



March 2022



**March 9th St. Patrick's
Day Luncheon**

Heathrow Country Club @
11 a.m.

Menu for March Luncheon

Salad Bar with Mixed Greens & Romaine
with Cranberries, Candied Pecans, Blue Cheese Crumbles
& Sherry Vinaigrette
Hot Rolls

Corned Beef & Cabbage
Lemon Chicken Florentine - Gluten Free
Irish Mashed Potatoes
Fresh Green Beans & Carrots

Key Lime Pie with Raspberry Sauce & Whipped Cream



MARCH



Interim President's Message

Linda Cornell



Faith and Begorrah - March is upon us. It seems like yesterday was New Year's Day! Time flies like an arrow. (Fruit flies like a banana). Oh gosh sorry – you know I love a joke!

So many fun things happened in February including our fabulous chocolate luncheon and an amazing boat trip on Lake Dora and the Harris Chain of Lakes. Helping hands stuffed and sewed 400 pillows at the pillow stuffing party on the 17th. We also had great fun and ate tons of tacos!

At our March 9th luncheon we'll celebrate "the wearing of the green" and be treated to a real St. Patrick's Day celebration. We'll host **Declan Magennis and five Irish step dancers** who will perform for us. Declan is a seven-time world champion step dancer. They will interact with the audience, choosing two or three people to try their hand (okay – feet) at step dancing. Sounds like fun and you don't want to miss it. You might also hear a few funny Irish jokes to celebrate the day. Don't forget to wear your green! I can't help but mention here that when writing this article I found out that The Wearing of the Green is an old Irish street ballad lamenting the repression of supporters of the Irish Rebellion of 1798. The song proclaims that "they are hanging men and women for the wearing of the green". It's the song that Gerald O'Hara sings while escorting his daughters to the barbeque at Twelve Oaks in Margaret Mitchell's *Gone With the Wind*. In a 1937 Hopalong Cassidy film, North of the Rio Grande, the Irish character, Bull O'Hara, sings another

version of the song. The lyrics in his version are lighthearted and celebrate the beauty of Ireland. Who'd a thunk it?

Lot and lots more fun is promised in March. On the 3rd a trip to Ormond Beach to visit John D. Rockefeller's winter home **The Casements** with lunch after at Rose Villa Southern Table. Casual Cooking on the 4th at Pat Knopka's, don't forget Book Club or Hand, Knee, and Foot, Shanghai, Mah Jongg, or Out-to-Lunch-Bunch. Read an article on each of these events further on in the newsletter. Diane Winterhoff, our Spotlight for February, gave excellent advice: Get involved in a group – don't be a sitter, be a DOER! You'll make new friends and get to visit with old friends. What could be nicer?

See you soon.

Linda

Click here to RSVP for March Luncheon \$26 at the door



Click [HERE](#) to update info for directory...Annie Sanders, Newsletter Editor & Membership Directory



Membership Coordinator
Judy Zellers

Membership Directory

WELCOME new members

.....



Muriel Mueller



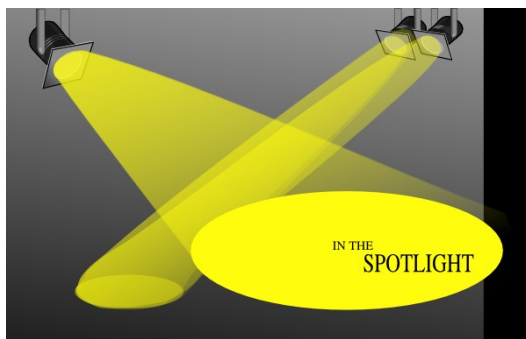
Patsy Latimer



Bonnie Buesching



Tina Rasi





Sonia Beltran

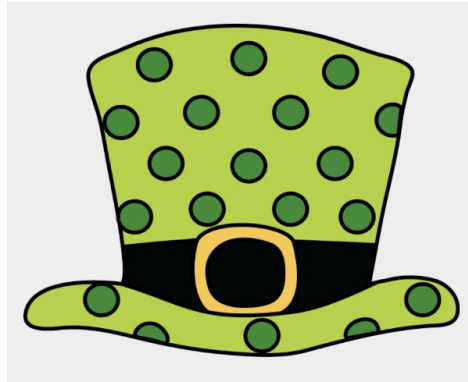
Our spotlight for March is Sonia Beltran, who has jumped in as a Spokes board member to work with her friend, Marcela Mojica, as a dynamic duo. Marcela will be the new treasurer, and Sonia took over the duties of luncheon reservations hostess and coordinator this year. Together they have made a big difference in our operations.

Sonia moved to Central Florida approximately 24 years ago from Quito, Ecuador when her husband was transferred here for his job. She had one son when she was in Ecuador and the other son was born here in Altamonte Springs.

Sonia tells me that when she and her family moved into Lake Forest then into Magnolia Plantation, her neighbor who was a member of Spokes invited her to a luncheon and she joined back in 2010. Although she did work outside the home before her sons were born, she has stayed home to raise them.

When asked what she does for fun, she lists playing Mah Jongg with our Spokes group twice a month and also with her neighborhood group. She follows the Zone Diet and exercises regularly as part of a healthy lifestyle. Sonia believes you get so much out of Spokes participation. She said she enjoys the camaraderie and getting to know the other members personally through sharing stories, life experiences, and joking around. The more she participates, the more she feels like we are a family, sharing each other's successes and sorrows.

Thanks for all you do, Sonia!

(submitted by Sue Leidner)

Activities Coordinator

Bobbie Boggs

The Fabulous Flock of Flamingos are flying in for Flamingo Bingo to be held at Heathrow Country Club in Lake Mary on our regular luncheon date, Wednesday, April 13th at 11 a.m.

This event is being held not only for your enjoyment but also for the benefit of our charities. These charities, suggested by our membership, are Matthews Hope, Journey's End, and I-Dignity. All of the money we make from Game Day and Flamingo Bingo will go to these charities so please support this and have a great time doing it.

The luncheon price is \$28 including a complimentary Bingo sheet for the first game and a free raffle ticket for a door prize. The prizes will be

fabulous. We will play one game, have lunch, and then have six more games with multiple winners each game. The packaged bingo sheets of six will be for six games and cost \$20 for the package, or six half-sheets for \$15. There will also be an attractive wall hanging which has \$100 on it donated by our Book Club. Raffle tickets for the \$100 will be \$5 each or three for \$10.

Have I mentioned that we will have a handsome Bingo caller named Jim Payne from WESH news! He will have special Flamingo envelopes in his pocket that Bingo winners can choose from. All games will have more than one winner. There are lots of FABULOUS prizes.

I hope you all have been looking forward to another Bingo. Please ask all of your friends to join you for this Fabulous Flamingo Bingo. If you have any questions, please call me.

Truly flamingo crazy,
Bobbie
321.277.6046



**Hand, Knee & Foot
Coordinator
&
Special Excursions**

Chris Stouffer

Second Tuesday of the Month...

Duffy's Sport Bar
951 Market Promenade Ave.
Lake Mary, FL 32746



Join us for a personalized tour of

The Casements

**10:30 a.m. on Thursday, March 3rd
lunch at Rose Villa Southern Table**

The Casements, named for the large hand-cut casement windows that adorn the mansion, was the winter home of the late John D. Rockefeller until his death in 1937. Set on the shore of the Halifax River and just two blocks from the Atlantic Ocean, the home is known as “The Jewel of Ormond Beach”. The Casements has been officially listed on the National Register of Historic Places. After our tour ,we’ll lunch at Rose Villa Southern Table. Built in the late 1800’s, Rose Villa was established as a small exclusive adjunct to Henry Flagler’s Ormond

Hotel, to accommodate important guests who preferred more privacy than the famous hotel afforded. It thrived for many years but eventually began to suffer from its age. The beautiful old building came back to life in 2007 when it was transformed into the Victorian jewel it is today. From the bold cranberry and apple green colors on the outside to the magnificent custom wallpapered walls and ceilings throughout, you are transported to the era of the 1920's with every detail.

The Casements – 25 Riverside Dr, Ormond Beach, FL 32176

Rose Villa Southern Table – 43 W Granada Blvd, Ormond Beach, FL

Directions: Take I-4 East to Ormond Beach. Take Exit 268 from I-95 N. Follow FL-40 E/W Granada Blvd to Riverside Dr

Our tour begins at 10:30. It takes about an hour to drive to Ormond Beach. If you want to carpool, we will meet at the Lake Forest Publix, 5240 W State Road 46, Sanford at 9:00 a.m.

**RSVP to Linda Cornell at
lindacornell8@gmail.com no later than March 1st**



**Mah Jongg
Coordinator**

Wendy Dorn

**National Mah Jongg League
(with annual card)**

Join us in the private dining room at the Sanford IHOP at I-4 (year round) on the 1st & 3rd Fridays MONTHLY from 11 a.m. to 2 (or longer). We purchase lunch as the room is free!

WE'LL TEACH BEGINNERS! Come join us for a fun time!

Contact Wendy Dorn at 407-463-2111 or click on the Email link below.



RSVP to Wendy for Mah Jongg [HERE](#)



Out to Lunch Bunch & Casual Cooking Coordinator

Marcia Miller



Casual Cooking

11:30 March 4th

Home of Pat Knopka

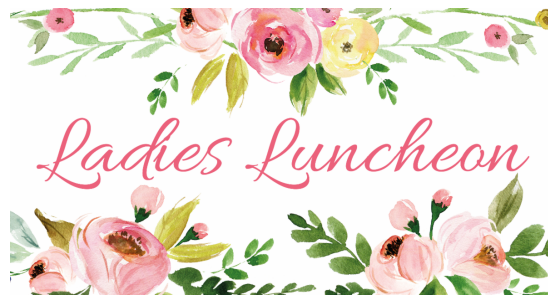
468 Quail Hill Drive, DeBary

Co-hostesses are Deb Whiston & Pat McCarroll

madorndancer16@cfl.rr.com

407-340-0776

18 Fortunate Vaccinated Ladies are able to attend



RSVP for Casual Cooking



Out To Lunch Bunch (OTLB)

Cheesecake Factory

520 N Orlando Ave.
Winter Park

Wednesday, March 23rd
12 noon

Call Marcia to RSVP ~ 407-340-0776



Shanghai Tuesday Coordinator

Rosemarie Soper

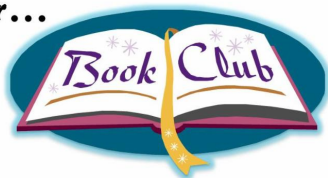
Every Tuesday, year-round play
10:45-3:30

GOLDEN CORAL

897 W Town Pkwy
Altamonte Springs, FL
407-775-1914
rosoper1@cfl.rr.com



*Book Club is
for...*



...you!



Book Club Coordinator

Dale Blass

This month, as we read “*Necessary Lies*” by Diane Chamberlain, many may be surprised to learn about the horrific human rights abuses that took place in America into the 1960s. Although this novel is fiction, the practice of forced sterilization of poor and disabled citizens, in an effort to 'improve' the population, *did* occur.

After losing her parents, fifteen-year-old Ivy Hart is left to care for her grandmother, older sister, and nephew as tenants on a small tobacco farm. As she struggles with her grandmother’s aging, her sister’s mental illness, and her own epilepsy, she realizes they might need more than she can give.

When Jane Forrester takes a position as Grace County’s newest social worker, she doesn’t realize just how much her help is needed. She quickly becomes emotionally invested in her clients' lives, causing tension with her boss and her new husband. But as Jane is drawn in by the Hart women, she begins to discover the secrets of the small farm—secrets much darker than she would have guessed. Soon, she must decide whether to take drastic action to help them, or risk losing the battle against everything she believes is wrong.

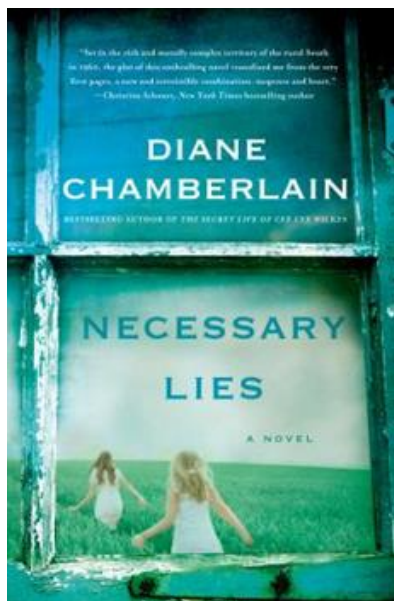
Set in rural Grace County, North Carolina in a time of state-mandated sterilizations and racial tension, “*Necessary Lies*” tells the story of these two young women, seemingly worlds apart, but both haunted by tragedy. Jane and Ivy are thrown together and must ask themselves: how can you know what you believe is right, when everyone is telling you it’s wrong?

We will meet on March 23rd at 10 a.m. at the home of:

Jessica Petravich
630 Killarney Bay Court
Winter Park, FL 32789
©708-710-7252
jessicapetra@gmail.com

Remember to mark your calendars and please let Jessica and me know if you plan to attend.

Dale



Click [HERE](#) to RSVP to join Book Club Discussion



Spokes Charities

Your Central Florida Spokes board has chosen three charities to support this year. They are IDignity of Seminole County, Journey's End Animal Sanctuary, and Matthew's Hope. The funds we raise at Game Day and at Flamingo Bingo are designated for our charities. Here is some information on each of our charities but please know that each of these charities has a website for you to look at.

IDignity - IDignity was created to assist the disadvantaged in Central Florida to overcome the difficulties in obtaining personal identification. Documents like birth certificates, Florida ID cards, and Social Security cards are essential to fully participate in our current day society and are crucial to enabling them to become self-sufficient. Through the generosity of individuals and groups, clients can regain proof of their identity and pursue employment, housing, education, proper healthcare, and so many more opportunities. On average, it costs IDignity \$300 and 6 hours of volunteer time to obtain all the identification documents necessary for one client to become self-sufficient. Through Client Service Events completely staffed by volunteers, individuals are assisted through the maze of paperwork necessary for obtaining identification.

Journey's End Animal Shelter -JOURNEY'S END ANIMAL SANCTUARY is a sanctuary with a capacity for over 100 dogs, cats, horses, pigs, and sheep who have been abused, neglected, or have special needs. Unlike traditional shelters that emphasize adoption, the primary purpose of Journey's End is to provide lifetime care and sheltering of animals who, while still able to lead a quality life, are unable to find homes due to old age, chronic illness, handicaps, temperament issues or other factors. In addition to food, shelter, and medical treatment, the animals receive nurturing attention in a secure, homelike setting scaled appropriately to promote maximum human contact and quality of life for each resident animal.

Matthew's Hope – The mission of Matthew's Hope Foundation is to restore the fullness of life to each client they serve. Their unique and highly effective Care Model significantly reduces relapse and overdose death and guides clients to full long-term recovery of their physical, emotional and spiritual sense of self. Matthew's Hope supports the homeless community by providing basic needs and developing skills to foster independence. They provide transitional housing through their Moving Forward Program where breakfast, lunch, dinner, showers, haircuts, and laundry services are provided through a Tuesday and Thursday Outreach Program, and preschool and day care are provided through their Firm Foundation Program.





Find Your Fabulosity

Put a bright smile on a victim of domestic violence by donating your new lipsticks. Women who come into a shelter often have nothing other than the clothes on her back, making her feel emotionally and physically insignificant. By looking at herself in the mirror, she will begin to see the beauty in her outer self which will help to transform her inner self-confidence.

Find Your Fabulosity appreciates your donations, which you can bring to any luncheon.

Sandy Bove
407-463-9437

[Click HERE](#) to arrange lipstick drop off with Sandy Bove



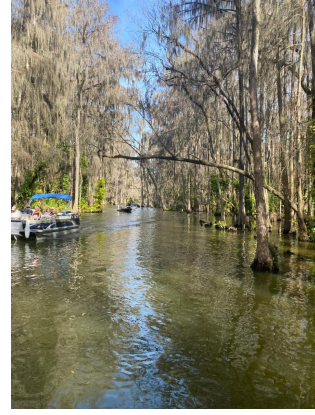
Just a Fabbulous Day at Casual Cooking...





Spokes Excursion to Lake Dora...

A Fun Day and Lunch at Goblin Market



Dining In Fun...



Correspondence Secretary

Bonnie Lachowicz



A big part of our social club is letting our members know how much we care!

If you know of a member coping with an illness, recovering from surgery, grieving a death, or needs encouragement?



Email Bonnie: [HERE](#)



CFS Website: [HERE](#)



Happy Birthday to You in March!

- 3 ~ Kay Payne
- 7 ~ Wanda Santoro
- 7 ~ Linda Selby
- 8 ~ Janey Dougherty
- 15 ~ Michele Cannon

20 ~ Angela Holtz
22 ~ Miriam Stonestreet
27 ~ Susan Pearson



Central Florida Spokes



Interim President:

Linda Cornell

1st Vice President/Programs:

Mary Flynn

2nd Vice President/Hospitality:

Sue Leidner

Recording Secretary:

Cyd Law

Treasurer:

Joanne Simmons/
Marcela Mojica

Historian (photos) & Publicity:

Sandy Bove

Luncheon Reservations:

Sonia Beltran
Marcela Mojica

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Judy Zellers

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Annie Sanders

Parliamentarian:

Betty Smith

Activities:
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Outreach Secretary:
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Community Involvement:
Brenda Oakley

Social Media:
Anna Byrnes

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