

The 7th Equine Sports Medicine Symposium Schedule
Metabolic and Muscle Conditions
Friday, August 22, 2025 & Saturday, August 23, 2025
Sponsored by the Carolina Equine Sports Medicine Education Foundation
Chatham County Convention Center, Pittsboro, North Carolina

Friday Morning, August 22nd - Moderator: Bob Meyer, DVM

8:30-9:00 CESMEF Welcome and Updates

9:00-9:50 The Clinical Approach to Diagnosing Muscle Disorder in Horses

Stephanie Valberg, DVM, PhD, DACVIM, DACVSMR

9:50-10:00 Break -Sponsored Speaker - NutraMax

10:00-10:50 An Overview of Muscle Disorders Impacting Performance in Horses, their Diagnosis and Treatment, Stephanie Valberg, DVM, PhD, DACVIM, DACVSMR

10:50-11:10 Break -Sponsored Speaker - Pulse Vet

11:10-12:00 Shivers and Other Movement Disorders

Stephanie Valberg, DVM, PhD, DACVIM, DACVSMR

12:00-1:00 Lunch Sponsors -Boehringer Ingelheim, DECHRA, SoftRide, Pulse Vet, and Zoetis

Friday Afternoon, August 22nd - Moderator: Lauren Schnabel, DVM, PhD, DACVS, DACVSMR

1:00-1:50pm Equine Muscle Prehab, Injuries and Rehab

Jane Manfredi, DVM, MS, PhD, DACVS, DACVSMR, PG Dip Vet Ed

1:50-2:00 Break -Sponsored Speaker -Boehringer Ingelheim

2:00-2:50 Canine Athletes - Working Dog Muscle Injuries, Rehab and Treatment

Meg Ramos, VMD, DACVSMR

2:50-3:20 Break Sponsored Speaker -DECHRA

3:20-4:10 Human Athletes - Muscle Injuries and Rehab, Brian Pietrosimone, PhD, ATC

4:10-5:00 Panel Discussion (Drs. *Manfredi, Ramos, Pietrosimone*)

5:00-5:10 Student scholarship award winner introduction - Faith Church

(Attendees/Sponsors invited to head over to Havoc Brewery, 39 West Street, Pittsboro, BYOD)

Saturday Morning, August 23rd - Moderator: Robert Meyer, DVM

9:00-9:50 Updates on Endocrine Disease and Testing in the Performance Horse

Jane Manfredi, DVM, MS, PhD, DACVS, DACVSMR, PG Dip Vet Ed

9:50-10:00 Break -Sponsored Speaker -Zoetis

10:00-10:50 NC State EMS Research Update including Prevalence Study

Lauren Schnabel, DVM, PhD, DACVS, DACVSMR & Kimberly Hallowell, DVM, DACVIM

10:50-11:10 Break -Sponsored Speaker -ConturaVet

11:10-12:00 How Veterinarians and Farriers Can Recognize Subclinical and Early Laminitis

Sammy Pittman, DVM, CF

12:00-1:00 Lunch Sponsors -Boehringer Ingelheim, DECHRA, SoftRide, Pulse Vet, and Zoetis

Saturday afternoon, August 23rd - Moderator Travis Blackwelder, DVM

1:00-1:50 Trimming and Shoeing Principles and Monitoring for Early Laminitis, Sammy Pittman, DVM, CF

1:50-2:00 Break Sponsored Speaker -SoftRide

2:00-2:50 Training and Fitness from an Elite Equestrian's Perspective, Will Faudree, 5-Star Eventer

2:50-3:10 Break Sponsored Speaker -NoltrexVet

3:10-4:00 Feeding for Optimal Performance

Jane Manfredi, DVM, MS, PhD, DACVS, DACVSMR, PG Dip Vet Ed

4:00-5:00 Panel Discussion (Mr. Faudree, Drs. *Pittman & Manfredi*)