

1. Physical Needs: What we HAVE to have to have physical life:

A living body, food, water, protection from the extreme elements (clothing and shelter) Treatments and protections from forces that threaten our health.

From the very start, God has taken care of our actual needs. He has us help and work with him, but that is for our own good! God honestly creates everything we genuinely need and has from the start. He knows we need Food, water and physical protection, so in the creation story God provided for all of these needs! He made an earth and the elements in it, a sun, He planted seeds and made animals. He hasn't stopped! It all started with a garden, remember? And we still have farms and gardens! In that garden, He does most of the work. Along with making our bodies and animals' bodies, He actually makes the creation happen. We provide the planting/labor to start and care for the process, but who actually then makes the fruit? He does! He made the seeds with all of the information they need, he provides the sun and water, He organizes cells in the way they need to work, not us! He really does most of the work for all living things. Everything we need for food, clothing and shelter, he provided for! In other words we have HELP in caring for our basic needs, from the God of us all! That is key! We aren't alone in this endeavor; we have the very creator of these things to help us and he has not stopped providing. We just have to let Him!

2. Emotional Needs: Having purpose and fulfillment in our lives:

Love, companionship, family, commandments/boundaries, purpose/goals, learning, CREATIVITY!

After setting everything up to provide for our basic needs, what was the next literal commandment God gave to Adam and Eve – HAVE JOY! Joy is an emotion that grows with elements like love and purpose. Right off, he made two people, not one, because having people in our lives helps us have joy! He also made sunsets, flowers, grass to run in, streams to play in, clouds to gaze at and even rainbows to come after the storms. He provided so much for our joy! He gives us boundaries to protect it! The adversary came right along with his single purpose, to take away our joy, and has counterfeits and roadblocks everywhere! God's keeps us aware of and protected from the adversary's tactics with his commandments. They are out of love, not control and protect joy, not give limitations. God also gave us creative minds! Everything is more fulfilling when creativity is involved, He pours out ideas and gives opportunities EVERYWHERE to use them! Letting him guide us protects us and leads us to joy beyond what we can imagine.

Our MISTAKEN "Needs!":
Convenience, comfort,
entertainment, extreme
sensations, power, prestige.

MONEY!

These things rob us of and cloud our view of the other two needs. These require more effort and cause stress and turmoil.

This is where we humans and the adversary that steals joy come in. These are the things we THINK we NEED to have joy, but they really cloud and rob us of joy! Our needs are honestly met by what God provides. There is only one author of needing MORE and MORE to REALLY be Happy. A very effective tool we and he created to do this is MONEY! God did not send Adam and Eve to earth with money, us humans created that! He provided all they needed, directly, but we decided to add extra effort to the process. We created a middle-man called money, the Retail in God's wholesale provisions. We also decided His creations weren't enough as they are and tend to seek for the EXTREMES in our experiences. Remember though, The more we require to be happy, the more stress we have and the less we find joy in.