

What is scarier than witches & goblins at Halloween?

Not receiving another Spokes newsletter
& being removed from the membership directory
because you didn't renew your membership.

#### **RENEWAL DEADLINE IS SEPT. 30 - Dues \$25**

|  | CENTRAL FLORIDA SPOKES  |
|--|---|
|  | NEW MEMBER APPLICATION and/or RENEWAL FORM  |
| CHECK ONE: RENE                                    | WALNEW MEMBER   |
| Last Name:   | First name  |
| Street Address:                                    |   |
| City:  | State:Zip:  |
| Home Phone:  | Celt:   |
| E-Mail:  |   |
| Birthday:  | Interests, hobbies, talents   |
| Spokes activities of r                             | most interest to you:   |
| Sponsor's name:                                    |   |
| Membership Dues: N                                 | Membership year runs from June 1st through May 31st   |
| \$25.00 if joini                                   | ing or renewing between June 1st through December 31st  |
| \$12.50 if join                                    | ing January 1st through April 30th  |
| MAGNETIC   | NAME TAG IS AN ADDITIONAL \$8.00 YES NO   |
|  |   |
| Check#   | Amount  |
| Please make check p                                | payable to: Central Florida Spokes along with your application form   |
|  | Central Florida Spokes  |
|  | PO Box 915493   |
|  | Longwood, FL 32791-5493   |
|  | Attention: Membership   |
| Signature  | Date:   |
| you or your guests whi<br>insurance, if any, is yo | iledges that you are aware that Central Florida Spokes, Inc. does not provide insurance covering<br>le attending any event(s) promoted or sponsored by Central Florida Spokes and that your persons<br>or solvermedy. In addition, by signing this application, you understand that you and your guests<br>tible for any letury or harm write attending a Spokes event. |
| Central Florida Spokes<br>organization.            | s is a 501(c)7(non-profit, social) corporation and registered with the State of Florida as a charitable   |
|  | ck Received Amount Paid   |

Click here to download renewal form TODAY!



October 2023



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# October 11<sup>th</sup> GAME DAY & LUNCHEON

Heathrow Country Club @ 10 a.m.

### Menu

Mixed Greens & Romaine
4 Assorted Toppings
Balsamic & Ranch Dressings
Rolls & Butter

Sliced Marinated Sirloin with Red Wine Demi Glaze - Gluten Free

Lemon Chicken Florentine - Gluten Free Seasoned Green Beans Mashed Yukon Gold Potatoes

Bake Sale Items for Dessert

### B's Buzz

## Brenda Dost President



October, 2023



The season of fall is traditionally about harvest and reaping the fruit of our labors. At Spokes, October means Game Day is here--when we come together and spend a beautiful day enjoying games and/or

connecting with our friends, sharing favorite foods from our kitchens, and offering up unneeded, but gently-used (or unused!) household and personal items for others to treasure.

Why do we gather, play, eat, and shop the bake sale and silent auction on Game Day? Because giving back to the community has always been a key mission of Central Florida Spokes. In May, 2023, we donated \$6,000 to three local organizations—I-Dignity, JOSH (Just Our Soldiers' Helpers) and Journey's End. We also collected \$20 gift cards for Seniors First holiday baskets, lipsticks for Find Your Fabulosity to assist their efforts to help abused women, and sewed, stuffed, and delivered 450 heart pillows for cardiac surgery patients.

I'd like to share a short story, of unknown origin, which beautifully describes how helping others benefits all of us.

#### Blue Ribbon Winning Corn

One year a newspaper reporter interviewed a farmer about his state fair prize-winning corn and learned something interesting about how he grew it. The reporter discovered that the farmer shared his seed corn with his neighbors.

"How can you afford to share your best seed corn with your neighbors when they are entering corn in competition with yours each year?" the reporter asked.

"Why sir," said the farmer, "didn't you know? The wind picks up pollen from the ripening corn and swirls it from field to field. If my neighbors grow inferior corn, cross-pollination will steadily degrade the quality of my corn. If I am to grow good corn, I must help my neighbors grow good corn."

## Revised Instructions on Game Day Sign-up:

Game Day/Lunch Reservations: Members make reservations and pay \$30 for lunch at the door as usual at Heathrow. Reservation deadline is Wednesday, October 4, and the cancellation deadline is Thursday, October 5.

- If you will be playing with a group, please include the table captain's name with your **email** reservation
- If you come as a single, you can play a game with other orphans OR watch games to learn how to play OR simply enjoy socializing and non-game activities like buying/eating delicious bake sale items and placing bids in the silent auction.

Game Table Requests: Game Table Captains may request tables for their games by sending info on the game to be played and name/number of people at the table (3-6) by email to Sonia Beltran or calling 407-474-7460 by Wednesday, October 4. Any changes should be sent to Sonia by Thursday, October 5.

Note: If you already sent in a check(s), thank you -- no change needed. We changed the process at member request.





# Membership Coordinator Tina Rasi

## Do you enjoy your Spokes membership?

**Share Spokes with a Friend--or Two!** 

Invite a friend to one of our upcoming great 2nd Wednesday luncheons at Heathrow or bring a friend to sit in on a game, book club discussion, or other activity. Non-members may attend an activity no more than twice, after which they are asked to join.

Dues remain at \$25/year -- a real value for access to our many opportunities to connect and to give back. Our website (centralfloridaspokes.com) can help you share what Spokes is all about.

**Click here to download and print Membership Form** 

Click HERE to update info for directory...Annie Sanders, Newsletter Editor & Membership Directory

**Click HERE for latest Membership Directory** 





Our Holiday luncheon in the past few years has included some beautifully decorated tables for you to sit at and enjoy. We're looking for individuals and/or teams to volunteer to decorate a table for our luncheon on December 13th. We need to decorate 12 tables for eight people. If you will help this year, get your creative juices flowing and call Linda Cornell or email her at indacornell®@mail.com and volunteer to decorate a table. It doesn't have to be elaborate, although some of our teams have gone all out. A lovely holiday flower arrangement and holiday napkins will make a pretty table. Please strongly consider joining in the fun of decorating a table.





# 2nd Vice-President -Hospitality

**Sandy Bove** 

# Please Join Us for a Hospitality Coffee for New Members Thursday, October 26, 2023, 10 a.m.

Home of Brenda Dost
1884 Wingfield Drive, Longwood

New members are important to Spokes, and so we want to invite you to a coffee to learn more about how you can enjoy your Spokes membership, our community involvement programs, and ways to volunteer "a little" and get to know fabulous women like yourselves better.

Please RSVP by to Sandy Bove, by phone at 407-463-9437, or email at <a href="mylipstix@aol.com">mylipstix@aol.com</a>. If you haven't attended a hospitality coffee and

would like to, please come!







# **Activities Coordinator Bonnie Buesching**

lindacomell8@gmail.com

linrob1574@yahoo.com

klear123@hotmail.com

sticasey1@yahoo.com

hoh4jc@gmail.com

cstouffer@cfl.rr.com

lanice162@aol.com

growler2@live.com

dmgolf@cfl.rr.com

paynekay50@yahoo.com

sharon.schneck@gmail.com

madorndancer16@cfl.rr.com



Learn, Play, Connect, & Laugh w/Dynamic Women at Book Club @ Game Groups @ Dining Groups @ More

Have another activity idea? Contact Bonnie Buesching 614-266-7281 or grayduck2705@gmail.com.

407-628-3055

407-340-0776

407-739-6862 407-463-2111

407-775-1914









Leader

Linda Cornell

Kim Rohter

Linda Richcreek

Sharon Schneck

Marcia Miller

Tiffany Casey

Kay Payne

Wendy Dorn

Marilyn Martin

Janice Czalkowski

Holly Herrington











every Tues, 10:30 am, Bob Evans, 385 SR 436, Casselberry

1" & 3" Fri, 11 am, Duffy's Sports Bar, 951 Market Prom, Lk Mary

4th Weds, 10:00 am, @ member homes

727-458-3163 3<sup>rd</sup> Weds, 12:30 pm, 500 Golf Tee Ln, #101, Longwood

704-323-1274 4th Sat, 7:00 pm, every other month @ member homes

407-720-0788 3-4 times/year; group visits to Central Florida of interest

407-718-5215 4th Tues, 11:30-2:30, 500 Golf Tee Ln, #101, Longwood

407-333-1276 2<sup>nd</sup> Tues, 11 am, Duffy's Sports Bar, 951 Market Prom, Lake Mary

407-782-7176 3rd Sat, bimonthly, 6:30 pm, @ member homes

708-201-8941 3<sup>rd</sup> Thurs, noon, @ member homes

321-363-1561 2<sup>nd</sup> Fri, 11:00 am, @ member homes







**Click HERE for Activity Group Leaders & Dates** 

# NEW!! Rock Painting Class for Beginners Bring out your hidden creativity!



Spokes Saturday morning class to decorate 3 holiday rocks of your choice.

Useful for little gifts or thank you's to friends, good luck gifts, holiday
decor, paperweights, set in a potted plant or a garden etc.

All supplies provided plus personal instruction.

Date: Saturday Oct 21 from 10:30 am - noon

Place: Home of Brenda Dost, 1884 Wingfield Dr., Longwood

**Fee:** \$20 collected the morning of the class

RSVP: grayduck2705@gmail.com or 614-266-7281 or

Sign up at the luncheon.

Class size limited: if you RSVP please plan on attending or call Bonnie 3 days prior to Saturday to allow someone on the "wait list" to attend.

Click HERE to RSVP for Rock Painting Class



Join us for

**GAME DAY 2023** 



Wednesday, October 11 10 a.m. – 2:00 p.m. Heathrow Country Club

Our annual GAME DAY is now happening with our October Heathrow Luncheon on October 11! This is one of our major fund raisers of the year to support our community involvement efforts. Now is the time to form your groups for the game you would like to play. Please let Sonia Beltran know who is the table captain and how many are expected to play at the table when Game Day reservations are made. The table will have a sign with the table captain's name. Payment will be at the door.

If you're not into games, just come, enjoy lunch, talk with friends, and participate in our fabulous BAKE SALE & SILENT AUCTION, 50/50 & MONEY TREE RAFFLES!

We are in need of SILENT AUCTION items. Accepting donations of new or very gently used items. We always have amazing finds such as almost new Ravensburger puzzles, framed pictures, holiday decor, clothing, jewelry, and more. Please contact Judy Zellers or Kim Rohter.

Pat Knopka will again head up our yummy BAKE SALE! Your donations of either home-made or store-bought items are needed. There are always delicious goodies to buy!! For details, see her article below.

See everyone at GAME DAY! Got questions -- call the person in charge.

#### **GAME DAY COMMITTEE**

- Wendy Dorn, 407-463-2111, growler2@live.com
- Pat Knopka (Bake Sale), 407-687-8411, knopkatr@aol.com
- Judy Zellers (Silent Auction), 407-366-

9393, judyzellers@gmail.com

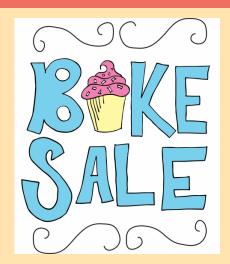
• Kim Rohter (Silent Auction), 727-458-3163, klear123@hotmail.com

# October is BREAST CANCER AWARENESS MONTH.

If you or someone you know has been affected by this horrifying disease, please wear pink to the luncheon in support.  $\Box$ 







### **GAME DAY BAKE SALE**

October 11, 2023

Cookies anyone? This is for anyone who likes to eat...and that means everybody!

Our annual *fabulous* **Game Day Bake Sale** is coming up on October 11 at

Heathrow and we need you. Whether you bake or buy something to bring in to sell at the Bake Sale, it's all good. We are looking forward to a good turnout, lots of fun, and lots of desserts brought in by our Spokes members. If you are coming to Game Day, please show your support for the Bake Sale and bring in something to sell.

Unless you are brand new to Spokes, you know what sells: *cookies, muffins, brownies, coffee cakes, cupcakes* - anything that is not too big. *Pies* are the exception and they sell fast and bring in a lot of money. Something *savory* is good too. Linda will be bringing in 10 delicious frozen quiches and that is a big seller. Pay for one early and take it out of the cooler frozen just as you leave.

It will be hard to top last year when, thanks to your generosity, we brought in \$869 for our charities, but we are going to try. We are one luncheon short this year to sign people up to bring something in, so I am going to depend on the September luncheon for ladies to sign up. Please add your name to the sign up sheet, bring something in, and then buy, buy, buy! Only **YOU** can make Game Day and the Bake Sale a success.

Pat Knopka & The Bake Sale Team







# SeniorsFirst, Inc. Betty Smith, Liason

Your gift of a \$20 Publix or Walmart gift card will bring the spirit of the holidays to senior citizens in our community that would otherwise be forgotten at Christmas. Seniors First needs to secure 2,000 cards.

Please bring your gift cards to our September, October, or November luncheons. All checks should be made out to SeniorsFirst, Inc., with the Memo line on check "Spokes XMAS". Mail all checks to SeniorsFirst, Inc. at 5395 LB McLeod Rd., Orlando, FL 32811 no later than December 1, 2023. Betty Smith will be collecting the cards and any checks to pass to SeniorsFirst at each of the luncheons. We will accept gift cards as late as the December luncheon but SeniorsFirst needs them earlier if possible.

SeniorsFirst, Inc. is one of Spokes' annual Community Involvement projects with donations collected at every Christmas time. We are actually one of their largest supporters of this initiative every year. Ladies, let's make it happen again this year. Your generosity is very much appreciated by these struggling seniors.



# **Casual Cooking Coordinator**

#### Marcia Miller



For one month...

Casual Cooking is going ON THE ROAD!

Friday, October 6<sup>th</sup> at 11:00 a.m.

The Front Porch of the Tap Room at Dubsdread\*\*

549 West Par Road Orlando

\*\*It'll be great fun!

Please RSVP to Holly Herrington for Casual Cooking



# **Excursions Coordinator**

## **Holly Herrington**





Join Us for **The Festival of Trees** 

at the Orlando Museum of Art 2416 N. Mills Ave., Orlando

### Monday, November 13

Meet-up for lunch at MOA Cafe, 11:30 am
Enjoying the Decorations, 12:30 - 2:00/2:30 pm\*

\*Carpools recommended, time spent in museum flexible

**Tickets:** Seniors - \$12, Adults - \$20; **Parking** - \$7 per car **Lunch** \$8-15: Lovely soups, sandwiches, desserts, cafe fare

You'll be inspired by the Festival of Trees, a fundraiser for the OMA, which has become a Central Florida tradition. It features the work of many designers and companies--including many themed trees, table

settings, gingerbread, wreaths and more. Many items are available for purchase.

Individuals may purchase their own tickets online (link will be sent to those who rsvp when available) or she can purchase them for you. To reserve your spot, call Holly at 407-720-0788 or email her using the RSVP button below.

RSVP Festival of Trees -- Include Name & Phone Number



# **Bunco 1 Coordinator**Linda Richcreek





3<sup>rd</sup> Thursday @ 12:30 p.m. Meet at Members' Homes Drinks and Dessert provided Bring \$5 for the game Call Linda at 708-207-8941

**Click HERE to RSVP to Linda** 



# **Bunco 2 Coordinator**Kim Rohter





3<sup>rd</sup> Wednesday of the Month

Glenbrook Apartments
520 Golf Tee Lane, Unit 101
Longwood
12:30-4

Bring your own lunch, snack, drink
If you are interested, please contact
Kim Rohter - Coordinator
727-458-3163 (call if you have questions)
klear123@hotmail.com.

Future Dates FYI:
Oct 18, Nov 15, Dec 20, Jan 17, Feb 21

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## **Scrabble Coordinator**

# **Marilyn Martin**



4<sup>th</sup> Tuesday of the Month ~ 12:30-3:30 Have lunch prior to...but bring a snack & beverage of choice 540 Golf Tee Dr. #102 (conference)

RSVP to

Marilyn Martin ~ 407-718-5215, dm4golf@cfl.rr.om

if you have questions





# Playful Poker Coordinators

Kay Payne & Janice Czaikowski

Meeting time 11 a.m. the 2<sup>nd</sup> Friday of the month

Poker seems to have a reputation of smoke-filled rooms, men with visors and serious money involved. Not for us! We get together to

have fun, share laughs and stories, and play some really interesting poker games where so many things are wild except for us.

Come join us and share our good times.

**Click HERE to RSVP to Janice** 





# Hand, Knee & Foot Coordinator

**Chris Stouffer** 

Second Tuesday of the Month...

Even if you don't know how to play and are interested in learning, you are welcome to join us at 11:00 to observe and have lunch. I can then put you on our sub list once you think you are comfortable playing. Remember, we all were new at the game at one time!

Contact Chris at 407-810-8616 or cstouffer@cfl.rr.com.

**Duffy's Sport Bar** 951 Market Promenade Ave. Lake Mary 32746



**Community Involvement** 



# & Mah Jongg Coordinator Wendy Dorn

# Central Florida Spokes, Inc.

#### Charities Nomination Form

Please nominate a charity to receive a donation from funds raised by Central Florida Spokes, Inc. A few guidelines would be:

- 1. CFS does not support religious, political or advocacy groups.
- 2. The charity must be a not-for-profit 501(c)3, licensed in the state of Florida.
- A local charity, not a national charity, that does not receive foundation or grant funding.

Please feel free to send in the names of any charity you feel is worthy. Your input is greatly appreciated!

| Name of Charity | <br>                     |  |
|-----------------|--------------------------|--|
| Contact Person  |                          |  |
| Address         |                          |  |
|                 | Phone                    |  |
| Email           |                          |  |
|                 | nfo or flyer if you can) |  |

Your name and contact information:

Please send completed form no later than October 31 to:

Central Florida Spokes, Inc., P.O. Box 915493, Longwood, FL 32791



# National Mah Jongg League (with annual card)

Join us in the private dining room at

### **Duffy's Sport Bar**

951 Market Promenade Ave.

Lake Mary 32746

(year round) on the 1<sup>st</sup> & 3<sup>rd</sup> Fridays MONTHLY from 11 a.m. to 2 (or longer). We purchase lunch as the room is free!

WE'LL TEACH BEGINNERS! Come join us for a fun time and learn a new skill!

Contact Wendy Dorn at 407-463-2111 or click on the Email link below.

Click HERE to RSVP for Mahjongg





# **Dining In Coordinator Tiffany Casey**

Dining In October 14, 6:30

At the home of

Joan Fonseca 4129 Pacifica Dr Orlando 32817

Twelve lucky folks will feast on Moroccan Chicken

Call Joan at 407-461-4292

to discuss a coordinating dish to bring (possible suggestions: Salads, Veggies, Rice Pilaf, Bread, Desserts)

BYOB Soft Drinks, Iced Tea, Lemonade provided

Some of us really love an opportunity to dress up:

Dress to Impress

Be Creative

Your Style

Join in the Fun!





**Shanghai Tuesday Coordinator** 

**Rosemarie Soper** 

Every Tuesday, year-round play



Bob Evans on 436, Casselberry call Deby Seymour at 407-970-9661 or

Click HERE to RSVP to Rosemary





# **Book Club Coordinator Linda Cornell**

Click HERE to RSVP to join Book Club Discussion

# The Picture of Dorian Gray

by Oscar Wilde

An astounding novel of decadence, debauchery, and secrecy from one of Ireland's greatest writers. Nominated as one of America's best-loved novels by PBS's *The Great American Read* 

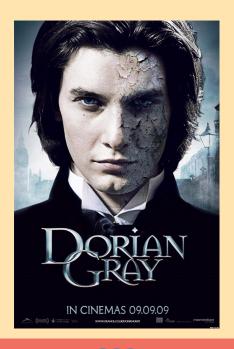
Enthralled by his own exquisite portrait, Dorian Gray makes a Faustian bargain to sell his soul in exchange for eternal youth and beauty. Under the influence of Lord Henry Wotton, he is drawn into a corrupt double life, where he is able to indulge his desires while remaining a gentleman in the eyes of polite society. Only Dorian's picture bears the traces of his decadence. A knowing account of a secret life and an analysis of the darker side of late Victorian society, *The Picture of Dorian Gray* offers a disturbing portrait of an individual coming face to face with the reality of his soul. Shocking in its suggestion of unspeakable sin, this novel was later used as

evidence against Wilde when he was tried for indecency in 1895.

Join us for a discussion of *The Picture of Dorian Gray* on October 27<sup>th</sup> at 10:00 a.m. at the home of:

Bobbie Boggs
220 Milford Haven Cove
Longwood 32779

RSVP to Bobbie at bboggs46@gmail.com









Put a bright smile on a victim of domestic violence by donating your new lipsticks. Women who come into a shelter often have nothing other than the clothes on her back, making her feel emotionally and physically insignificant. By looking at herself in the mirror, she will begin to see the beauty in her outer self which will help to transform her inner self-confidence.

Find Your Fabulosity appreciates your donations, which you can

bring to any luncheon.

Sandy Bove, 407-463-9437

Click HERE to arrange lipstick drop off with Sandy Bove





# Correspondence Secretary Audrey Karwandy

A big part of our social club is letting our members know how much we care!



Do you know of a member coping with an illness, recovering from surgery, grieving a death, or needs encouragement?

**Email Audrey: HERE** 

















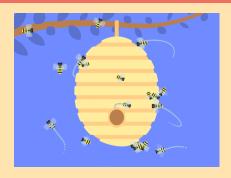












# **Happy Birthdays in October**

2 ~ Marilyn Martin

3 ~ Bonnie Buesching
4 ~ Vicki Sorensen
8 ~ Dede Fluhr
6 ~ Tiffany Casey
10 ~ Carol Baker
10 ~ Frances Butler
15 ~ Tina Rasi
16 ~ Diane Nye
19 ~ Mary Ann Colvin
25 ~ Kim Rohter
26 ~ Muriel Mueller
27 ~ Barbara Morris
29 ~ Julie Thompson



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|     | Spokes Calendar October 2023                 |                       |                                |   |                                    |  |  |  |
|-----|--|-----------------------|--------------------------------|---|------------------------------------|--|--|--|
| Mon | Tues   | Wed                   | Thurs                          | Fri   | Sat                                |  |  |  |
| 2   | 3<br>Shanghai 11                             | 4 Board<br>Meeting 10 | 5                              | 6 Casual<br>Cooking<br>11:00<br>Mah Jongg<br>11 | 7                                  |  |  |  |
| 9   | 10<br>Shanghai 11<br>Hand, Knee &<br>Foot 11 | 11 Luncheon<br>11:00  | 12                             | 13  | 14 Dining In<br>6:30               |  |  |  |
| 16  | 17<br>Shanghai 11                            | 18 Bunco2<br>12:30    | 19 Bunco1<br>12:30             | 20 Mah<br>Jongg 11                              | 21 Rock<br>Painting<br>Class 10:30 |  |  |  |
| 23  | 24<br>Shanghai 11<br>Scrabble 12:30          | 25 Book Club<br>10    | 26<br>Hospitality<br>Coffee 10 | 27  | 28                                 |  |  |  |
| 30  | 31<br>Shanghai 11                            |                       |                                |   |                                    |  |  |  |



### **CFS Website: HERE**







# Central Florida Spokes



#### President & Web Master:

Brenda Dost

### 1<sup>st</sup> Vice President:

Sue Leidner

# 2<sup>nd</sup> Vice President:

Sandy Bove

#### **Recording Secretary:**

Cyd Law

#### **Treasurer:**

Marcela Mojica

#### **Activities:**

Bonnie Bueshing

#### Historian:

Pam Skaggs

#### **Luncheon Reservations:**

Sonia Beltran

#### Membership:

Tina Rasi

#### **Newsletter & Directory:**

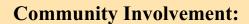
**Annie Sanders** 

#### Parliamentarian:

Judy Zellers

#### **Publicity:**

Barbara Hilton



Wendy Dorn

## **Correspondence Secretary:**

Audrey Karwandy

**Social Media:** 

Janice Daniels



Central Florida Spokes | PO Box 915493, Longwood, FL 32791-5493

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