

Don't forget: MEMBERSHIP RENEWALS
DEADLINE IS SEPT. 20

[Renewal Form Here](#)



Central Florida
Spokes



September 2024



September New Year Kick-off Luncheon & Fashion Show: Heathrow CC, 11 a.m.

Featuring fashions from *A Walk in the Woods* (Mt Dora), with
model make-up and a makeover by *PurgARTory Makeup by
Lynne Schaffer*.

Spokes models will show beautiful separates, dresses, and active wear, that are versatile, attractive and well-made. They are mostly comfortable (light-weight, with SPF and even insect repelling!) separates and dresses for everyday activities and exploring the world -- as well as resort wear suitable for evenings out and cruises. All outfits will include attractive, comfortable shoes, hats, purses, and jewelry from their store.

- Both stores will offer **Pop-up Shops**
- There will be table prizes and merchandise door prizes!



Menu

Mixed Greens and Romaine with 4 Toppings

Hawaiian Style Chicken with Pineapple Pico
Grilled Salmon with Honey Soy Ginger Glaze
White Cilantro Rice
Chef's Fresh Vegetable Selection

Dessert on the Buffet -- Chef's Selection

RSVP deadline for the September luncheon by hitting the white button below; \$32 at the door (**new price set by Heathrow Country Club**); **Friday, September 6 @noon** is the deadline for reservations & cancellations.

B's Buzz

Brenda Dost
President



Wow, the summer has flown by this year! I hope this newsletter finds you in good health, with beautiful summer memories, and ready to join your Spokes friends at our monthly luncheons and social activities, as we move into our expanded fall schedule of programs.

Our vibrant and passionate Spokes members have a lot in common with our September fashion show partner, Mt. Dora shop, *A Walk in the Woods*. Their motto is, “*Cultivating a passion for the world around us!*”

Following September's Fashion and October's Game Day, which you won't want to miss, later in the fall, there will be:

- November -- Annual accessory exchange and a presentation by One Purse (a charity which refurbishes designer handbags and sells them to provide resources that empower women)

who are overcoming abuse, addiction, exploitation, and trafficking; they will bring POP-UP SHOP!

- December -- Holiday Tabletops, with a theme of *Around the World for the Holidays*. Members are invited to put together tabletops representing the beauty and culture of other countries/regions.

Our hive remains buzzy through the summer. Thanks to our activity group leaders, and members who are planning/leading our fall programs, including Cyd Law, Wendy Dorn & Linda Cornell, Judy Zellers, and Kim Rohter, and Board members whose tireless efforts keep the Spokes hive humming.

Our membership keeps growing, and the best way to get to know people is to help out with programs and activities. Look for opportunities to sign up for help at Game Day and to create Holiday Tabletops. Participating in our game groups and book club is a great way to find your people in Spokes.



Membership Coordinator

Tina Rasi

Welcome New Members...

Jan Baril

Jo Bill

Patty Bogle

Kathy Boyd

Joyce Hosier

Jennifer Mynatt

Suzy O'Connor

Helen Saunders Kristin Schmidt



*If you haven't renewed your membership for the 2024-2025 Membership Year, which runs June 1 - May 31... **YOU'RE LATE!** But lucky for you, we are still accepting your membership dues.*

Please use the Membership Form **button below** to renew your membership now!

[Click here to download & print Membership Form](#)

[Click HERE to update info for directory...Annie Sanders, Newsletter Editor & Membership Directory](#)

[Click HERE for latest Membership Directory](#)



Activities & Mah Jongg Coordinator

Wendy Dorn

The best way to make new friends is to join an activity group! We have so many fun opportunities to get to know each other. Whether your interests are cards, MahJongg, reading, eating, or Mexican Train, we have an interest group! Always open to suggestions for new

groups! If you have ideas, I would love to hear from you! Contact me via email, growler2@live.com or phone/text 407-463-2111.

GAME DAY

Mark your calendar for October 9, for one of our biggest fundraisers...GAME DAY! We raise funds for the charities we support. There will be a fabulous Bake Sale, Silent Auction, Book Club Raffle, and 50/50. This year, we're making some fun changes.

This is an annual event where tables of 4 or more come together to play cards and other games. Not a game player? Just enjoy the time conversing with friends and meeting new people and shopping!

Participation & Sign Up

1. Open for friends & neighbors who are not Spokes members. Remember, this is a fundraising event!
2. Arrange your table.
3. Choose a "captain."
4. When you make your lunch reservation, tell Sonia at whose table you will be sitting.
5. Please remember that once reservation cancellation deadline has passed, payment for lunch is due.

Silent Auction

We will be collecting new & gently-used items for the Silent Auction. Please be advised that items that are not sold will be donated. We have many fabulous items such as Christmas decor, new small appliances, almost-new Ravensburger puzzles, etc.

Please bring items to the September luncheon or contact Judy Zellers or Kim Rohter (info below).

Donation of Bake Sale Items (see Pat Knopka below)

Raffle Drawings

\$100 money tree donated by Spokes Book Club

50/50 Drawing

Game Day Committee Contacts:

Wendy Dorn: Chair 407-463-2111, growler2@live.com

Linda Cornell: Co-Chair, lindacornell8@gmail.com

Pat Knopka: Bake Sale, 407-687-8411, knopkar@aol.com

Judy Zellers: Silent Auction, 407-366-9393, judyzellers@mail.com

Kim Rohter: Silent Auction, 727-458-3163, klear123@hotmail.com

Sonia Beltran: Reservations, 407-474-7460,
spokesreservations@gmail.com



Casual Cooking Coordinator, Newsletter Editor, Membership Directory

Annie Sanders

Hostess: Audrey Karwandy

Co-Hostesses: Janice Daniels & Annie Sanders

179 Sheridan Ave

Longwood 32750

18 lovely ladies are able to join the fun at this wonderful lunch!

Date/Time: Friday, September 6 at 11:30 a.m.

call or text: 407-364-5745 by September 2

*Thanks to our dear Marcia Miller for doing such a
grand job of coordinating Casual Cooking for so many*

years...HUGE shoes to fill for me!

RSVP here to Audrey for Casual Cooking



Community
Involvement
Coordinator

Kim Rohter

Throughout the years, many charities have been the recipients of SPOKES generosity.

In 2023/24 CFS supported 3 local charities:

**IDignity
Journey's End Animal Sanctuary
Fabulosity**

Please nominate a charity that you would like to have considered in 2024/25. You will find the Charity Nomination Form in the link below. They are due by October 31, 2024.

[Click HERE to download and print the Charity Nomination Form](#)

Bunco 1 Coordinator

Linda Richcreek





3rd Thursday @ 12:30 p.m.

Meet at Members' Homes

Drinks, Snacks, and Dessert Provided

Bring \$5 for the game

Call Linda at 708-207-8941

[Click HERE](#) to RSVP to Linda

Bunco 2 Coordinator

Kim Rohter



Third Wednesday of the Month

12:30-3

If you are interested, please contact

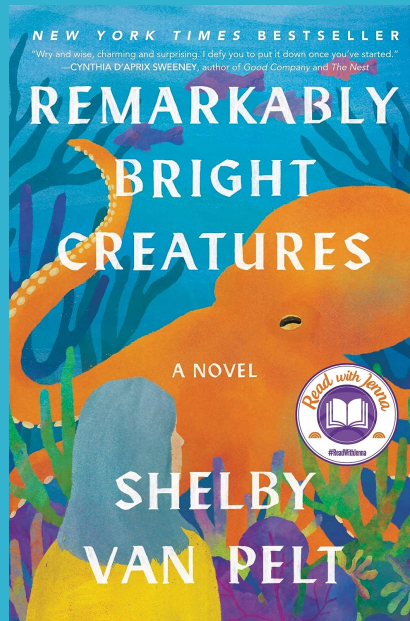
Kim Rohter - Coordinator

727-458-3163 (call if you have questions)



Book Club Coordinator

Linda Cornell



"Remarkably Bright Creatures is a beautiful examination of how loneliness can be transformed, cracked open, with the slightest touch from another living thing."

-- Kevin Wilson, author of Nothing to See Here

After Tova Sullivan's husband died, she began working the night shift at the Sowell Bay Aquarium, mopping floors and tidying up. Keeping busy has always helped her cope, which she's been doing since her 18-year-old son, Erik, mysteriously vanished on a boat in Puget Sound over 30 years ago.

Tova becomes acquainted with curmudgeonly Marcellus, a giant Pacific octopus living at the aquarium. Marcellus knows more than anyone can imagine but wouldn't dream of lifting one of his eight arms for his human captors—

until he forms a remarkable friendship with Tova. Ever the detective, Marcellus deduces what happened the night Tova's son disappeared. And now Marcellus must use every trick his old invertebrate body can muster to unearth the truth for her before it's too late.

Shelby Van Pelt's debut novel is a gentle reminder that sometimes taking a hard look at the past can help uncover a future that once felt impossible.

Join us with our hostess Pam Skaggs for a discussion of
Remarkably Bright Creatures on:

Wednesday, September 25 at 10 a.m. at Pam's daughter's
real estate office building. The address is:

Q Boutique Specialty Realty
122 W. Crystal Lake Avenue
Lake Mary 32746

RSVP to Pam
H: 407-332-8448
C: 407-739-9336
pamelaskaggs@gmail.com

RSVP for Book Club

Scrabble Coordinator

Hema Vermani





From Marilyn Martin, who has successfully headed up SCRABBLE for two years:

I'm sorry to say that I can no longer head up the SCRABBLE group. However, our Spokes member, Hema Vermani, will be leading the group from now on. Thank you, Hema, for taking over. It is much appreciated. The new location will be:

The Apopka Senior Center
Fran Carlton Recreation Center
11 North Forest Ave.
Apopka

4th Tuesday of the Month ~ 12:30-3:30

Have lunch prior to...but bring a snack & beverage of choice

To get your questions answered or to join SCRABBLE, e-mail, text,
or call Hema at:

hema12600@gmail.com

703-731-6532



Playful Poker Coordinators

Kay Payne
&
Janice Czaikowski

Meeting time 11 a.m. the 2nd Friday of the month

Poker seems to have a reputation of smoke-filled rooms, men with

visors and serious money involved. Not for us! We get together to have fun, share laughs and stories, and play some really interesting poker games where so many things are wild except for us.

Come join us & share our good times.

[Click HERE](#) to RSVP to Janice



Hand, Knee & Foot Coordinator

Chris Stouffer

Second Tuesday of the Month...

Even if you don't know how to play and are interested in learning, you are welcome to join us at 11:00 to observe and have lunch. I can then put you on our sub list once you think you are comfortable playing. Remember, we all were new at the game at one time!
Contact Chris at 407-810-8616 or cstouffer48@gmail.com.

Duffy's Sport Bar
951 Market Promenade Ave.
Lake Mary 32746



Hand, Knee, and Foot 2



Coordinator

Linda Schnaufer

Hand, Knee, and Foot 2

Fourth Thursday of the month at 11:00 a.m.

We are looking for those of you who are interested in joining as a Sub. If you are interested, but not familiar with the game, you can stop in to observe and have lunch. Once you are comfortable with the game, we can add you to the sub list.

Contact Linda Schnaufer at 407-948-2758 or
lschnaufer4@gmail.com

Duffy's Sports Grill
951 Market Promenade Ave.
Lake Mary, 32746





Mexican Train Coordinators

Tina Rasi & Pam Skaggs



Meet on the 3rd Monday of the Month

Location: Q Boutique Realty Building
122 West Crystal Lake Ave.
Lake Mary 32746

Time: Doors open at 12...play starts at 12:30
ALL levels from never played to experienced welcomed!

To join, contact pamelaskaggs@gmail.com



National MahJongg League (with annual card)

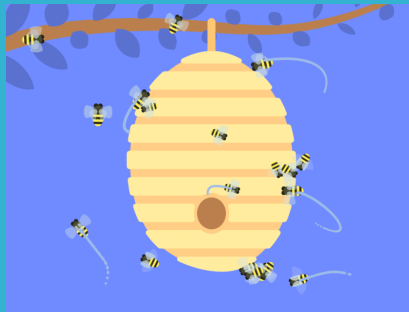
Join us at
Duffy's Sport Bar
951 Market Promenade Ave.
Lake Mary 32746

(year round) on the 1st & 3rd Fridays MONTHLY from 11 a.m. to 2
(or longer). We purchase lunch as the room is free!

WE'LL TEACH BEGINNERS! Come join us for a fun time and learn
a new skill!

Contact Wendy Dorn at 407-463-2111 or click on the Email link
below.

[Click HERE to RSVP for Mah Jongg](#)



Shanghai Tuesday
Coordinator

Rosemarie Soper

Every Tuesday, year-round play

10:30



Bob Evans on 436, Casselberry
call Deby Seymour at 407-970-9661
or

[Click HERE to RSVP to Rosemary](#)



Find Your
Fabulosity

Put a bright smile on a victim of domestic violence by donating your new lipsticks. Women who come into a shelter often have nothing other than the clothes on her back, making her feel emotionally and physically insignificant. By looking at herself in the mirror, she will begin to see the beauty in her outer self which will help to transform her inner self-confidence.

Find Your Fabulosity appreciates your donations, which you can bring to any luncheon.

Sandy Bove, 407-463-9437

[Click HERE to arrange lipstick drop off with Sandy](#)



Correspondence

Kimberly Halko

A big part of our social club is letting our members know how much we care!

Do you know of a member coping with an illness, recovering from surgery, grieving a death, or needs encouragement?

Let Kimberly know...

206-228-4663

kimberly_d_h@yahoo.com

[Click here to send info to Kimberly](#)



Game Day Bake Sale

Calling all bakers & buyers!

The Game Day Bake Sale and Auction will be here soon. This is one of our two major fundraisers for our charities and every penny made goes to our charities. After last year, with the Bake Sale making a phenomenal \$1,295, it's going to be hard to top, but we are going to do our best. Every year you all come through with brownies, cookies, cupcakes, and breads, and I hope that this year won't be any different. Make sure that whatever you bring in is small, like 8x8, instead of 9x13, and on something disposable or a plastic plate from the Dollar store; in other words, it should be something that you don't want back. If you don't bake anymore, picking up something at Publix or Fresh

Market will be fine. Then we need you to buy, buy, buy.

Linda will be making her quiches and Diane will be making chicken pot pies. They will bring them in frozen solid and they sell out fast. Anna will again be making her 3 different Ukranian soups, this year on pre-order. Call her at 407-492-8285, text her, or e-mail her at anutaeurobeauty@gmail.com to find out what kind of soup you want and to place an order. Last year they all sold out.

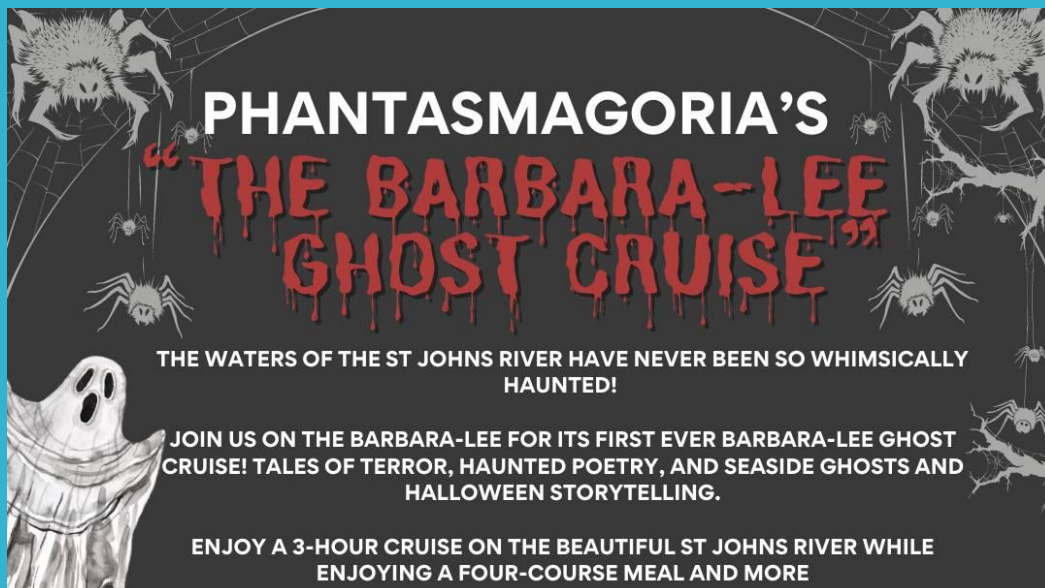
There will be a sign-up sheet on the table at the September luncheon. Please sign up to bring something in. We need all of you to participate. The success of the Bake Sale and Auction depends on you.

Thank you so much in advance.

Pat Knopka Chairman of the Bake Sale & the Bake Sale Team

Ghost Cruise Coordinator

Cyd Law



Come one and all ghosts, goblins, ghouls, and ladies who love Halloween.

- **WHEN:** We are going on an adventure cruise on the St. John's

River on October 31, at 10:30 a.m. and will board the cruise leaving at 11:00. We will return to port at 2:00 p.m.

- **WHERE:** We will meet at 433 North Palmetto Ave. Sanford
- **WHAT:** A fascinating cruise, a wonderful lunch and a show called, “The Barbara Lee Ghost Tour”. It should be a wonderful afternoon of spooky, scary, fun times.
- **COST:** Total for the tour, lunch, and play is \$95.20 unless we can get a group of 20 or more, which will give us a discount, and our cost will be reduced to \$87.36.

Please get your reservations in as soon as possible, but no later than October 1st. ***Cyd must have check or cash payment in order to purchase your ticket(s).***

For reservations and questions please call or text Cyd Law (407) 252-1919.

Seniors First Liaison

Barbara Coenson



Share Holiday Joy with Seniors

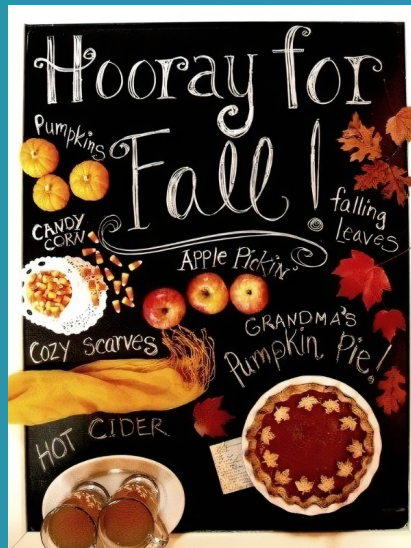
Share holiday joy with community seniors as we continue to support the Seniors First Holiday Gift drive this year. We are thrilled to report that last year your generosity resulted in 64. \$20 gift cards that brightened the holiday spirit for seniors in need. What an impact you had on their lives.

Thank You!

Seniors First projects a need of at least 10% more gift cards this year due to the increase in seniors that need assistance. Because Spokes has grown its membership by more than 10% this past year, we hope to raise the number of gifts cards to 70 this year to help meet this need. Can you help us?

Bring your cash, Publix and Walmart \$20 gift cards, or checks payable to “Seniors First” to our September luncheon meeting as we kick off a new Spokes year and our mission to lift the spirits of seniors in our community. If you need more time, we also will be collecting donations at our October and November meetings or you can donate online at <https://bit.ly/3P5KjqL>. Select “Holiday Gift Drive” as the solicitation and “Central Florida Spokes” when donating online.

Thank you for your continued support of the holiday gifts for seniors program. It is amazing women like you who brighten the holiday season.



September Birthdays

5 ~ Patricia Smith

7 ~ Kathy Keane

8 ~ Robin Meyer

8 ~ Linda Richcreek
 9 ~ Mavis Wilkerson
 14 ~ Linda M. Smith
 16 ~ Marcia Miller
 19 ~ Barbara Nelson
 21 ~ Kim Moorhead
 22 ~ Hema Vermani
 24 ~ Marcela Mojica
 25 ~ Clarissa Cheer
 29 ~ Winnie DeGraaff

Please click on the September calendar below to print:

Spokes Calendar September 2024

Mon	Tues	Wed	Thurs	Fri	Sat
2	3 Shanghai@10:30	4	5	6 Casual Cooking @ 11:30 MahJongg@11	7
9	10 Shanghai@10:30 Hand, Knee & Foot@11	11 Spokes Luncheon @11	12	13 Poker@11	14
16	17 Shanghai@10:30	18 Bunco2@12:30	19 Bunco 1 @ 12:30	20 MahJongg@11	21
23 Mexican Train@12:30	24 Shanghai @10:30 Scrabble @11:30	25 Book Club@10	26 Hand, Knee, Foot 2 @11	27	28 Evening Bunco @7
30					



Central Florida
Spokes



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 Pam Skaggs

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Sue Leidner

2nd Vice President:
Sandy Bove

Recording Secretary:
Bonnie Buesching

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Marcela Mojica

Activities:
Wendy Dorn

Community Involvement:
Kim Rohter

Luncheon Reservations:
Sonia Beltran

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Tina Rasi

Newsletter & Directory:
Annie Sanders

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