



Cares, Prayers and Current Affairs

Greetings to all Brothers and Sisters in Christ,

I trust all are well with you and yours. The cooler temperatures are welcoming as we have entered the Autumn season. We were all hoping that by now we would be returning to a normal lifestyle, mask free! It is mind boggling that so many people are still refusing to take the vaccine. It seems as time passes, not a single household will go unphased by the Coronavirus in some way.

Each Sunday following the announcements we are encouraged to be well, stay safe, pray always and to laugh often.

To be well is to take care of the mind, body and spirit. We care for the mind by having a positive out - look on life.

We eat well, and exercise, and visit your doctor as recommended. Caring for our spirit involves having a Godly walk and relationship with our Creator and stay in communion with like minds.

To stay safe in these times, calls for us to remain vigilant and mindful of our surroundings. There are so many

around us in a mindset of insecurity, fear, and hatred and are ready to lash out in violence.

To pray always is to carry out your day in the mindset of prayer and the love of God.

To laugh as often as you can.... is just good medicine. The act of laughing releases endorphins into our bodies...

the good kind!

WHAT'S HAPPENING AT ST. JOSEPH'S



BEREAVEMENT:

The family of Anne Chisolm mourns the loss of her sister. May she rest in Peace and rise in Glory.



AFGHANISTAN REFUGEES:

We heard the call and answered! As you may know thousands of refugees from Afghanistan have come into the United States to escape the violence and war torn country they called home. Those who were giving assistance to our soldiers would be facing grave danger once our troops are withdrawn. A call went out to the Red Cross and the Episcopal Churches to help secure hygiene bags for the families as they arrived here with nothing but their lives. Once the announcement was made the hygiene items came in. We would like to



thank all the warm hearted, compassionate members of Saint Joseph for their help.



ANSWERING THE CALL TO SERVE:

Members of St. Joseph's have been asked to search their hearts and minds prayerfully regarding serving God through serving the church. There will be one seat vacant on the vestry for the upcoming 2022 year. Our Vestry consist of dedicated members who are willing to work toward making decisions that benefit the church as a whole, ensure growth and secure the future of the church and its rich Legacy. The Vestry is responsible for the grounds and the three buildings, the finances and to make sure the working parts of the church operate like a well-oiled machine. Members of the vestry are assigned a number of years to serve. This also ensures fresh minds and ideas as well as promote inclusiveness of the whole body.

Each year one or two positions rotate off leaving a seat or more open. Think about what skill or talent you may use to the Glory of God!



ECW: The Episcopal Church Women

The Episcopal Church women, is every woman of the church. Due to the pandemic, we have not been able to hold fundraisers. Therefore our

members are asked to pay monthly dues. In that the cost of living has sky-rocketed, we are asking to give as you are able. Please use an envelope and indicate that it is for ECW dues.

We were not able to have our Fall Gathering . The next order of business includes taking up funds for the United Thank Offering.

A special thanks to Christine Flores and our partnership with the Employer, Mountaire Produce, we were given loaded book bags which were donated along the items from the Brotherhood of St. Andrew.



DOK: The Daughters of the King.

The Daughter's of the King are having Conference at Camp Kanuga this coming week from October 4-8th. We pray that our sisters will have a safe and wonderful gathering. Our annual national dues were due this past September. Please remember our local dues of \$5 per month. Hopefully our ability to meet person to person will happen in the near future.



BOSA

The Brotherhood of St. Andrew are well and thriving!
They have moved their

meeting time to Saturday mornings at 11:00.
Thanks to all who have given school supplies and non-perishable foods for the Children of the Teresa Berrien School which was closed two years ago. The children are being bused to W. T. Brown School in Spring Lake. With our partnership with Mountaire Produce, the ECW also donated loaded book bags for the children.



Prayer Corner

by Chandra Francis

Dear God, I know that I am not invisible to You. You see me and the challenges that I face. You are intimately concerned about every detail in my life. Help me to trust and believe that You will bless and sustain me in the midst of my difficult places. In Jesus' Name, Amen.

Self-examination is good from time to time as an aid to keep you on course. But to dwell on your mistakes, shortcomings, and faults only produces condemnation and degradation, which is not helpful. You cannot change events from the past, but you can learn from them as a part of your growth process. My will for you is to walk in the Spirit and focus on spiritual things instead of your carnal nature. Romans 8:1 There is therefore now no condemnation to those who are

in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.

Old Fashioned, Old School, and Hacks!

by Bernice Motley



Rubbing Alcohol

Who doesn't have a bottle of rubbing alcohol! It's good for cleaning wounds, to sanitize something and... it's cheap! Well, check out other things it is good for:

- ** Use it to stretch tight shoes

- ** remove sticky residue

- ** deodorize your shoes

- ** clean makeup brushes

- ** heal cold sores

- ** remove dog ticks

- ** Keep your car windows frost free (use 1/2 c. of alcohol and 1/4 c. of water. Wash windows with solution)

- ** make a ice pack (1/3 alcohol, 2/3 part water in ziplock bag)

- ** Remove permanent marker

**Air Freshener (3 tbs. alcohol to 10 drops of essential oil in spray bottle)

** Remove smell of garlic off hands (Rub on palms of hands)

**Remove grease (Spray alcohol on clean rag, and have at it!)

** Remove finger prints on stainless steel appliances

** Clean Glasses

RECIPE from the Kitchen of
Deacon Mary Mac Shields



Cream Cheese Pound Cake

Yield: 16 Servings

½ cup (1 sticks) margarine, softened

1 cup (2 sticks) butter, softened

8 ounces Cream cheese, softened

3 cups sugar

Dash of salt

2 teaspoons vanilla extract

6 eggs

3 cups cake flour

Beat the margarine butter, cream cheese and sugar in a mixing bowl until well blended. Mix in the salt and vanilla. Add the eggs 1 at a time, beating well after each addition. Add the flour and beat until well blended. Spoon into a greased and floured 10-inch tube pan.

Place in a cold oven and set oven at 275 degrees. Bake for 1 hour and 45 minutes or until

a knife inserted in the center comes out clean.
Remove to a wire rack to cool. Invert onto a serving plate.



Bible Trivia

Which King of Israel is best known for dancing to worship?

- A. Solomon
- B. Asa
- C. Saul
- D. David

Answer (David, 2 Samuel 6:14)

Bible Humor

Where does the Bible refer to a motorcycle?

Answer (David's Triumph could be heard throughout the land)



October Birthdays

- | | |
|------------------|-----------------|
| 15 th | Aniyah Walcott |
| 17 th | Mia Davis |
| 27 th | Kyrone Nebolisa |
| 30 th | Anozie Nebolisa |



A Message from Donald LaHuffman

The history of Pan Afro/Caribbean People in the United States is a compelling and triumphant saga of our overcoming man created and natural obstacles. This is a story based on true facts. It must not be repressed by anyone behind the guise of law. Remember segregation was once lawful in most states. As you are aware, a lot of critical learning takes place outside of school. We learn first from loved ones at home, in the community, at church, at play from our Peers and the list goes on. My point is that we are by no means limited in our learning to that which is offered in formal schools. Here is where our clubs, fraternities, masonic organizations, churches can stand in the breach and teach our youth about the true story of our role in the building of this great nation. This is not to be twisted to mean teaching hate. Our Christian heritage teaches us that we are all God's Children through Abraham. All Americans need to know the real story of the contributions of everyone who helped build America, Do not sit back in despair, there is much work to be done. If we don't do it, who will?

Donald W. LaHuffman, MA,
Senior Warden Emeritus



Thoughts from our Senior Warden, Mr. Tyrone Francis

Change will not come if we wait for some other person or some other time. We are the ones we've been

waiting for. We are the change that we seek.

Barack Obama

Struggle teaches you a lot of things, and I am happy that I witnessed a roller coaster ride. The journey has improved me as a person and made me more mature.

Manoj Bajpayee

I have great respect for the past. If you don't know where you've come from, you don't know where you're going. I have respect for the past, but I'm a person of the moment. I'm here, and I do my best to be completely centered at the place I'm at, then I go forward to the next place.

Maya Angelou



Rev. Ralph's Corner

Last month in the newsletter I wrote about St. Joseph being a community

and touched on some things that make it a community, the most obvious being the shared theology of worshipping God in an Anglican/Episcopal tradition. That worship style and tradition shapes some of what the community does, and one part of that formative theology is prayer. But what is prayer? There are enough books written on the subject of prayer to fill a library so it must be an expansive topic and it is but for this month I want to get back to basics. When we stripe away all of the fancy language about prayer and all of the idiosyncratic nuances that people what to place

on it, prayer is nothing more than a conversation with God.

In the first three chapters of the Book of Genesis, we read that God and Adam spoke with one another. Also, Moses would talk to God as would Elijah, and many other figures in the history of Christianity. So, when we talk about praying we are really talking about having a conversation with God. It is true that in our tradition of Anglicanism/Episcopalianism we often use form prayers which is intended to help persons who may not know what to say. The form prayers are not intended to take the place of a conversation with God. There is a part of prayer that often gets overlooked.

Prayer being a conversation with God denotes that we expect God to have something to say back to us. So when we pray it is important to listen for the words of God just as much as we speak to God. So when we pray, let's let God get a word in too!

St. Joseph's Christmas Cantata.



December 19, 2021 at
4:00 PM

We will be creating a
Program Booklet for
this event. Pricing is
listed as follows:

\$10 for Patron List

\$25 for Half Page

\$50 for whole page.

Deadline for ads is Dec
14, 2021. Names, ads
ad donations can be

sent to Stjoefay@gmail.com.

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Be Well

Stay Safe

Pray Always

and

Laugh Often!!!!

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