

Mini Triathlon Routes

<u>Swim – 200m</u>



Bike - 4.1Km



<u>Run – 2.5Km</u>





Super Sprint Triathlon Routes

Swim - 400m



<u>Bike – 9.9km</u>



<u>Run – 2.5Km</u>





Sprint Triathlon Routes

<u>Swim – 600m</u>



<u>Bike – 20Km</u>



<u>Run – 4.9Km</u>





Challenge Triathlon Routes

<u>Swim – 1.2Km</u>



<u>Bike – 30Km</u>



<u>Run – 9.7Km</u>

