



June 2023

The American Legion Family of Post 166 Doing Things All Year Long

Commander's Corner

June 14th is Flag Day

“Our flag does not fly because the wind moves it. It flies with the last breath of each soldier who died protecting it.”

– UNKNOWN



Flag Day is a time to recommit ourselves to the ideals and principles that our flag represents.

I recently had the pleasure of visiting Fort McHenry, the site of the bombardment in the War of 1812 that inspired Frances Scott Key to pen our National Anthem. While there, I witnessed the changing of the flags which are always flown 24/7. It was a reminder that we must always strive to be a nation that embraces unity, justice, and freedom

Our flag has brought us inspiration and comfort during hard times; like the aftermath of the 9/11 attacks, and during World War II when the Marines, at the Battle of Iwo Jima, raised our flag high.

One hundred years ago on June 14th, the American Legion along with 68 other civic organization, met and drafted 15 rules for the proper use and care of the U.S. flag. We have US Flag code books available at the Post as well as Flags, which we sell at our cost of \$20.00.

The flag is a symbol of our Country and should always be respected and when it becomes tattered and worn, it should be retired respectfully. I invite all of you to join us on June 14th at 9AM when we will retire over 1,000 flags.

God bless America and God bless the flag of the United States of America.

Long may it wave!

Bob Ballew

Commander Post 166

Auxiliary Unit 166 Update

Thank you to everyone who donated and wore a Poppy in support of a Veteran! We had a very successful 2 days, Poppy Day, and Memorial Day. Thanks to everyone's generosity we will be able to provide help to Veterans or a Veteran's family.



The Auxiliary will be taking a break from meetings this summer. At our last meeting, we voted to suspend meetings in July and August, as allowed by our by-laws. June 12th is our next meeting and we will resume meetings on September 11th. However, our commitment to our Veterans and community will continue. We will continue to collect clothing and non-perishable food for Daystar at the Post and will provide school supplies to those in need in August. More information on how that will be accomplished will be sent to our members in the July ALA monthly newsletter.

Service not Self

Debbie Ballew, President ALA Unit 166

The Sons of the American Legion

Please mark your calendars and plan to attend a fundraiser on the 4th of July. We will be serving hotdogs on the grill and sides for just \$5.00. This event starts at 2PM with DJ Buzz providing the entertainment and we will have raffles, as well.

Greg Doody, 1st Vice Squadron Commander

Looking over the Fairing

I would like to welcome our two new members, Pam Murrin and Dwight Dejean. Both have been riding for many years and bring lots of Rider experience to our group.

Our 5th Annual Derby Day Charity Ride, held on May 6th, was a success! With donations from The Eagles, the Eagle Riders, ALR Chapter 237, the Marine League, and many Riders donating back their 50/50 raffle winnings, we will be able to continue to assist Veteran's needs. Thank you to everyone who was a part of the Event.



We will be at the Harley Davidson Dealership on May 27th to support ALR Chapter 237 fundraiser for Wreaths for Fallen Heroes. The event is from noon to 5PM with music by Hat Trick and a pulled pork dinner for \$15.00.

We will also lead the caravan on Memorial day to Magnolia Cemetery.

Ride Safe

Buzz (Mutt) Chainey, ALR Chapter 166 Director

June is PTSD Awareness Month

PTSD can affect anyone, not just Veterans. When you have PTSD, it's hard to feel safe. The traumatic event; natural disaster, combat, sexual assault, or accident can take hold, and one can't stop thinking about it.

PTSD symptoms fall into four categories

- Reliving or re-experiencing the event
- Avoiding things or places that remind you of the event
- Negative changes in beliefs and feelings
- Hyperarousal or being on guard.

For someone to be diagnosed with PTSD, they need to have symptoms in all four categories. The symptoms can happen at any age, and they come and go. Only a mental health care provider can diagnose PTSD. Knowing if you have PTSD is the first step to getting effective treatment. There are effective treatments even if you have been living with symptoms for years. Keep in mind that you're not alone. There are treatments that will help you feel better and take back control of your life.

Take that first step for yourself. Learn more about PTSD symptoms at the National Center for PTSD, or contact the VA.



Local Service Officers:

Jim Dryer (315) 240-1442
Wanda Thomas (352) 257-0541

Monthly Meetings and Officers

American Legion Post 166

Executive Board Meeting: 1st Tuesday at 10AM

General Membership Meeting: 2nd Saturday at 10AM

Post Commander	Bob Ballew
1 st Vice Commander	Mark Long
2 nd Vice Commander	Dwight DeJean
Adjutant	Jane Mundis
Sergeant-At-Arms	Jane Mundis
Finance Officer	Open
Chaplain	Bill Rowe
Historian	Tom Piazza
Judge Advocate / E Board	Bob McDowell
Past Commander / E Board	Marie Conti Executive
Board Member	Tom Brown Executive
Board Member	Bud Costello
Executive Board Member	David Kaczanowski
Executive Board Member	John Myers

American Legion Auxiliary

Monthly Meeting: 2nd Monday at 10:30AM

President	Debbie Ballew
Vice President	Judy Salo
Secretary	Julie Rowe
Treasurer	Dee Costello
Chaplain	Vicky Eley
Historian	Barbara Dubose
Sergeant-At-Arms	Open
Executive Committee	Dorene Bettis
Executive Committee	Barb Tripp
Executive Committee	Marion Healy

The Sons of the American Legion

Monthly Meeting: 3rd Saturday at 10AM

Commander	Curtis Woods
1st Vice Commander	Greg Doody
Treasurer	Bill Rowe
Chaplain	Bill Cloke
Sergeant-At-Arms	Open

American Legion Riders

Monthly Meeting: 1st Saturday of the Month at 10:30AM

Fun Ride follows

Director	Buzz Chainey
Assistant Director	Bob Ballew
Secretary/Treasurer	Debbie Ballew
Sergeant-At-Arms	Tom Brown
Chaplain	Bill Sonnycalf
Historian	Barbara Debose
Road Captain	Jerry Van Tassel



Tuesday June 13th

9:AM: Adopt-A-Highway

Meet at Elks Parking lot

Wednesday, June 14th

9AM Flag Retirement Service

9AM – 2PM Blood Mobile

Saturday, June 24

Installation of Officers

9AM: Sugarmill Woods Country Club

Monday, June 26

Last Monday of the Month Karaoke

5PM to 8PM: Featuring DJ Buzz Chainey

Every Friday Night

6:30PM: Queen of Hearts drawing
(American Legion Family Members only)

50/50 Drawing follows the Queen of Hearts
(American Legion Family and Guests)

The Bonz Game follows the 50/50 raffle
Three rolls of the dice to get all the same
number, Win 2 beer, wine, or well drink chips;
or 1 call or top shelf chip

Welcome
to our
New Members

Paul Angel, SAL

Michael Brown, Legionnaire

James Dodway, Legionnaire

Marlene Guidry, ALA

Jack McDaniel, SAL

Charles Winder, SAL

Every Friday is Red Shirt Friday
Wear Red to support the Deployed

Noon to 7PM: Purchase your first drink
& receive a chip for the same drink, excludes
specialty drinks

For the Latest Information
Check our Social Media Accounts:

Facebook:

[American Legion Post 166 Homosassa, Florida](#)

Website:

americanlegionpost166.com



Post Commander and Adjutant each receive a Certificate of Service of Distinction & Honor



Unit 166 received Award for the Best Year End Narrative Reports

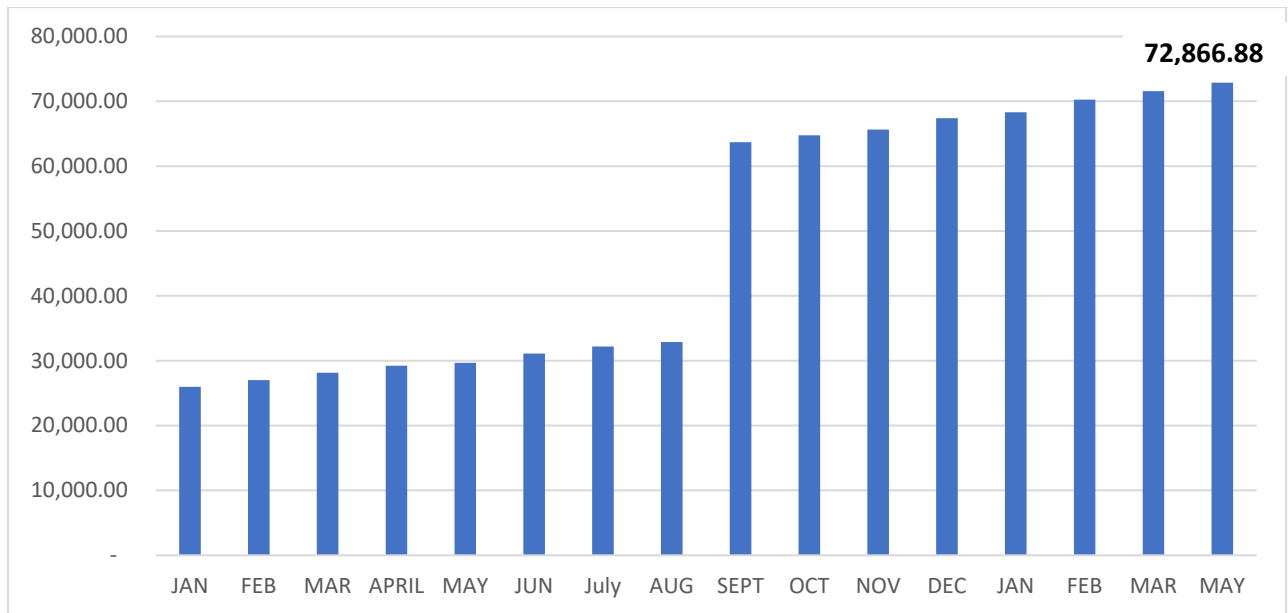
Monthly Fundraisers for the Building Fund

Help Grow the Building Fund
 Just \$1.00 to decorate
 A Flower &
 "Plant it on our wall"



Summer Basket	
Pinot Grigio Wine with 2 glasses Serving Platter & paper plates Table Cover , napkins & cutlery 2 Plastic Drink Bottles Sunscreen & After Sun Wipes Dish Towel Pretzels, Chips & Peanuts	

Building Fund as of May 30, 2023



To Everyone who has donated to the Building Fund

June 2023

PTSD Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Red Shirt Friday 6:30 Queen of Hearts/50-50 Raffle	3 10:30AM ALR Mtg
4	5	6 D Day	7 World Caring Day	8	9 Red Shirt Friday 6:30 Queen of Hearts/50-50 Raffle	10 10AM General Membership Mtg
11	12 10:30AM ALA Mtg	13 9AM Adopt A Highway Meet at Elks Parking Lot	14 9AM Flag Retirement 9AM-2PM Blood Mobile Flag Day US Army's Birthday	15 Dept Convention	16 Red Shirt Friday No Queen of Hearts – this week only Dept Convention	17 10AM General Membership Mtg Dept Convention
18 Father's Day Gifts For Dads Dept Convention	19	20	21	22	23 Red Shirt Friday 6:30 Queen of Hearts/50-50 Raffle	24
25 Korean War Started (1950)	26 5PM – 8PM Karaoke with KJ Buzz Chainey	27 PTSD Awareness Day	28	29	30 Red Shirt Friday 6:30 Queen of Hearts/50-50 Raffle	
<p>July 4th – 2PM: Hot Dogs and fixings, DJ Buzz Chainey, Raffles \$5.00 Sponsored by The Sons of The American Legion July 8th – 4PM Last Chance Band</p>						