



Central Florida Spokes



September 2022



September 14th Luncheon

Heathrow Country Club @ 11 a.m.

Menu

Gourmet Salad Bar with Toppings & Dressings

Grilled Salmon with Dill Champagne Sauce - GLUTEN FREE
Tuscan Chicken with Sundried Tomatoes, Artichoke Hearts & Lemon
Butter Sauce - GLUTEN FREE
Fresh Vegetable Fall Medley
Dauphinoise Potatoes

Key Lime Pie with Raspberry Sauce & Whipped Cream



President's Message

Sue Leidner



Welcome Back to Team Spokes...the organization of Dynamic Women and community outreach. Your Board has been planning a wonderful kick-off to the 2022-2023 year. Since September is a month of new beginnings that includes sports, football, school, change of seasons, renewed friendships and more, we are excited to announce our plans for the September luncheon. The theme will be “*Team Spokes*” since as individuals we make up the team and work together to accomplish our goals. Our activities will be based around getting all members involved

in at least one other activity that we offer as well as renewing old friendships and making new ones. Even though our “team” does not involve football, we can learn from the ideals that define team spirit. On a team, individuals use their personal skills together with other team members to achieve their goals. In Spokes our goals are personal, such as friendships and fun activities as well as community outreach benefitting the greater community. I know you all remember the slogan: TEAM: *together everyone achieves more*. And so, it is... There is power in numbers, strength that binds us to a greater goal and allows us durability when times get tough. Every one of you possesses a skill or talent that we need as a group. At the September Luncheon, you will have the opportunity to meet other dynamic women representing the various activities Spokes offers. Every time you visit a table, you will get a token. Those with the most tokens will be eligible to win. Visit as many tables as you can, and you may even win a free lunch!! After lunch we will play college “Mascot Trivia “as we get ready for our inspirational speaker, Mike McBath, former NFL team member and Super Bowl winner who has *some* suggestions for us to be a winning team. Our Spokes team colors are Light Blue, Gold and White (as shown on our crest), but you are welcome to wear college colors of your favorite home team also. We will have drawings for those who are decked out in their favorite team colors. And as always, we will have 50-50, so come on out and bring a friend! Find out how you can play your position as a member of “Team Spokes”. ***GO DYNAMIC WOMEN!!! SCORE THOSE GOALS!!!***

*Fondly,
Coach Sue Leidner*

[Click here to RSVP for September Luncheon \\$29 at the door](#)



Monthly Luncheon Programs

Looking Ahead:

- September 14 ~ *Team Spokes Kick-off* and activity tables with

raffles, Mascot games, and guest speaker Mike McBath, former professional football player on what it takes to make a winning team. Wear your college colors if you like.

- October 13 ~ *Fashion Show* with Rich Hippie
- October 20 ~ *Game Day*
- November 10 ~ *Gratitude* with Veterans, Spokes Testimonials, and Community Inspirational Speakers
- December 8 ~ “*A Cup of Christmas Tea*” with Table Decorations and Men serving us tea!
- January ~ *New Year, New You* makeovers
- February ~ *Hearts and Flowers* - Flower arranging demo
- March ~ *Declan MacGinnis & the Irish Dancers* (Plus a lot of Spokes Shenanigans)
- April ~ *Flamingo Bingo*
- May ~ *Celebrate Community-* Spokes and Charities

<i>Luncheon Menu</i>
<i>Tossed Green Salad</i>
<i>Sliced Flank Steak Bordelaise</i>
<i>Chicken Florentine with creamy sauce</i>
<i>Mashed Potatoes</i>
<i>Rolls, Butter</i>
<i>Coffee, Tea</i>
YUMMMMMMMM

Gather together tables of 4 or more to play your game of choice! Select a table captain, **memo her name on your check**, and mail NO later than **Saturday, October 15th** to:

Diane Winterhoff
391 Glen Abbey Lane
DeBary, FL 32713

GAME DAY

Thursday, October 20, 2022

at DeBary Golf & Country Club
300 Plantation Club Drive
DeBary, FL
\$27/person
10 a.m.-2 p.m.

A full day of fun including..

Bake Sale
50/50 Drawing
Silent Auction
\$ TREE

Sponsored by:
Central Florida Spokes



**Central Florida Spokes
Game Day**

October 20, 2022

This is our annual Game Day whose profits will benefit our charities of choice. Get your tables of 4 or more together to play any game you wish, including board games. All checks for a table need to be mailed or given to Diane Winterhoff (address below) no later than October 15th. Memo your check (\$27) with the names of each player, if a joint check. We ask that one person be in charge of her table and her name be emphasized so you can identify your playing table upon arrival on **Game Day**.

Thank you for donating new or VERY gently used items for the **Silent Auction** which you can bring to the September or October luncheon. Some fabulous finds have been on past Silent Auction tables such as designer purses, almost brand new Ravensburger puzzles, brand new with tags on clothing items, jewelry, framed pictures, and lots and lots more.

Pat Knopka will also be heading up our ever-popular **Bake Sale**. Pies, cakes, cookies, breads, quiches, etc., would be greatly appreciated. Sign-up sheets will be on each table at the September & October luncheons.

There will also be a **50/50 drawing** and a **\$100 money tree** donated by members of the Spokes Book Club to be raffled off.

Your check made out to Central Florida Spokes is your reservation. Mail or give to:

Diane Winterhoff
391 Glen Abbey Lane
DeBary, FL 32713

The Game Day Committee:

Linda Cornell 407-628-3055

lindacornell8@gmail.com

Pat Knopka 407-687-8411

knopkatr@aol.com

Judy Zellers 407-366-9393

judyzellers@mail.com

Wendy Dorn 407-463-2111

growler2@live.com

Diane Winterhoff 386-785-4429

dewinterhoff77@gmail.com

All money raised at Game Day will be donated to our charities of choice this year.



**Click [HERE](#) to update info for directory...Annie Sanders,
Newsletter Editor & Membership Directory**



Membership Coordinator

Judy Zellers



Activities Coordinator
&
Web Master

Brenda Dost

Save the date!

Put on your calendar right now...

December 14th! *A Cup of Christmas Tea* is coming and Spokes is looking for ladies who will volunteer to decorate one table for the luncheon that day. Get your creative on and contact Linda Cornell at

lindacornell8@gmail.com and let her know you'll do a table.



Click [HERE](#) to RSVP for a table



Hand, Knee & Foot
Coordinator

Chris Stouffer

Second Tuesday of the Month...

Duffy's Sport Bar
951 Market Promenade Ave.
Lake Mary 32746



**Community
Involvement
&
Mah Jongg
Coordinator**

Wendy Dorn

**National Mah Jongg League
(with annual card)**

Join us in the private dining room at the Sanford IHOP at I-4 (year round) on the 1st & 3rd Fridays MONTHLY from 11 a.m. to 2 (or longer). We purchase lunch as the room is free!

WE'LL TEACH BEGINNERS! Come join us for a fun time!

Contact Wendy Dorn at 407-463-2111 or click on the Email link below.





Casual Cooking
Coordinator

Marcia Miller



Friday, September 9, 2022 at
11:30
Brenda Dost's Home
1884 Wingfield Dr.
Longwood 32779

[Click HERE to RSVP for Casual Cooking to Brenda](#)



There is an opening for Hostesses for the April Casual Cooking. Consider opening your home to our wonderful Spokes ladies!



VP/Hospitality Coordinator

Brenda Oakley

Welcome back Spokes members!

I hope you all had a great summer and are ready to come back for great luncheons, programs, and friends! Fall is the perfect time to invite friends and neighbors to come to a luncheon and see all the opportunities Spokes offers. There is something for just about everyone, so be thinking and inviting ladies to join us. I am looking forward to seeing everyone at our first luncheon!

Brenda Oakley, Hospitality



Shanghai Tuesday Coordinator

Rosemarie Soper

Every Tuesday, year-round play
10:45-3:30

GOLDEN CORAL
897 W Town Pkwy
Altamonte Springs, FL
407-775-1914
rosoper1@cfl.rr.com



Book Club Coordinator

Linda Cornell

ANNE OF GREEN GABLES
By Lucy Maud Montgomery



Anne of Green Gables is a 1908 novel by Canadian author Lucy Maud Montgomery. Written for all ages, it has been considered a classic children's novel since the mid-20th century. Set in the late 19th century, the novel recounts the adventures of Anne Shirley, an 11-year-old orphan girl, who is sent by mistake to two middle-aged siblings, Matthew and Marilla Cuthbert, who had originally intended to adopt a boy to help them on their farm in the fictional town of Avonlea in Prince

Edward Island, Canada. Anne is fanciful, imaginative, eager to please, and dramatic. She is also adamant her name should always be spelt with an *e* at the end. The novel recounts how Anne makes her way through life with the Cuthberts, in school, and within the town. Part Tom Sawyer, part Jane Eyre, by the end of *Anne of Green Gables*, Anne has become the heroine of her own story. Since its publication, *Anne of Green Gables* has been translated into at least 36 languages and has sold more than 50 million copies, making it one of the best-selling books worldwide.

Join us:

September 28, 2022 10:00 a.m.

Pat Feverston's home

5712 Michelle Lane

Sanford, FL 32771

RSVP to Pat at grfpat@gmail.com

Click [HERE](#) to RSVP to join Book Club Discussion



Dining In Coordinator

Tiffany Casey



Save the dates for **Dining In** this year...

October 15
December 17
February 18
April 15



Find Your
Fabulosity

Put a bright smile on a victim of domestic violence by donating your new lipsticks. Women who come into a shelter often have nothing other than the clothes on her back, making her feel emotionally and physically insignificant. By looking at herself in the mirror, she will begin to see the beauty in her outer self which will help to transform her inner self-confidence.

Find Your Fabulosity appreciates your donations, which you can bring to any luncheon.

Sandy Bove
407-463-9437

[Click HERE to arrange lipstick drop off with Sandy Bove](#)



Correspondence Secretary

Audrey Karwandy

A big part of our social club is letting our members know how much we care!

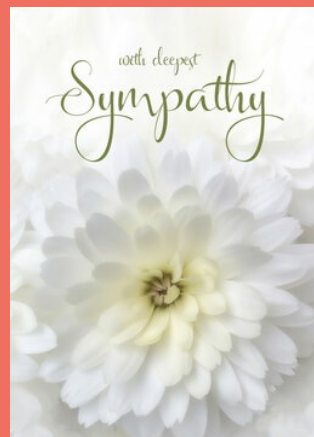
If you know of a member coping with an illness, recovering from surgery, grieving a death, or needs encouragement?



[Email Audrey: HERE](#)



Margene Wampole



I want to share with you that my Mom, Margene Wampole, passed away peacefully at home on June 8th. My parents were married 72 years and 10 months.

We have scheduled Mom's Celebration of Life Memorial Service in the church for 1 p.m. the afternoon of Saturday, September 10th at St. Stephen Lutheran Church in Longwood, with a reception to follow in the Parish Hall. (2140 State Road 434 Longwood, FL) We would be pleased if you could join us there too. If you think you might be able to attend, please email me at mmwcelebrationoflife@gmail.com My daughter Kara will help me by monitoring that email account.

Mom so appreciated your friendship!

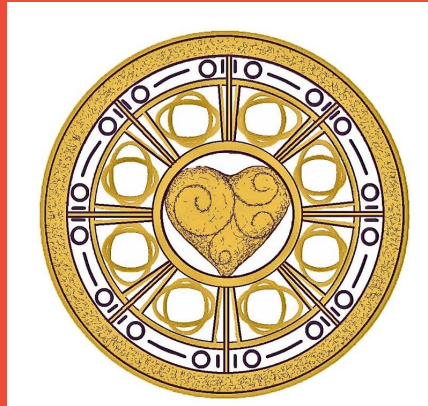
Sincerely,

Beth Wampole Wigert with Gene Wampole

Beth Wigert

Cell/Text: 407-221-7079

E-Mail: Beth.Wigert@gmail.com



[CFS Website: HERE](#)



**HAPPY
BIRTHDAY**
WWW.LITTERGEEK.COM



Happy Birthday to you in September!

- 2 ~ Lorraine Barnett
- 3 ~ Bonnie Lachowicz
- 5 ~ Patricia Smith
- 7 ~ Kathy Keane
- 8 ~ Linda Richcreek
- 9 ~ Mavis Wilkerson
- 16 ~ Pat Booth
- 16 ~ Marcia Miller
- 24 ~ Marcela Mojica
- 25 ~ Clarissa Cheer
- 27 ~ Vicki Torres
- 29 ~ Winnie DeGraaff





Central Florida Spokes



President:

Sue Leidner

Vice President/Hospitality:

Brenda Oakley

Recording Secretary:

Cyd Law

Treasurer:

Marcela Mojica

Activities:

Brenda Dost

Community Involvement:

Wendy Dorn

Historian (photos) & Publicity:

Sandy Bove

Luncheon Reservations:

Sonia Beltran

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Judy Zellers

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