

# ***Couples New Year Goals***

***www.kristinsgroovy.com***

## ***Welcome to 2023!***

**The year of the: Rabbit**

Rabbits symbolize: prosperity, growth, abundance and good luck!

What are your top 3 personal goals this year? (long term)

- 1.
- 2.
- 3.

What are your top 3 personal goals this year? (short term)

- 1.
- 2.
- 3.

What self care are you lacking or would like more of?

What are your top 3 professional life goals this year?

- 1.
- 2.
- 3.

How are you feeling about your work life balance? What is your ideal?

*Plan of action:*

How do you feel about our relationship going into the New Year? Personal vs Work Lives. How can we improve?

House/Life/Debt Repair Priorities:

- 1.
- 2.
- 3.

Budget for these priorities:

What personal finance goals do you have?

*Plan of action:*

What finance goals do you have as a family?

*Plan of action:*

How do you feel about our family spending/budget? What changes would you like to see made?

*Plan of action:*

How much would we like to save this year?

What vacations would you like to go on this year within our budget?

- 1.
- 2.
- 3.

What would you like to be more organized in our lives?