

# DRAFT

## The 7<sup>th</sup> Equine Sports Medicine Symposium Schedule Metabolic and Muscle Conditions

Friday, August 22, 2025 & Saturday, August 23, 2025

Sponsored by the Carolina Equine Sports Medicine Education Foundation  
Chatham County Convention Center, Pittsboro, North Carolina

### Friday Morning, August 22nd

Moderator Bob Meyer, DVM

8:30-9:00 CESMEF Welcome and Updates

9:00-9:50 The Clinical Approach to Diagnosing Muscle Disorder in Horses (*Valberg*)

9:50-10:00 Break Sponsored Speaker

10:00-10:50 An Overview of Muscle Disorders Impacting Performance in Horses,  
their Diagnosis and Treatment (*Valberg*)

10:50-11:10 Break Sponsored Speaker

11:10-12:00 Shivers and Other Movement Disorders (*Valberg*)

12:00-1:00 Lunch

### Friday Afternoon, August 22nd

Moderator Lauren Schnabel, DVM, PhD, DACVS, DACVSMR

1:00-1:50pm Equine Muscle Injuries and Treatment Strategies (*Manfredi*)

1:50-2:00 Break Sponsored Speaker

2:00-2:50 Canine Athletes - Working Dog Muscle Injuries, Rehab and Treatment (*Ramos*)

2:50-3:20 Break Sponsored Speaker

3:20-4:10 Human Athletes - Muscle Injuries and Rehab (*Pietrosimone*)

4:10-5:00 Panel Discussion (*Manfredi, Ramos, Pietrosimone*)

5:00-5:10 Student scholarship award winner announcement

Meet at Brewery in Pittsboro

### Saturday Morning, August 23rd

Moderator: Meghann Lustgarten, DVM, DACVR, DACVSMR

9:00-9:50 Updates on Endocrine Disease and Testing (*Manfredi*)

9:50-10:00 Break Sponsored Speaker

10:00-10:50 NC State EMS Research Update include Prevalence Study (*Schnabel*)

10:50-11:10 Break Sponsored Speaker

11:10-12:00 How Veterinarians and Farriers Can Recognize Subclinical and Early Laminitis (*Pittman*)

12:00-1:00 Lunch

### Saturday afternoon, August 23rd

Moderator Travis Blackwelder, DVM

1:00-1:50 Trimming and Shoeing Principles and Monitoring for Early Laminitis (*Pittman*)

1:50-2:00 Break Sponsored Speaker

2:00-2:50 Training and Fitness from an Elite Equestrian's Perspective (*Faudree*)

2:50-3:10 Break Sponsored Speaker

3:10-4:00 Feeding for Optimal Performance (*Manfredi*)

4:00-5:00 Panel Discussion (*Pittman, Faudree, Manfredi*)

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