



FROM MARY'S KITCHEN

WITH LOVE

Italian comfort food direct to your table...custom catering and event planning

Custom Meal Prep Menu 2022

Please note we offer weekly delivery of portions (feeds two) with free delivery for all orders in Nassau County just call or text (516) 554-3221

We deliver every day except Friday – busy teaching other folks how to cook!

For catering orders for parties of four or more please call us anytime

Looking for something specific? Custom menu orders welcome (extra charge may apply)

About us

Mary, Jennie and Louise taught us all we know about great Italian cooking, standing on chairs as kids stirring the sauce, not gravy. Mary took the family passion forward for decades with Mary's Kitchen prepared foods.

The little girl on the left is so proud to bring the love and comfort of the family recipes to you once again.

We prepare all food in a certified professional culinary kitchen and we are certified for safe food handling, safe food management and fully insured.

Let us share our food love & comfort with you at your family table.

Call (516) 554-3221

Email fmkfamily@icloud.com

Visit our website www.frommaryskitchen.com



Proud member Long Island Food Council 2021

Turn over for our weekly delivery menu!

Dinners for Two...is there a special occasion?
Let us know we'll decorate packaging and help make it a festive celebration!

Orders are generous in size, will serve two. Questions? Don't hesitate to ask 516 554 3221

Looking for something different? Just ask! Custom Orders accepted; small charge may apply.

ANTIPASTI (FOR TWO)

TOMATO BRUSCHETTA WITH CRUNCHY GARLIC TOASTS	\$15
CAPRESE CLASSIC MOZZARELLA TOMATO BASIL BALSAMIC DRIZZLE	\$16
BURRATA PROSCIUTTO FIG CHUTNEY ON CROSTINI	\$18
SICILIAN CAPONATA (EGGPLANT AND VEGETABLES) WITH CRUNCHY GARLIC TOASTS	\$22
BOCCONCINI PROSCIUTTO TOMATO SKEWERS WITH BALSAMIC DRIZZLE	\$24
COCKTAIL EGGPLANT "MEATBALLS" WITH MARINARA TO DIP (SERVED WARM)	\$24

SALADS (FOR TWO) TOP WITH GRILLED CHICKEN +\$8, GRILLED SALMON FILET OR SHRIMP (6) +\$12

TRADITIONAL CAESAR WITH SHAVED PARMESAN AND CROUTONS, CAESAR DRESSING	\$16
CLASSIC SPRING GREENS TOMATO CUCUMBER RADISH RED ONION, BALSAMIC OR ITALIAN DRESSING	\$16
HOUSE SPECIAL SALAD PARSLEY TOASTED ALMOND LEMON SHALLOT VINAIGRETTE	\$18
SPINACH, CANDIED WALNUT AND CRANBERRY WITH BLEU CHEESE CRUMBLE	\$20
CHOPPED CABBAGE, SPINACH, TOMATO, AVOCADO, CUCUMBER, RED ONION, ITALIAN DRESSING	\$20

PASTA (FOR TWO) ZITI, PENNE, LINGUINE OR ZUCCHINI FETTUCINE ZOODLES (ADD \$2) WITH

FRESH HOMEMADE MARINARA	\$18
VODKA SAUCE WITH PANCETTA	\$20
MARINARA WITH BEEF AND PORK MEATBALLS (4) FOR EXTRA MEATBALLS ADD \$2 PER MEATBALL	\$24
BOLOGNESE (BEEF AND PORK OR CHICKEN) WITH A TOUCH OF CREAM	\$24
PUTTANESCA (ANCHOVY, KALAMATA OLIVE, CAPER, TOMATO)	\$24
BAKED ZITI WITH MARINARA SAUCE RICOTTA MOZZARELLA & ROMANO CHEESES	\$24
BAKED LASAGNA WITH SPINACH, MARINARA SAUCE RICOTTA MOZZARELLA & ROMANO CHEESES	\$26
BAKED LASAGNA WITH BEEF AND PORK MEAT SAUCE	\$40

ENTREES (FOR TWO)

BREADED FRIED CHICKEN CUTLETS (4-5)	\$24
CHICKEN PARMIGIANA (4-5 CUTLETS) (MARINARA MOZZARELLA & ROMANO CHEESES)	\$30
CHICKEN FRANCESE (4-5 CUTLETS) (LEMON GARLIC BUTTER SAUCE)	\$30
CHICKEN MARSALA (4-5 CUTLETS) (MUSHROOM MARSALA WINE)	\$32
CHICKEN PICCATA (4-5 CUTLETS) (LEMON CAPERS WHITE WINE)	\$32
MEATBALLS IN MARINARA (8)	\$28
EGGPLANT ROLLATINI (RICOTTA, MOZZARELLA & ROMANO FILLING WITH MARINARA)	\$24
EGGPLANT "NAPOLEON" LASAGNA STYLE LAYERS	\$24
AIR FRIED SALMON FILLETS (2)	\$30
SHRIMP PARMIGIANA	\$36
AIR FRIED BREADED FLOUNDER FILLETS (2)	\$36
SHRIMP SCAMPI (BUTTER GARLIC LEMON)	\$36

SIDES (FOR TWO)

SIDE OF PASTA ZITI PENNE OR LINGUINE (1/2 LB) WITH MARINARA OR GARLIC & OIL	\$14
SAUTEED SPINACH GARLIC AND OIL	\$15
ROASTED BROCCOLI GARLIC AND OIL	\$15
CHARRED HARICOTS VERTS WITH ROASTED CHERRY TOMATO	\$20
MASHED POTATO, GARLIC MASHED OR SWEET POTATO MASHED	\$20
ROASTED POTATOES, PEPPERS AND ONIONS, GARLIC AND OIL	\$20
YELLOW RICE/WHITE RICE/BROWN RICE/MIXED GRAINS	\$20

Celebrating a Birthday or Anniversary? Let us provide a small occasion cake; we're happy to personalize it with a special message! Small occasion cake for two \$20

Flowers to accompany the delivery? We're here to do the legwork for you. Small mixed bouquet wrapped in plastic \$20; dozen roses \$24

Personal message to the recipients – no problem, complimentary! Food is  - let us bring it to someone special for you.