

SAFEGUARDING CHILDHOODS IN RURAL KANSAS

4 FAMILIES™

BeH2O®: Strengthening Co-Parenting Through Structure, Stability & Mindset

A 16-Week Coaching & Education Program for High-Conflict Co-Parents

About the Program

Families in rural Kansas are often left with only legal intervention to resolve ongoing conflict. BeH2O® equips parents with proactive tools, mindset shifts, and repeatable routines—reducing filings, easing transitions, and helping children feel safe and supported. Find out more at www.BeH2OCoparenting.com.

The program includes:

- **8 Joint Coaching Sessions** – Goal-setting, boundary creation, collaborative decision-making.
- **2 Individual Coaching Sessions** – Emotional regulation, narrative reframing, clarity.
- **7 Group Classes** – EOS®-inspired structure, communication tools, conflict de-escalation.
- **1 Family Meeting** – Focused on child's experience and emotional safety.

Eligibility for NO COST

Families must:

- Have at least one child under 18
- Reside in a rural Kansas county
- Be referred by a GAL, judge, mediator, or family law attorney
- Earn ≤150% of the Federal Poverty Level

**Funded by Access to Justice Grant –
Kansas Office of Judicial Administration**
Program Delivered by:
The Layne Project 4 Families
www.4familieservices.org
programs@4familieservices.org

Impact*

100%

Reported a shift in relationship dynamics post-program

40%

Hostile relationships fell from 40% → 6.7%.

42.7%

“Civil,” “Friendly,” or “Very Friendly” relationships increased to 42.7%

4.6/5

Average satisfaction: 4.6/5

90%

90% would recommend BeH2O® to others

***Feb–May 2025**

Why Refer?

- Reduces court involvement & repeat filings
- Supports both parents in being their best for their children
- Evidence-based, trauma-informed approach
- Delivered virtually to reach rural communities

BeH₂O™

Certified through Kansas State University,
researched by Arizona State University