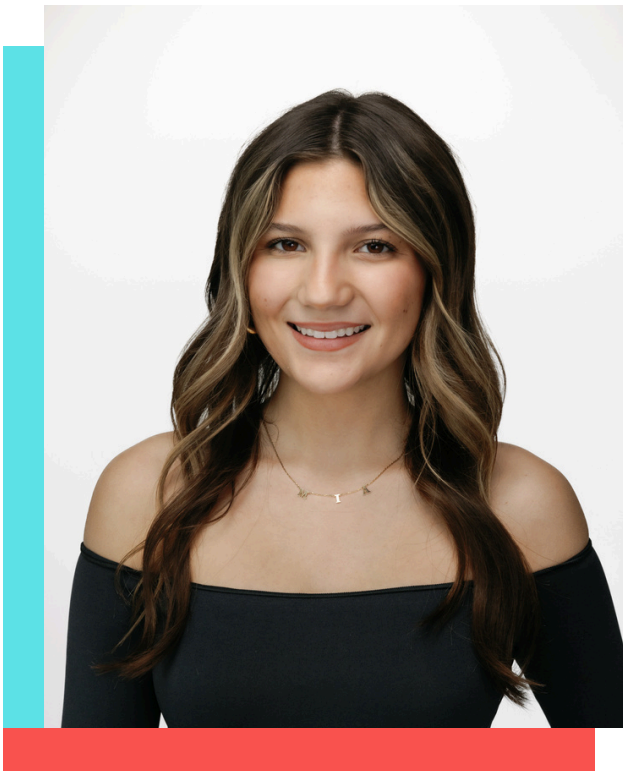




American Heart Association®
Teen of Impact™



"Through thecycleswfl.com and my monthly podcast, I strive to spark meaningful conversations about women's health, break down stigmas, and empower young women with knowledge and support. My commitment to advocacy and the future of medicine is driven by my belief that everyone deserves the opportunity to live a healthy, happy life."

Mia Vaske

2025 SWFL Teen of Impact Nominee



SCAN TO SUPPORT
MY CAMPAIGN

KNOW THE FACTS:

- MORE THAN 356,000 CARDIAC ARRESTS OCCUR OUTSIDE A HOSPITAL IN THE U.S. EACH YEAR
- HEART DISEASE KILLS MORE WOMEN THAN ALL FORMS OF CANCER COMBINED
- STROKE IS THE NO. 3 CAUSE OF DEATH IN WOMEN, KILLING OVER 85,000 WOMEN A YEAR

Interested in sponsorship opportunities for the 2025 Go Red for Women Luncheon?
Email julianne.perrone@heart.org for more details