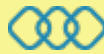




Central Florida
Spokes



Welcome
Back



Mission Statement:

- To welcome new and current residents!
- To involve our membership with social and humanitarian activities

- To support local charitable programs in an atmosphere of friendship and camaraderie.



Spokes Luncheon Programs

Mary Flynn, First Vice President – Programs

Welcome to a brand new year with brand new luncheon programs to entertain and enlighten us. In September we'll begin the Spokes year with Clara from *Em'z on Fifth* in Mount Dora. View the fashion show and shop Clara's fabulous, winning styles. She knows how to make you look stunning!

In October we're celebrating Octoberfest. You'll be entertained by a group in authentic Bavarian costume, playing music, doing dances, and entertaining as if you really were in downtown Munich for Octoberfest.

November we'll listen as *Young at Heart* entertains us again. Directed by Jodi Tassos, the *Young at Heart Chorale* is a



to join the fun, please call Linda at 407-628-3055. The tables will be judged for First, Second, and Third place by a venerable panel of past Spokes presidents. We will enjoy a high tea for our luncheon that day prepared by the consummate chef at Heathrow. There will also be several small boutiques in the lobby where you can easily finish any or all of your holiday shopping.

January is still a work in progress, but in February we're going to celebrate **CHOCOLATE!** What better month to celebrate what Linda Grayson says, "There is nothing better than a friend, unless it is a friend with chocolate." That day we'll enjoy a chocolate demonstration from one of the

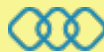
dynamic group of seniors ages 55 and over who love to sing. Their repertoire covers many styles and genres but specializes in favorite standards and show tunes. When *Young at Heart* sang for us before, they received a rousing standing ovation!

December will be nothing like you've ever seen before at Central Florida Spokes. Our theme is *A Cup of Christmas Tea*. We have eight ladies (or teams) already at work each designing a decorated table for the December luncheon. We would like to have more decorated tables so if you want

best-known chocolate shops in town. Of course, there will be samples and a chocolate boutique!

The remainder of the year will be filled with some very interesting and SECRET programs but will include a **Hat Day** and our big fundraiser of the year, **Flamingo Bingo**.

Now that you have a taste of what the year promises, we're hoping you will plan to attend all of these interesting and fun programs. See you at lunch – **always the 2nd Wednesday of the month.**



MONTHLY LUNCHEONS ARE 2nd WEDNESDAY OF EACH MONTH

Reservation Procedures

Reservations are accepted until **6 p.m. on the Friday before** the Luncheon. Reservations may be made as follows. Please make your special dietary requests at this time as well.

1. Email: spokesreservations@gmail.com. Your reservation will be confirmed with a reply **OR**
2. Call **Sonia Beltran** at **407-474-7460** to make your reservation.

A reservation may be cancelled by the Sunday before the luncheon by 6 p.m. with no obligation. Because Spokes must provide a guarantee to our venue, the member will be billed if a cancellation or "no show" occurs *after this time!*

Please bring your check to the luncheon in the amount of \$26, payable to Central Florida Spokes, Inc.



Interim President's Message

Linda Cornell



Labor Day kicks off so many exciting things in September, including the unofficial start of the fall season (well - maybe not in Florida) and the beginning of the school year and the reappearance of football season. September is also associated with new beginnings and this year especially we're experiencing a new beginning in Central Florida Spokes. I am looking forward to seeing all of you and, while maybe not being able to hug, I can't wait to be able to talk to you and see you and enjoy being with you in person!

Your **First Vice President, Mary Flynn**, has been busy this summer planning exciting and new programs for this coming year. We're kicking off the year with our first luncheon in the beautiful Heathrow Country Club and featuring a fashion show from fabulous **Em'z on Fifth**, a fine clothing boutique in charming downtown Mount Dora. **Em'z** offers fashion with style for the woman who likes to be noticed! Clara will be showcasing her new fall and winter fashions for your enjoyment. Wait until you see her amazing line of accessories to complete every ensemble.

All of our activities have now resumed, and I urge you to try out some of our activity groups. It's a great way to make new friends and you

might find you really enjoy a new activity. Try out **Shanghai, Ladies Poker, Bunco, Casual Cooking, Book Club, Dining-In**, or our **Out-To-Lunch-Bunch (OTLB)**. They're all tons of fun! Read on to find out when and where each activity group meets.

And finally, if all that is not enough, remember that Sept 5th is National Cheese Pizza Day, Sept 12th is National Chocolate Milkshake Day, Sept 14th is National Cream-Filled Donut Day, Sept 17th is National Apple Dumpling Day, Sept 18th is National Cheeseburger Day, and Sept 20th is National Pepperoni Pizza Day. Can you tell where my thoughts are?

See you in September! Linda



Menu for September Luncheon

Mixed Gourmet Greens with 3 Assorted Toppings

Ranch & Balsamic Vinaigrette

Fresh Cut Fruit

Assorted Rolls with Butter

Tuscan Chicken - *GLUTEN FREE*

Grilled Salmon with Dill Champagne Sauce - *GLUTEN FREE*

Dauphinoise Potatoes

Fresh Vegetable Medley

Lemon Bar with Raspberry Sauce & Fresh Whipped Cream



Luncheon Menu

Tossed Green Salad

*Sliced Flank Steak,
Bordelaise*

*Chicken Florentine
with creamy sauce*

Mashed Potatoes

Rolls, Butter

Coffee, Tea

Lemon Bars

Gather together tables of 4 or more to play your game of choice! Select a table captain, **memo her name on your check**, and mail NO later than Thursday, October 15th to:

Diane Winterhoff
391 Glen Abbey Lane
DeBary, FL 32713

GAME DAY

Thursday, October 21, 2021

at DeBary Golf & Country Club
300 Plantation Club Drive
DeBary, FL
\$27/person
10 a.m.-2 p.m.

A full day of fun including...

Bake Sale

50/50 Drawing
Silent Auction

\$ TREE

Sponsored by:
Central Florida Spokes



**Central Florida Spokes
Game Day**

October 21, 2021

This is our annual Game Day whose profits will benefit our charities of choice. Get your tables of 4 or more together to play any game you wish, including board games. All checks for a table need to be mailed or given to Diane Winterhoff (address below) no later than October 15th. Memo your check (\$27) with the names of each player, if a joint check. We ask that one person be in charge of her table and her name be emphasized so you can identify your playing table upon arrival on **Game Day**.

Thank you for donating new or VERY gently used items for the **Silent Auction** which you can bring to the September or October luncheon. Some fabulous finds have been on past Silent Auction tables such as designer purses, almost brand new Ravensburger puzzles, brand new with tags on clothing items, jewelry, framed pictures, and lots and lots more.

Pat Knopka will also be heading up our ever-popular **Bake Sale**. Pies, cakes, cookies, breads, quiches, etc., would be greatly appreciated. Sign up sheets will be on each table at the September & October luncheons. There will also be a **50/50 drawing** and a **\$100 money tree** donated by members of the Spokes Book Club to be raffled off.

Your check made out to Central Florida Spokes is your reservation. Mail or give to:

Diane Winterhoff
391 Glen Abbey Lane
DeBary, FL 32713

The Game Day Committee

Linda Cornell 407-628-3055 lindacornell8@gmail.com
Pat Knopka 407-687-8411 knopkatr@aol.com
Judy Zellers 407-366-9393 judyzellers@mail.com
Wendy Dorn 407-463-2111 growler2@live.com

All money raised at Game Day will be donated to our charities of choice this year.



HELP!

Several Board Members and Activity Coordinators are looking for assistants to help them bring to our membership the wonderful events & activities planned for 2021-2022.

Do you want to **become more involved** in the leadership of Central Florida Spokes and assist the Membership or Website Chairpersons?

These are wonderful opportunities for you to share your previous experience as a member in another organization or workplace to the benefit of Spokes.

Please contact a Board Member or Committee Chair with your interest!



New Membership Directory coming next month. Click here for the old one.



Membership Coordinator

Judy Zellers

Email Judy HERE with any contact changes you may have



Activities Coordinator



Bobbie Boggs

Friendships...We never lose touch even though we haven't been together for what seems like forever. But, fingers crossed, our Activity Leaders will be able to welcome our members this fall. If you have any questions about these activities, please give me a call at 321-277-6046. It will be so good to see you all again.

Book Club ~ Dale Blass, 407-880-8777, c 407-252-1247
10 a.m., 4th Wednesday
mdale@aol.com

Bunco Afternoon ~ Linda Richcreek, 708-207-8941
12 p.m., 3rd Thursday
Linrob1574@yahoo.com

Bunco Evening ~ Sharon Schneck, 407-323-1274
7 p.m., 4th Saturday
schneck2@cfl.rr.com
September, November, January, March

Casual Cooking ~ Marcia Miller, 407-340-0776
madorndancer16@cfl.rr.com
Watch newsletter for times & locations

Dining-In ~ Pat Knopka, 407-687-8411
6:30 p.m., 3rd Saturday
knopkaotr@aol.com
October, December, February, April

Hand Knee & Foot ~ Diane Winterhoff

11 a.m., 2nd Tuesday
Dewinterhoff77@gmail.com

Ladies Poker ~ Kay Payne, 407-767-0278
2nd Friday
paynekay50@yahoo.com

Shanghai Tuesday ~ Rosemarie Soper, 407-775-1914
Every Tuesday, 10:45-3:30
rosoper1@cfl.rr.com



Mah Jongg
Coordinator

Wendy Dorn

National Mah Jongg League
(with annual card)

Join us in the private dining room at the Sanford IHOP at I-4 (year round) on the 1st & 3rd Fridays MONTHLY from 11 a.m. to 2 (or longer). We purchase lunch as the room is free!

WE'LL TEACH BEGINNERS! Come join us for a fun time!

Contact Wendy Dorn at 407-463-2111 or click on the Email link below.



RSVP to Wendy for Mah Jongg [HERE](#)



Out to Lunch Bunch
& Casual Cooking Coordinator

Marcia Miller



Out To Lunch Bunch
(OTLB)

Wednesday, September 22nd at
12 noon

SIXTY VINES

110 Orlando Avenue
Winter Park, FL

Call Marcia to RSVP ~ 407-340-0776



Casual Cooking

Friday, September 3



Marcia Miller's house
601 Teresa Court
Maitland, FL

Please note: My Salmon is back! !
! Start time is 11:30 AM

Co-hostesses ~ Dorothy Petticrew & Patty Proechele

Reservations to Marcia Miller 407-340-0776

Total 18 seats available

[Click HERE to RSVP for Casual Cooking to Marcia](#)



Shanghai Tuesday Coordinator

Rosemarie Soper



Every Tuesday, year-round play
10:45-3:30

GOLDEN CORAL
897 W Town Pkwy
Altamonte Springs, FL
407-775-1914
rosoper1@cfl.rr.com



Dining In Coordinators

Pat Knopka & Miriam Stonestreet



SAVE THE DATE

The 2021-22 Spokes year is about to begin and after a long, hot, and rainy summer, won't it be fun to be back together! Miriam and I are looking forward to a great year and a lot of fun. This is an invitation to all Spokes members, couples or singles, to join us for a great time of eating, drinking and socializing. **Dining In** is held four times a year on the third Saturday of the month in the evening during the months of October, December, February and April.

This is how it works:

Hostess: The hosting couple or single has one or two co-hostesses to help out

Menu: The hostess sets the theme, or no theme, for that month and decides on a menu. Every couple or single is asked to bring a dish according to what the hostess needs

Drinks: Dining In is BYOB. Most people bring a bottle of wine and the hostess provides non-alcoholic beverages

Reservations: The hostess accepts reservations for that month after the first of the month. Reservations are limited to the amount of people the hostess can accommodate, usually 20 to 30

October Dining In will be on October 16 at the home of Marcia and Robert Miller. Address is 601 Teresa Ct., Maitland 32751 at 6:30. Co-hostesses will be Dorothy Petticrew and Patty Prochel. The theme for the evening will be "Fall is in the Air". Limit will be 30.

Make reservations with Marcia at 407-340-0776.

We look forward to seeing you for an evening of fun and food, catching up with old friends and making some new ones.



Game Day Bake Sale Chairperson **Pat Knopka**

Game Day and the Bake Sale are coming up soon - Thursday, October 21st to be exact. With missing it last year, we have some catching up to do to make money for our charities. This is your chance to shine. If everybody made or brought just one thing to contribute to the bake sale, it would be a huge success.

After bringing things in, we need buyers. You always come through with wonderful desserts like small cakes, cookies, breads, and brownies and savory foods like quiches. If you don't bake, feel free to buy something from Publix, Fresh Market or Whole Foods. Take it out of the package and make it look attractive on a plate. Also, all food must be covered with plastic wrap or put in a plastic see-through box.

There will be a sign up sheet on every table for the September and October lunches. That may be our only two opportunities to sign up. You have always come through in the past, and I know I can count on you to sign up to bring something in.

Let's see if we can once again make **Game Day** and the **Bake Sale** a success. Thank you so much in advance for supporting this major fundraiser.



Book Club Coordinator

Dale Blass



Book Club Ladies,

I am looking forward to another great year of reading a variety of books and having lively discussions during our monthly meeting.

If you are not already a member, please consider joining us. You won't be disappointed.

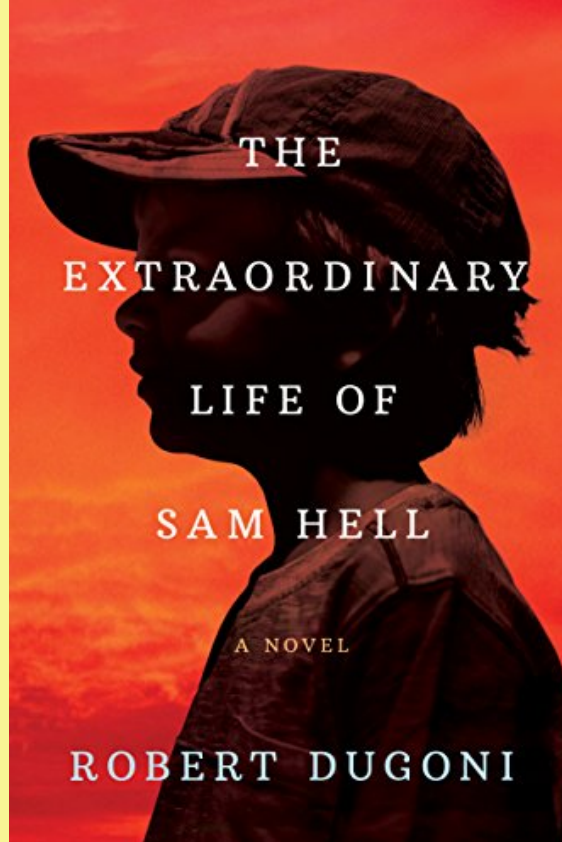
The September Book is titled *The Extraordinary Life of Sam Hell* by Robert Dugoni. And just in time for all you Halloween Lovers, the October book is one of the classics, *Frankenstein*.

I look forward to seeing everyone at the September 22nd meeting at the home of **Pat Feverston at 5712 Michelle Lane, Sanford**.

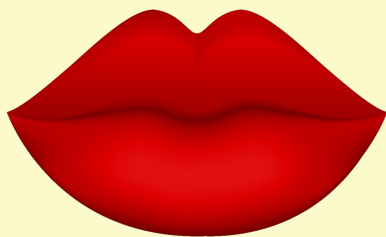
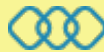
We meet the 4th Wednesday of the month at 10 a.m. in Book Club members' homes. Watch for the location in each month's newsletter.

Dale Blass

Click [HERE](#) to RSVP to join Book Club Discussion



Sam Hill always saw the world through different eyes. Born with red pupils, he was called “Devil Boy” or Sam “Hell” by his classmates; “God’s will” is what his mother called his ocular albinism. Her words were of little comfort, but Sam persevered, buoyed by his mother’s devout faith, his father’s practical wisdom, and his two other misfit friends.



Find Your
Fabulosity

Put a bright smile on a victim of domestic violence by donating your new lipsticks. Women who come into a shelter often have nothing other than the clothes on her back, making her feel emotionally and physically insignificant. By looking at herself in the mirror, she will begin to see the beauty in her outer self which will help to transform her inner self-confidence.

Find Your Fabulosity appreciates your donations, which you can bring to any luncheon.

Chris Stouffer

407-333-1276

[Click HERE to arrange lipstick drop off with Chris Stouffer](#)



Correspondence Secretary

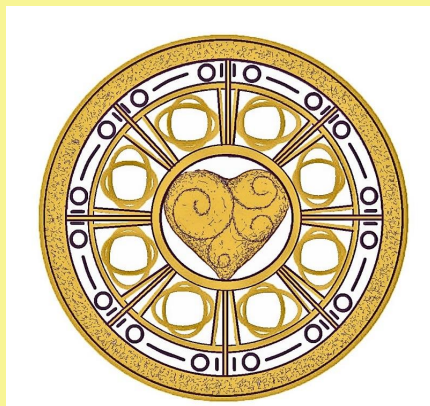
Bonnie Lachowicz

A big part of our social club is letting our members know how much we care!

If you know of a member coping with an illness, recovering from surgery, grieving a death, or needs encouragement?



[Email Bonnie: HERE](#)



[CFS Website: HERE](#)

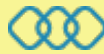


[Click HERE for Spokes Birthdays for the year!](#)



September Birthdays

Lorraine Barnett ~ 2
Bonnie Lachowicz ~ 3
Eileen Dudley ~ 5
Patricia Smith ~ 5
Linda Richcreek ~ 8
Mavis Wilkerson ~ 9
Pat Booth ~ 16
Marcia Miller ~ 16
Marcela Mojica ~ 24
Vicki Torres ~ 27
Winnie DeGraaf Guilloud ~ 29



Interim President:

Linda Cornell

1st Vice President/Programs:

Mary Flynn

2nd Vice President/Hospitality:

Sue Leidner

Recording Secretary:

Cyd Law

Treasurer:

Joanne Simmons/
Marcela Mojica

Historian (photos):

Sandy Bove

Luncheon Reservations:

Sonia Beltran
Marcela Mojica

Membership:

Judy Zellers

Newsletter:

Annie Sanders

Publicity:

Sandra Bove

Activities:

Bobbie Boggs

Parliamentarian:

Betty Smith

Community Involvement:

Brenda Oakley

Outreach Secretary:

Bonnie Lachowicz

Social Media:

Anna Byrnes
