

January - May

Europe Packing Guide

for Her

TOPS

- 2-3 wool sweaters
- 1 black tank top
- 1-2 athletic tops
- 1-2 long-sleeved turtlenecks
- 1 black bodysuit
- 2-3 nice tops / going-out tops
- 1 sweater vest
- 1-2 crewneck sweaters / hoodies
- 1-2 dresses

ACCESSORIES

- 1-2 pairs of sunglasses
- 1 bathing suit
- Backpack + duffel bag + crossbody
- 1 belt
- 1-2 pairs of thermal socks
- 8 pairs of regular socks
- 14 pairs of underwear
- 4-5 bras
- 2-3 hats / earmuffs
- 1 pair of gloves
- Watch / Apple Watch + charger
- 2-3 pairs of pajamas

BOTTOMS

- 1 pair of yoga pants
- 2 pairs of leggings
- 3 pairs of jeans
- 1 skirt
- 1 pair of tights
- 1 pair of denim shorts
- 1-2 pair of athletic shorts
- 1 pair of dress pants
- 1 pair of joggers

ELECTRONICS

- Phone + charger
- Laptop + charger
- iPad + charger
- Headphones / AirPods
- Power Converter
- Portable charger
- Camera
- Extra charging cables

flip 

TRAVEL ESSENTIALS

- Passport
- ID Card + vaccine card
- Printed itinerary + addresses
- Wallet (keep cash in local currency)

OUTERWEAR

- City coat
- 1 raincoat
- 1-2 vests
- 1 cotton zip-up / athletic jacket

SCHOOL SUPPLIES

- Graphing calculator
- 1-2 Pens
- 1 notebook
- Student ID

DAILY

- Contacts/glasses
- Prescription medication
- Makeup + skincare
- Mini first-aid kit

SHOES

- Plain sneakers + running shoes
- Leather boots / snow boots
- Birkenstocks
- Mini UGGs
- Sandals / heels

OTHER

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NOTES:
