

Mini-Sports

@ Fresno **Heat** Complex
Martina Gregusova

- Mini-Soccer
- Mini-Volleyball
- Mini-Tennis

A Different Approach to Early Youth Sports

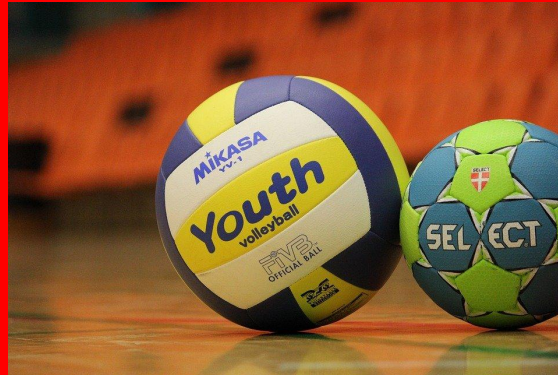
For information contact Coach Orro
559-960-8965 or orromarcos@hotmail.com

The Mini-Sports Approach

Mini-Sports is our way for initiating young players to different activities through a modified version of traditional sports. Our approach aims at introducing sports to younger players in a fun, and interesting way so they can experience success early in the process. Essentially, our approach fulfills a child's inherent need to play and a teacher's goal to allow children to learn and progress in a safe environment.



Mini-Soccer



Mini-Volleyball



Mini-Tennis

Our Philosophy

Play, Have Fun, Experience Success

Play

Trough game-like recreational activities that mimic the traditional sport.

Have Fun

Ensure that ALL Players stay active throughout the duration of the activity.

Experience Success

Adapt the environment to the players' needs for them to achieve success early.

Play, Have Fun, and Experience Success

A Unique Approach

1.) Through various playing experiences, players will naturally learn basic game tactics, technical skills, and rules of the game. In order to achieve “Play, Have Fun, and Experience Success” the goal is to assess the player’s motor skills and adapt the learning environment accordingly. This ensures that the players experience success regardless of their size and ability.

2.) The use of various game formats (1 on 1, 2 on 2, etc.) and game modifications (smaller/bigger balls, smaller/bigger court size, etc.) allow instructors to be better equipped to adapt the learning environment according to players’ level of ability.

3.) This approach simplify the roles and responsibilities of players, include all participant, maximize the number of contacts per player, and prolong the period of time during which players are active. As a result players develop their skills faster and enjoy the activity more.