23/24 Season Welcome Packet

This is only a rough draft of the season welcome packet. We are making some changes that we want our current families to be made aware of for the future. Again, this is TENTATIVE changes, and a final packet will be handed out at the first team practices. DO NOT SIGN AND TURN IN THIS DRAFT.

Before you panic, please understand that these changes are made in the best interest of our program and its success. The changes are very much in line with other programs.

Before stressing out, you will have to go through the tryout process to know team placements and practice days. I CANNOT and WILL NOT guarantee teams or practice days. We will, however, stick to this new attendance policy and uphold it regardless of who the athlete is.

We hope you can understand the changes and know this is to better our program and be successful on all levels!

If you have questions, please wait the 24 hours and then text Cadie (512)581-8042 and we can set up a meeting.

If you are unable to meet the demands of our elite and full year prep program, Bastrop ½ year program will not be as strenuous. Novice team will NOT be held to such a strict standard but like the ones listed.

Attendance Policy

All-Star cheer requires an enormous time commitment. Therefore, starting this year, we will be enforcing a strict attendance policy. Athletes and families will not be allowed to participate in extracurricular activities that will conflict with their team practices, competitions, etc. We 100% encourage athletes to participate in other functions/sports/programs and be involved members of their community. However, All-Star Cheer is extremely unique, and we do not have "subs" when an athlete misses a practice. In order to be competitive and foster a winning program, these changes will be implemented at the start of the 2023/2024 season. The policy is as stated:

"An athlete is only permitted TWO UNEXCUSED ABSENSES for the entire season STARTING AFTER LABOR DAY, September 4th, until the end of the season. During the summer, June 1st – Labor Day, an athlete is permitted FOUR ABSENCES. This is equivalent to a two-week vacation. Athletes who have 2 unexcused absences will be removed from all major parts of the routine including stunts and pyramid. An athlete who receives 4 unexcused absences will be removed from the team. "Black Out" weeks will start the Sunday before a competition. Athletes who miss during a "Black Out" week for ANY (excused or unexcused) reason may be removed from major parts of the routine or from the routine entirely."

EXCUSED ABSENCES	UNEXCUSED ABSENCES
Fever of 100.4 or higher WITH a doctor's note	Headaches, allergies, sore muscles, upset
	stomachs
GRADED school events	Birthday parties, family reunions
Weddings and funerals	Homework, open houses
Vomiting	School/Rec sports and/or School/Rec cheer
Pink Eye, Lice, Staph infections	Vacations after Labor Day
Summer vacation as mentioned above	Custody Issues

*We recognize there are unique situations outside the ones listed above. Each situation will be handled on a case-by-case instance if they are not already listed. *

These changes are to ensure that we have like-minded athletes and families so our teams can reach their full potential and compete at the highest levels. We encourage parents to take vacations around our gym closure schedule listed on the second page. If you need more clarification, especially our multi-sport athletes, please talk to Coach Cadie before jumping to complete conclusions.

By signing below, you agree to the attendance policy and will adhere to its requirements. You also agree and understand that if you are removed from the team because of failure to commit to the attendance policy, there is no monetary refunds including pre-paid expenses.

Signature of Agreement	Date

Gym Closure Dates June 2023 - May 2024

Staff Training and Conference – June 22nd – 25th, 2023
Independence Day/Week – July 2nd – 6th, 2023
Labor Day Weekend – September 3rd – 4th, 2023
Thanksgiving Week – November 19th – 25th, 2023
Christmas Break/New Years Day – December 24th – January 1st, 2024
Spring Break – March 10th – 16th, 2024
Easter Sunday – March 31st, 2024
Memorial Day Weekend – May 26-27th, 2024

23/24 Competition Schedule

- American Cheer Power Halloween Challenge 10/28/23
 - o San Antonio, TX
 - All Teams
- NCA Houston Classic 11/18/23
 - o Houston, TX
 - o Elite Teams
- American Cheer Power Holiday Showdown 12/2/23
 - o Galveston, TX
 - Summit Teams
- Encore Nationals 12/15-12/17/23
 - o Houston, TX
 - o All Teams
- American Cheer Power Cash Bash 1/13-1/14/24
 - o Galveston, TX
 - o Ellte Teams
- American Cheer Power Southern Nationals 2/3-2/4/24
 - o San Antonio, TX
 - o All Teams
- Cheersport Nationals 2/17-2/18/24
 - o Atlanta, Georgia
 - *SOME Elite teams*
- NCA Nationals 3/1-3/3/24
 - o Dallas, TX
 - Elite/Prep Teams
- American Cheer Power Texas State Showdown 3/9-3/10/24
 - o If a Summit Team does NOT have a bid
- US Finals/Regional Summit
 - o TBD
 - All Teams