

# Rose Zingale

[rosezingale@gmail.com](mailto:rosezingale@gmail.com)

917-715-8823

[www.rosezingale.com](http://www.rosezingale.com)

## SUMMARY

- Over twenty years experience teaching dance and exercise to all age levels
- Professional dance experience and training - BFA in Dance from NYU, Tisch SOA
- Certified Zena Rommett Floor-Barre™ instructor since 2021
- Certified Fitness Instructor - American Council on Exercise from 1988-1998
- CPR Certified - American Red Cross from 1988-1998
- Certified Animal Care Handler since 2010 ([www.pepesmommy.com](http://www.pepesmommy.com))

## EXPERIENCE

### DANCE INSTRUCTOR, NEW YORK

Lehman College Dept of Continuing Education - 2010

Kingsborough Community College, Darian's Dance Studio, Eleanor's Dance Studio,  
Gregory's Dance Studio 1971-1982

### FITNESS INSTRUCTOR, NEW YORK

US-PHS FEDERAL OCCUPATIONAL HEALTH, NYC & BROOKLYN 1988-1998

Exercise Leader/Wellness Specialist

Fitness Center Coordinator - Arrange schedule and oversee Center's activity including wellness seminars with other agencies; The American Heart Association & The American Cancer Society. Coordinate annual FOH Health Fair, administer body fat/muscle mass evaluation, and teach various exercise classes.

THE HEIGHTS CASINO, CARMINE RECREATION CENTER, PFIZER HEALTH & FITNESS  
WORKS, EASTERN ATHLETIC CLUBS, MOLLY FOX STUDIOS.

### ANIMAL CARE HANDLER, NYC

Pepe's Mommy Dog Walking & Cat Sitting - Sole proprietor since 2010

### ADDITIONAL SKILLS, NYC

Broadway Usher, Director & Ticket Taker; Actress & Improvisor