokes. We welcome anyone new to the club to try out the activities to see if they would enjoy them; however, after a few outings, they need to pay their dues so they can receive this wonderful newsletter and enjoy all we have to offer.

I want to also encourage the activity leaders to submit articles, including pictures, of your group to the newsletter. And thank you to those of you that do.

The November newsletter will be an up-to-date directory for **all paid members** who may participate in activities.



Community Involvement Coordinator Brenda Oakley



It's Charity Nominating Time!

The deadline for nominating a Spokes Charity for the upcoming year is October 31. You may bring your nomination to the September luncheon, mail the form, (see below) or email it to me (greatbee8@gmail.com).

Remember, the charity must be a registered Florida 501(3)C non-profit and receive no government funds. Thank you for your nominations! Recommendations will be made at the December luncheon.

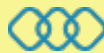
[Click HERE for the Charity Nomination Form](#)



**Hand, Foot & Knee
Coordinator
Chris Stouffer**

Second Tuesday of the Month...
September 14th

Duffy's Sport Bar
951 Market Promenade Ave.
Lake Mary, FL 32746



**Mah Jongg
Coordinator
Wendy Dorn**

National Mah Jongg League
(with annual card)

Join us in the private dining room at the Sanford IHOP at I-4 (year round) on the 1st & 3rd Fridays MONTHLY from 11 a.m. to 2 (or longer). We purchase lunch as the room is free!

WE'LL TEACH BEGINNERS! Come join us for a fun time!

Contact Wendy Dorn at 407-463-2111 or click on the Email link below.



[RSVP to Wendy for Mah Jongg HERE](#)



**Out to Lunch Bunch
& Casual Cooking Coordinator
Marcia Miller**



**Out To Lunch Bunch
(OTLB)**

Wednesday, October 27th
12 noon

TERRA MIA RISTORANTE

1150 Douglas Ave.
Altamonte Springs

Call Marcia to RSVP ~ 407-340-0776



Casual Cooking

Friday, October 1

at the home of Tiffany Casey
(Annie Sanders' Daughter)

1735 Billie Lynn Pt.
Sanford, FL

Gate code is **#1961**
11:30 a.m.

Co-hostesses ~ Annie Sanders & Linda Cornell

Reservations (call or text)
to Annie Sanders 407-407-9262
Total 18 seats available

You will absolutely love the Halloween decor!

[Click HERE to RSVP for Casual Cooking](#)





Shanghai Tuesday Coordinator Rosemarie Soper

Every Tuesday, year-round play
10:45-3:30

GOLDEN CORAL
897 W Town Pkwy
Altamonte Springs, FL
407-775-1914
roesoper1@cfl.rr.com



Dining In Coordinators Pat Knopka & Miriam Stonestreet



The 2021-22 Spokes year is about to begin and after a long, hot, and rainy summer, won't it be fun to be back together! Miriam and I are looking forward to a great year and a lot of fun. This is an invitation to all Spokes members, couples or singles, to join us for a great time of eating, drinking and socializing. **Dining In** is held four times a year on the third Saturday of the month in the evening during the months of October, December, February and April.

This is how it works:

Hostess: The hosting couple or single has one or two co-hostesses to help out

Menu: The hostess sets the theme, or no theme, for that month and decides on a menu. Every couple or single is asked to bring a dish according to what the hostess needs

Drinks: Dining In is BYOB. Most people bring a bottle of wine and the hostess provides non-alcoholic beverages

Reservations: The hostess accepts reservations for that month after the first of the month. Reservations are limited to the amount of people the hostess can accommodate, usually 20 to 30

October Dining In will be on October 16 at the home of Marcia and Robert Miller. Address is 601 Teresa Ct., Maitland 32751 at 6:30. Co-hostesses will be Dorothy Petticrew and Patty Prochel. The theme for the evening will be "Fall is in the Air". Limit will be 30.

Make reservations with Marcia at 407-340-0776.

We look forward to seeing you for an evening of fun and food, catching up with old friends and making some new ones.



Book Club Coordinator
Dale Blass



“It was on a dreary night of November, that I beheld the accomplishment of my toils,” Victor recalls that fateful night, when he was able to create life — a sacred act only nature can perform. The moment the creature drew its first breath, the exaltation Victor was experiencing quickly turned into dread and utter repulsion. Unlike Prometheus, who never regretted his actions, Victor was quickly consumed with regret and terror as he fled the scene, “unable to endure the aspect of the being I had created.” With Victor gone, the creature is left for dead...

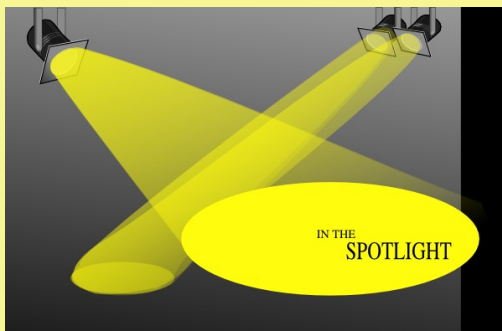
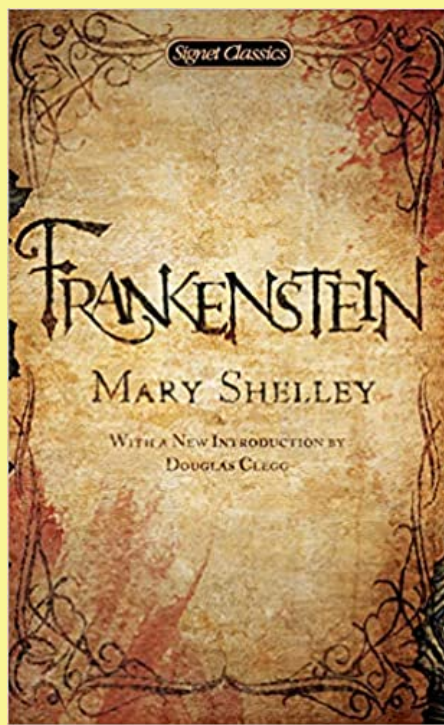
Frankenstein: or, The Modern Prometheus, is a novel written by an 18-year-old English author, Mary Shelly (1797-1851). It is simultaneously the first science-fiction novel, a Gothic horror, a tragic romance and a parable all sewn into one towering body. Its two central tragedies – **one of overreaching and the dangers of 'playing God', the other of parental abandonment and societal rejection** – are as relevant today as ever.

It is quite different from what I imagined, but I am enjoying it. **We meet on the fourth Wednesday of the month, October 27th at 10 a.m.** at the home of:

Bobbie Boggs
220 Milford Haven Cove
Longwood, FL 32779
flabobbie@cfl.rr.com

Bobbie's favorite holiday is Halloween, and you are in for a treat when you see her house.

Click [HERE](#) to RSVP to join Book Club Discussion



Spotlight on Jo Finley

It's hard to find Jo Finley in a crowd; but if you look around for a tiny, little lady with a big, bright shining smile – that's

her! Jo has been a member of Central Florida Spokes for over 30 years and has added to our club in so many ways.

Jo hails originally from Illinois but moved to Florida over 30 years ago. She has been married to Norm for over 60 years and has two daughters, 4 grandchildren, and 4 great-grandchildren. Her two daughters are Gay, named because she was born with a smile on her face, and Dawn, named because she was born at the crack of dawn. Besides raising her family, Jo managed a 5,000 square foot women's fashion store in Illinois and after moving to Florida worked at Church Street Station for years.

She said if there was an autobiography of her life it would be titled "Here We Go Again" and if she could choose any

fictional character to be, it would be Mickey Mouse because everybody loves Mickey. She's a night owl whose guilty pleasure is reading in the middle of the night. She loves to do big jigsaw puzzles with her husband and says there's always one open on the table. She's also a Canasta and Shanghai player.

I asked Jo if there was anything she had ever done that she'd never do again, and she said yes, riding in a hot air balloon. "I loved it but once was enough". They had landed in the middle of Conroy Road at peak traffic time!

Jo has a craft room in her house where her real talents come out. She has designed beautiful Santa Clauses and angel pins. She also wrote and staged an hysterically funny fashion show for Spokes. She designed all of the clothes for the fashion show herself. Anybody lucky enough to have seen that show will never forget it!

For many years Jo cut and snipped and glued and made new Christmas cards from old, used Christmas cards. On every single one was a hand-written message to our service men and women overseas at Christmas. Astoundingly, she mailed over 3,300 of these through the USO every year.

Central Florida Spokes is fortunate to have Jo Finley in our midst. Find her and say hello – you'll be glad you did!





Find Your *Fabulosity*

Put a bright smile on a victim of domestic violence by donating your new lipsticks. Women who come into a shelter often have nothing other than the clothes on her back, making her feel emotionally and physically insignificant. By looking at herself in the mirror, she will begin to see the beauty in her outer self which will help to transform her inner self-confidence.

Find Your Fabulosity appreciates your donations, which you can bring to any luncheon.

Sandy Bove
407-463-9437

[Click HERE](#) to arrange lipstick drop off with Chris Stouffer

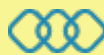


PHOTO CORNER

Below are some delightful shots of the wonderful Fashion Show enjoyed at the September Luncheon, sponsored by **Em'z on Fifth** in Mount Dora. Please like **Em'z on Fifth** on Facebook. Clara worked with us with infinite patience and donated a portion to her proceeds that day to our Spokes charities.







Correspondence Secretary
Bonnie Lachowicz

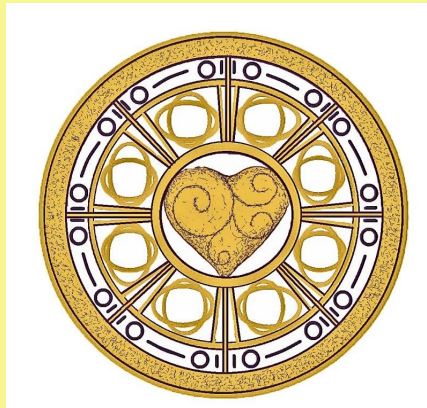
A big part of our social club is letting our members know how much

we care!

If you know of a member coping with an illness, recovering from surgery, grieving a death, or needs encouragement?



Email Bonnie: [HERE](#)



CFS Website: [HERE](#)

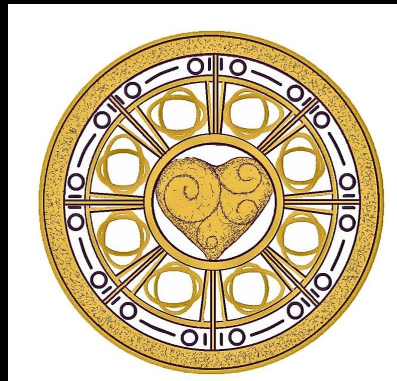


Click [HERE](#) for Spokes Birthdays for the year!



October Birthdays

Sue Liden 2
Dede Fluhr 8
Karen Lentz 8
Carol Baker 14
Beth Fetter 14
Nancy Zeleznik 16
Mary Ann Colvin 19
Jo-Ann McCaffrey 20
Marge Lynch 22
Alice Voigt 22
Margaren Collis 24
Kim Rohter 25
Barbara Morris 27
Julie Thompson 29



Interim President:

Linda Cornell

1st Vice President/Programs:

Mary Flynn

2nd Vice President/Hospitality:

Sue Leidner

Recording Secretary:

Cyd Law

Historian (photos):

Sandy Bove

Luncheon Reservations:

Sonia Beltran
Marcela Mojica

Membership:

Judy Zellers

Newsletter:

Annie Sanders

Treasurer:

Joanne Simmons/
Marcela Mojica

Activities:

Bobbie Boggs

Community Involvement:

Brenda Oakley

Publicity:

Sandra Bove

Parliamentarian:

Betty Smith

Outreach Secretary:

Bonnie Lachowicz

Social Media:

Anna Byrnes
