

Introductions to Zen

- *Taking the Path of Zen*, Robert Aitken
- *The Circle of the Way*, Barbara O'Brien
- *Zen Mind, Beginner's Mind*, Shunryu Suzuki

Additional Zen Books

- *Three Pillars of Zen*, Philip Kapleau
- *The Platform Sutra of the Sixth Patriarch*, Philip Yampolsky
- *Cultivating the Empty Field*, Taigen Dan Leighton
- *Shobogenzo: Zen Essays by Dogen*, translated by Thomas Cleary
- *Women Living Zen*, Paula Arai
- *The Practice of the Wild*, Gary Snyder
- *Everyday Zen*, Charlotte Joko Beck
- *In this Body, In this Lifetime*, Sozen Nagasawa

General Buddhism

- *When Things Fall Apart*, Pema Chodron
- *Buddha*, Karen Armstrong
- *The Heart of the Buddha's Teaching*, Thich Nhat Hanh
- *What the Buddha Taught*, Walpola Rahula
- *Buddha*, Karen Armstrong

General Meditation & Mindfulness

- *Mindfulness in Plain English*, Bhante Gunaratana
- *Wherever You Go, There You Are*, Jon Kabat-Zinn
- *Insight Meditation*, Joseph Goldstein
- *Radical Acceptance*, Tara Brach
- *The Wise Heart*, Jack Kornfield

Beneficial & Buddhism-ish

- *You Belong*, Sebene Selassie
- *The Power of Now*, Eckhart Tolle