



Central Florida Spokes



October 2022



October 12th Luncheon

Heathrow Country Club @ 11 a.m.

Menu

Gourmet Salad Bar with Dressings

Rolls & Butter

Grilled Salmon with Honey Dijon Glaze - GLUTEN FREE

Lemon Chicken Florentine - GLUTEN FREE

Green Beans Almondine

Sweet Potato Mash

DESSERT

Pumpkin Cheesecake, Caramel Sauce & Whipped Cream



President's Message

Sue Leidner



The anticipation of all things Fall is in my heart. I love everything about the season: the weather, colors, positive attitudes, festivals, and the harvest. It is a time to look forward to harvesting what we have planted and nurtured these past months. Your Spokes Board has worked hard this summer to plan wonderful social and community service opportunities for our members. We had our two goals in mind: social/relationship opportunities and community service. In keeping with that thought, I suggest we look forward to October as a time to plant community seeds that we will harvest for our charities in April and May. You will have several opportunities this month to do your part, small or large, to help us reach our community goal. The first major fundraiser of the year is Game Day held on Thursday, October 20, at DeBary Country Club. Besides being a great social event, everyone says they have a lot of fun and 100% of the funds raised from the bake sale and silent auction go to our charities. Donate a baked good. Bring a treasure for the auction. The October luncheon is going to be a really awesome event too, with a fashion show featuring the clothes from The Rich Hippie. You will be sure to find a new Fall fashion you just can't live without! Our other very important

goal this year is to increase our meaningful relationships. Some of the key ingredients to a great friendship is spending time together, enjoying similar activities, and sharing happiness. Belonging to a friendly group like Spokes helps us stay connected. It is shown time and time again through research that positive relationships increase physical and mental well-being. So have fun getting connected! Keep your eye on the goalpost. Do at least one thing to help us reach our Team Spokes Goals. Embrace the things that matter, whatever the season.

Affectionately,
Sue Leidner

[Click here to RSVP for October Luncheon \\$29 at the door](#)



<i>Luncheon Menu</i>
<i>Tossed Green Salad</i>
<i>Sliced Flank Steak Bordelaise</i>
<i>Chicken Florentine with creamy sauce</i>
<i>Mashed Potatoes</i>
<i>Rolls, Butter</i>
<i>Coffee, Tea</i>
YUMMMMMMMM

Gather together tables of 4 or more to play your game of choice! Select a table captain, **memo her name on your check**, and mail NO later than **Saturday, October 15th** to:

Diane Winterhoff
391 Glen Abbey Lane
DeBary, FL 32713

GAME DAY

Thursday, October 20, 2022

at DeBary Golf & Country Club
300 Plantation Club Drive
DeBary, FL
\$27/person
10 a.m.-2 p.m.

A full day of fun including..

Bake Sale
50/50 Drawing
Silent Auction
\$ TREE

Sponsored by:
Central Florida Spokes



**Central Florida Spokes
Game Day**

October 20, 2022

This is our annual Game Day whose profits will benefit our charities of choice. Get your tables of 4 or more together to play any game you wish, including board games. All checks for a table need to be mailed or given to Diane Winterhoff (address below) no later than October 15th. Memo your check (\$27) with the names of each player, if a joint check. We ask that one person be in charge of her table and her name be emphasized so you can identify your playing table upon arrival on **Game Day**.

Thank you for donating new or VERY gently used items for the **Silent Auction** which you can bring to the September or October luncheon. Some fabulous finds have been on past Silent Auction tables such as designer purses, almost brand new Ravensburger puzzles, brand new with tags on clothing items, jewelry, framed pictures, and lots and lots more.

Pat Knopka will also be heading up our ever-popular **Bake Sale**. Pies, cakes, cookies, breads, quiches, etc., would be greatly appreciated. Sign-up sheets will be on each table at the September & October luncheons.

There will also be a **50/50 drawing** and a **\$100 money tree** donated by members of the Spokes Book Club to be raffled off.

Your check made out to Central Florida Spokes is your reservation. Mail or give to:

Diane Winterhoff
391 Glen Abbey Lane
DeBary, FL 32713

The Game Day Committee:

Linda Cornell 407-628-3055

lindacornell8@gmail.com

Pat Knopka 407-687-8411
knopkatr@aol.com

Judy Zellers 407-366-9393
judyzellers@mail.com

Wendy Dorn 407-463-2111
growler2@live.com

Diane Winterhoff 386-785-4429
dewinterhoff77@gmail.com

All money raised at Game Day will be donated to our charities of choice this year.



GAME DAY BAKE SALE

Calling all bakers & buyers! It's that time again. Game Day and the accompanying Bake Sale will be held on Thursday, October 20 at Debary Golf & Country Club. We are looking forward to a good turnout, a lot of fun, and lots of desserts brought in by our Spokes members. Please show your support for the Bake Sale by coming in with something wonderful & delicious in your hands that you either baked or bought and then leaving with something that you bought.

Cookies are always a big seller. So is banana bread, brownies, and coffee cakes. Please make sure that nothing is too big. Two 8 X 8 cakes are better than one 13 x 9. Six cupcakes on two platters are better than one platter with 12. People would rather buy several small things than one big one, such as a big cake. How do I know that? Because that's what they tell me. Big things don't sell well. The

exception here are pies. If anyone is a pie maker, no matter what kind you make, it will go like wildfire.

Linda Cornell will be coming with 10 quiches frozen in a cooler. Pay for one early because they go fast. Remember to take it frozen from the cooler when you leave. Speaking of frozen quiches, if you are bringing in anything frozen or cold, such as a cream pie, then it needs to be kept frozen or cold. From the time ladies come in till the time they leave and get home will be a lot of hours, and we don 't want anyone to get sick on something that should be kept cold but has warmed up.

After everything is brought in, we need a lot of people to buy. Last year we made an astounding \$581! We were all thrilled and every penny went to our charities. Hopefully this year will also be a successful year with Game Day and the Bake Sale but only YOU can make it a success. Sign-up sheets will be on every table at the September luncheon. Please take a moment to add your name and what you will bring. If you don 't know what you will bring yet, your name and a question mark will do. You can come up with something later. Thank you in advance for all the wonderful things you will bring in.

My team and I are looking forward to being very busy on that day with all the desserts coming in and being bought. As always, we never have so much fun working so hard!

Pat Knopka, Chairman

and

The Bake Sale Team:

Debbie Whiston

Pat McCarroll

Ginny Iliffe



Click [HERE](#) to update info for directory...Annie Sanders,
Newsletter Editor & Membership Directory



Membership Coordinator
Judy Zellers

Membership Directory



Activities Coordinator
&
Web Master



Brenda Dost

Save the date!

Put on your calendar right now...

December 14th! *A Cup of Christmas Tea* is coming and Spokes is looking for ladies who will volunteer to decorate one table for the luncheon that day. Get your creative on and contact Linda Cornell at lindacornell8@gmail.com and let her know you'll do a table.



Click [HERE](#) to RSVP for a table

Dear Spokes Members,

If you haven't found a Spokes activity that speaks to your interests, maybe you should look again. From game groups to book club and dining together – Spokes offers so many opportunities to get out and mingle – to grow or find your tribe. Groups are getting organized for the year and this is a great time to jump on board. Check out our new website for a great overview: centralfloridaspokes.com/activities.

If you are interested in forming a group that you think others would be interested in, contact me at brendacdost@gmail.com or at 708-217-7982.

Find a group of people who challenge and inspire you, spend a lot of time with them, and it will

change your life.

Amy Poehler



**Hand, Knee & Foot
Coordinator**

Chris Stouffer

Second Tuesday of the Month...

Duffy's Sport Bar
951 Market Promenade Ave.
Lake Mary 32746



**Community
Involvement
&
Mah Jongg
Coordinator**

Wendy Dorn

Charity Nominating Time!

The deadline for Spokes Charity Nominations is October 31, 2022. Below is a form you can complete or there will be forms at the September Luncheon. After completion, either return to me or email to growler2@live.com.

Please remember, the charity must be a registered Florida 501(3)C non-profit and receive NO government funds. This is our opportunity to help our local charities.

Thank you for your nominations!

Recommendations will be announced at the December luncheon.

Click [HERE](#) to open Charities Nomination Form



National Mah Jongg League (with annual card)

Join us in the private dining room at the Sanford IHOP at I-4 (year round) on the 1st & 3rd Fridays MONTHLY from 11 a.m. to 2 (or longer). We purchase lunch as the room is free!

WE'LL TEACH BEGINNERS! Come join us for a fun time and learn a new skill!

Contact Wendy Dorn at 407-463-2111 or click on the Email link below.

RSVP to Wendy for Mah Jongg [HERE](#)



Casual Cooking
Coordinator

Marcia Miller



Friday, October 7, 2022 at
11:30

Tiffany Casey's Home
1735 Billie Lynn Pt.
Sanford, FL 32772

16 Lovely Ladies are able to attend

Click [HERE](#) to RSVP for Casual Cooking to Annie Sanders, Co-Host



There is an opening for Hostesses for the April Casual Cooking. Consider opening your home to our wonderful Spokes ladies!



Shanghai Tuesday Coordinator

Rosemarie Soper

Every Tuesday, year-round play
10:45-3:30

GOLDEN CORAL
897 W Town Pkwy
Altamonte Springs, FL
407-775-1914
roesoper1@cfl.rr.com



Book Club Coordinator

Linda Cornell

The record-breaking phenomenon from Elizabeth Kostova is a celebrated masterpiece that "refashioned the vampire myth into a compelling contemporary novel, a late-night page-turner" (*San Francisco Chronicle*).

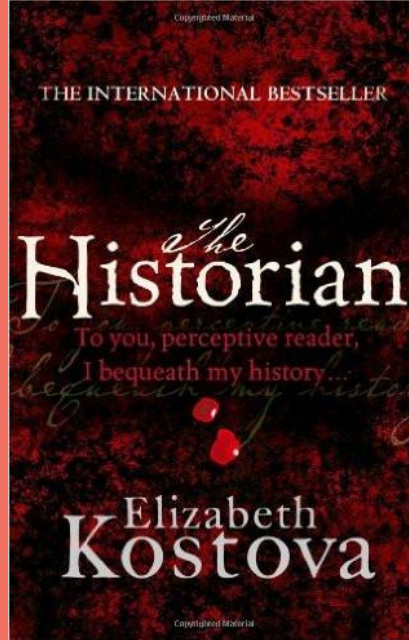
Breathtakingly suspenseful and beautifully written, *The Historian* is the story of a young woman plunged into a labyrinth where the secrets of her family's past connect to an inconceivable evil: the dark fifteenth-century reign of Vlad the Impaler and a time-defying pact that may have kept his awful work alive through the ages. The search for the truth becomes an adventure of monumental proportions, taking us from monasteries and dusty libraries to the capitals of Eastern Europe—in a feat of storytelling so rich, so hypnotic, so exciting that it has enthralled readers around the world.

“Part thriller, part history, part romance...Kostova has a keen sense of storytelling and she has a marvelous tale to tell.” —*Baltimore Sun*

Join us for a spooky good time on October 26, 2022 at 10 a.m.

Bobbie Boggs' house
220 Milford Haven Cove
Longwood, FL 32779

RSVP to Bobbie at 321-277-6046 or bboggs46@gmail.com



Click [HERE](#) to RSVP to join Book Club Discussion



Dining In Coordinator

Tiffany Casey

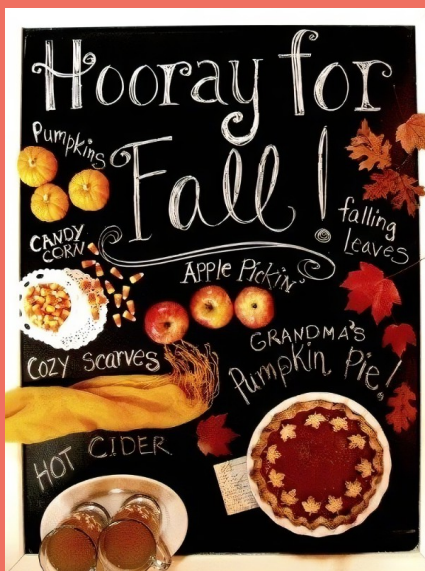


Dining In

Couples are Welcome

BYOB

Saturday, October 15, 2022



Fall Favorites

Co-Hostess: Anna Byrnes

Brenda Dost's Home

1884 Wingfield Dr.

Longwood 32779

The theme is *Fall Favorites* and attendees will be asked to bring salads, appetizers, main dishes or desserts featuring fall flavors.

Anna will be making a delicious pumpkin soup, and Brenda will be making turkey cream cheese cranberry paninis.

Reserve your spot(s) at brendacdost@gmail.com or 708-217-7982 (by phone or text). Let her know what you would like to bring or ask what is still needed.

Only 20 people can attend, so please reserve early.

Click [HERE](#) to RSVP for Dining In



Find Your
Fabulosity

Put a bright smile on a victim of domestic violence by donating your new lipsticks. Women who come into a shelter often have nothing other than the clothes on her back, making her feel emotionally and physically insignificant. By looking at herself in the mirror, she will begin to see the beauty in her outer self which will help to transform her inner self-confidence.

Find Your Fabulosity appreciates your donations, which you can bring to any luncheon.

Sandy Bove
407-463-9437

Click [HERE](#) to arrange lipstick drop off with Sandy Bove



Correspondence Secretary

Audrey Karwandy

A big part of our social club is letting our members know how much we care!



Do you know of a member coping with an illness, recovering from surgery, grieving a death, or needs encouragement?

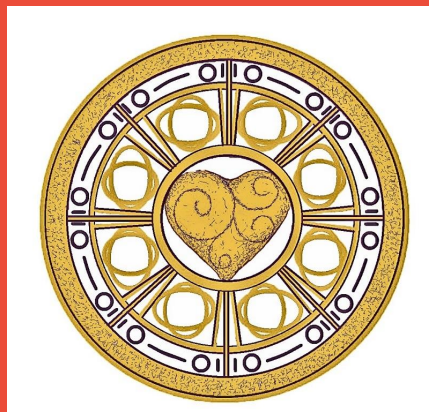
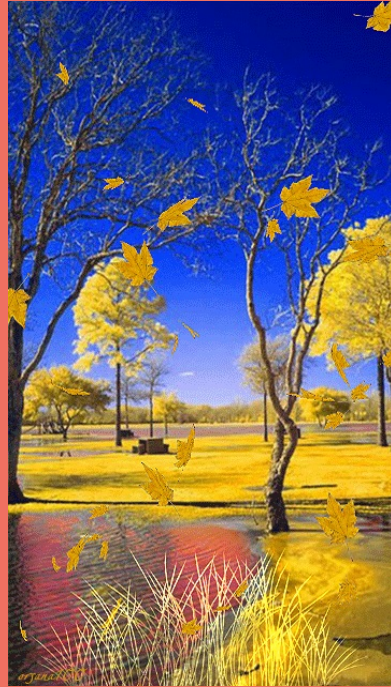
Email Audrey: [HERE](#)



September Luncheon pics...







CFS Website: [HERE](#)





Happy Birthday to you in October!

- 3 ~ Bonnie Buesching
- 4 ~ Vicki Sorensen
- 6 ~ Tiffany Casey
- 8 ~ Dede Fluhr
- 14 ~ Carol Baker
- 15 ~ Tina Rasi
- 16 ~ Nancy Zeleznik
- 19 ~ Mary Ann Colvin
- 20 ~ Jo-Ann McCaffrey
- 22 ~ Alice Voigt
- 24 ~ Margaret Collis
- 25 ~ Kim Rohter
- 26 ~ Muriel Mueller
- 27 ~ Barbara Morris
- 29 ~ Julie Thompson



Central Florida
Spokes



President:

Sue Leidner

Vice President/Hospitality:

Brenda Oakley

Recording Secretary:

Cyd Law

Treasurer:

Marcela Mojica

Activities:

Brenda Dost

Community Involvement:

Wendy Dorn

Historian (photos) &

Publicity:

Sandy Bove

Luncheon Reservations:

Sonia Beltran

Membership:

Judy Zellers

Newsletter & Directory:

Annie Sanders

Parliamentarian:

Bobbie Boggs

Outreach Secretary:

Audrey Karwandy

Social Media:

Anna Byrnes

Web Master:

Brenda Dost

Central Florida Spokes | PO Box 915493, Longwood, FL 32791-5493

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