Texas Aces Athletics

Season 5- 2024/2025 <u>"5tronger Together"</u>



Thank you for your interest in joining Texas Aces Athletics! Whether you are new or a returning member, we look forward to seeing you at evaluations. Through our program, we hope you create lifelong friendships that turn into family! For season 5 we are focusing on "5tronger Together" and an emphasis on family! As we consolidate to one location, we couldn't think of a more appropriate motto for this season!

Why choose Texas Aces?

- ♦ Your athlete will train under experienced staff that has USASF certification and background checks.
- ♦ A 10,500 sq ft facility with multiple floors to ensure the success of individual coaching, teams, and classes.
- ♦ We focus on creating a "family" environment that welcomes each athlete with open arms. We promote "come as you are and who you are" and we will love you! We strongly believe this type of environment sets everyone up for success.

This packet is to provide as much information about our All-Star Cheer program as possible to help you make an informed decision about joining our program. We will line out the time commitment, financial commitment, and everything in between! We believe in transparency with no "hidden fees" or "surprise" policies. We believe All-Star Cheer can be for everyone and



have created multiple programs that tailor to families at different levels. We now offer half-year programs for Novice and Prep!

This packet will cover the expectations and financial responsibility for our ½ year programs and our full year programs. You will see side by side comparisons to help you make the best decision possible for your athlete!

What is Novice?

All-Star Novice is a program that is PERFECT for brand new athletes who are young. This is the most introductory level in our sport. Instead of receiving placements, they will receive ratings such as "outstanding" or "superior". They perform a 1 minute and 30 second routine. This division will require minimal time commitment and travel. They will have two— 1 hour practice a week and attend 4 competitions. (2 in the fall and 2 in the spring) Novice will be for ages 4-9.

Our $\frac{1}{2}$ Year Novice Program will have 1-1 hour practice a week and attend two competitions plus host a showcase from family and friends.

What is Prep?

All-Star prep is still a very competitive division with the same performance structure as Elite. Prep teams perform a 2-minute routine that is composed of standing tumbling, stunts, jumps, running tumbling, pyramid, jumps, and dance. This division is great for those who are new and for those who need more experience in a certain level. Prep will attend 5 competitions and require some "non" local events. Prep will have 2-1.5 hour practices a week.

Our ½ year prep program will practice once a week for 1.5 hours and attend 2 competitions plus have a showcase from family and friends.

What is Elite?

All-Star Elite division is the most competitive division and requires the highest level of commitment and financial responsibility. Routines are 2-minutes and 30-seconds long. Elite teams will require the most travel with the chance of traveling out of state. Elite teams will have 2 practices a week that are 1.5-2 hours long depending on age plus an additional skills day.

D2 Summit Teams (Elite Teams only)

D2 Summit teams are our Junior and Senior ELITE teams of ALL levels. These teams will compete all season to receive a "bid" to the prestigious end of the year event in Orlando, FL called the D2 Summit. The D2 Summit is held at the ESPN Worldwide of Sports Center in Orlando, FL. We will compete against teams across the entire country for the title of "CHAMPION". The competition is for the best of the best! We plan to attend every year. Our D2 Summit teams will require a higher level of commitment than all our other teams.

<u>D2 Youth Summit (Elite Teams only)</u>

Youth Summit is very similar to D2 Summit. ELITE Teams will compete all year for a bid to this end-of-season event and compete against the best of the best to be named the ultimate "CHAMPION". This event takes place in Tampa, FL.

New this year: There will be absolutely ZERO double teaming. This decision comes to avoid cross over rules for big events and to allow athletes to commit 100% to their teams.

Competitions

We will have our schedule by the end of June of 2024. Most competitions will require overnight stays. Competitions can be two days or a single day, Friday-Sunday. Competition season can be described as end of October-April. The End-Of-Season events will be in May. Competitions will take place all over Texas, as well as a possible out of state event. Competitions are 100% mandatory. Any missed competitions, without valid excuse, will result in your athlete's removal from routine. ½-Year Teams will have minimum travel and attend "local" competitions. We will have BLACK OUT WEEKS the week of competition. This means that the practices starting the Sunday before competition are 100% mandatory, no exceptions. This includes vacations, events, and school related activities. If you have concerns, please reach out to Coach Cadie to verify this policy or to get a better understanding.

Hotels

All hotel and travel expenses for the athletes and their families are NOT included in the tuition charges. All hotel and travel expenses are paid for by the athlete's families. Booking hotels and making travel arrangements are solely the parent or guardian's responsibility. We will do our best to find affordable group rates! Some competitions will require mandatory housing and those links for booking will be provided by the gym.

Time Commitment Comparison (Full Year)

| Novice Teams | <u>Prep Teams</u> | Elite Teams (Youth and Younger) | Elite Teams (Junior and Senior) |
|-----------------------------|----------------------------------|--|--|
| 2 – 1 hour practices a week | 2 – 1.5 hour practices a week | 2 – 1.5 hour practices a week + 1 skills practice a week | 2 – 2 hour practices a week + 1 skills practice a week |
| 4 competitions | 5 competitions | 6-7 competitions | 7-8 competitions |

Time Commitment Comparison (1/2 Year)

| Novice Teams | <u>Prep Teams</u> |
|-----------------------------|--------------------------|
| 1 – 1 hour practices a week | 1 – 1.5 hour practices a |
| | week |
| 2 competitions + parent | 2 competitions + parent |
| showcase | showcase |

Tuition and Billing for Season 5

Tuition is listed as price per a month

Full Year Teams

| Novice | \$167 |
|---------------|-------|
| Prep | \$230 |
| Elite (Youth | \$330 |
| and Younger) | |
| Elite (Junior | \$375 |
| and Senior) | |

Tuition for <u>full year teams</u> is "all-inclusive" meaning there are no hidden fees. The only additional out of pocket costs are those listed on this page such as hotels, uniforms, bows, etc.

½ Year Teams

| Novice | \$100 |
|--------|-------|
| Prep | \$150 |

Tuition for ½ Year Teams is not all inclusive. Competition fees, coaches travel fees, etc. will be billed separately as competitions arise.

Additional Fees

Full Year

| Uniforms – Due July 1st | \$300-475 |
|-------------------------------------|-------------|
| Practice Wear – Due June 15th | \$150-\$175 |
| USASF – Due Sept. 1st | \$75 |
| Evaluation Fee – Due at Evaluations | \$50 |

1/2 Year Team

| Uniforms – Due July 1st | \$150 |
|-------------------------------------|----------|
| Practice Top – Due June 15th | \$50 |
| Competition Fees (2X) – Due 1 month | \$75-125 |
| prior | |
| Evaluation Fee – Due at Evaluations | \$25 |

Evaluation Schedule & Information

Please wear whatever makes your athlete feel comfortable and confident! We recommend sports bra, spandex, a high ponytail with light make-up and a bow. Shoes are required.

½ Year Teams (Novice and Prep)
Sunday, May 19th from 4-6pm
This is for ages 4 – 9

Full Year Teams

Level 1

Monday, May 20th from 6-8pm

Level 2

Tuesday – May 21st from 6-8pm

Level 3

Wednesday – May 22nd from 6-8pm

<u>Level 4 & 5</u>

Thursday – May 23rd from 6-8pm

TEAM REVEALS: Friday, May 24th from 6-8pm!

Evaluation fees will be due at the door the day of your session.

Please arrive 20 minutes before your session starts, so we can ensure everyone is checked in.

We try to make evaluations as easy and stress free as possible!

During evaluations, we will break into small groups to assess tumbling, standing, and jumps. We will come back as a large group to assess dance and stunts.

Athletes are welcome to attend more than 1 session.

If you have any questions, please do not hesitate to reach out for clarification! (512)575-0616

Know the Process

In our tryout form. Parents will elect to be either full year or half year team member. Athletes need to attend the level they are most proficient and confident. Attending a certain level does NOT guarantee you that level placement.

EX. Sally Sue attends level 3 placements but is placed on a level 2 team.

What we take into consideration:

- ♦ Skills
 - Are they mastered? Can Sally Sue throw these skills at the end of a full out routine and land with perfect execution?
- ♦ Attitude
 - o Is Sally Sue coachable?
- ♦ Basing
 - Is Sally Sue a beast base? Would be able to lift ANY flyer at an elite level?
- ♦ Pizazz
 - How well does Sally Sue perform? Is this her first season?
- ♦ Comradery
 - Does Sally Sue mesh well with the athletes on this team?
- ♦ Commitment
 - o Is Sally Sue and her mom "bought in" to this program? Does Sally Sue arrive on time and ready to go? Does Sally Sue put in work outside practice hours?

Team placements are a combination of skills and what will WORK for the team. Every team needs bases, every team needs flyers. Some athletes can be made exceptions because they are EXCEPTIONAL bases and/or flyers.

We are always happy to discuss your child's placements, but we will never explain another child's placement.

Tryout Form

This form is to be completed in its entirety before the tryout process begins.

Completion of this form does NOT require you to tryout and you can change your mind at any time. Please turn in this form with the attached code of conduct to the front office.

| Athlete's First Name: |
|---|
| Athlete's Last Name: |
| Birth Year: |
| Parent/Guardian's First and Last Name: |
| Email Address: |
| Phone Number: |
| Please select one: |
| ☐ Full Year Team |
| ☐ ½ Year Team |
| By signing this form, you have read the entirety of the tryout packet and agree t |
| adhere to payment policies, tryout procedures, and any other information |
| provided to you. |
| Parent/Guardian Signature: |
| Parent/Guardian Printed Name: |
| Data: |

Attendance Policy (FULL YEAR TEAMS ONLY)

All-Star Cheer requires an enormous time commitment. Athlete's and families will not be allowed to participate in extracurricular activities that will conflict with their team practices, competitions, etc. We 100% encourage athletes to participate in other functions/sports/programs and be involved members of their community. However, All-Star Cheer is extremely unique, and we do not have "subs" when an athlete misses a practice. To be competitive and foster a winning program, a strict attendance policy is needed. "An athlete is only permitted TWO UNEXCUSED ABSENSES for the entire season START AFTER LABOR DAY, September 2nd, until the end of the season." During the summer, June 1st – Labor

Day, an athlete is permitted 5 absences for whatever reason. Anything further, will need approval from their head coach. This is equivalent to a two-week vacation. Athletes who have 2 unexcused absences after Labor Day, will be removed from major parts of the routine including stunts and pyramid. An athlete who receives 4 unexcused absences after Labor Day, will be removed from the team.

| EXCUSED ABSENCES | UNEXCUSED ABSENCES |
|--|---|
| Fever of 100.4 or higher WITH a Doctor's | Headaches, allergies, sore muscles, upset |
| Note | stomachs |
| GRADED school events | Birthday parties, family reunions |
| Weddings and Funerals | Homework, open houses |
| Vomiting | School/Rec Sports and/or School/Rec Cheer |
| Pink Eye, Lice, Staph Infections | Vacations after Labor Day |
| Summer vacations as mentioned above | Custody Issues |

^{*}We recognize there are unique situations outside the ones listed above. Each situation will be handled on a case-by-case basis if they are not already listed. *

These policies are to ensure that we have like-minded athletes and families so our teams can reach their full potential and compete at the highest levels. We encourage parents to take vacations around our gym closure schedule listed in this packet.

By signing below, you agree to the attendance policy and will adhere to its requirements. You also agree and understand that if you are removed from the team because of failure to commit to the attendance policy, there is no monetary refunds including pre-paid expenses.

| Signature of agreement | Date |
|------------------------|------|

Code of Conduct

Youth sports plays an important role in the physical, social, and emotional development of children. It is essential for all parents and coaches to embrace good values such as respect and positive sportsmanship. Our code of conduct is to foster a culture that values respect and self-control.

As a parent/guardian, I understand that I am responsible for my words and actions. I understand that I am responsible for the actions and words of my own athlete(s). My athlete(s) and I will uphold the following behaviors when participating in any events, practices, or competitions with Texas Aces Athletics:

- I will not engage in offensive or hateful communication whether that is verbal or written communication.
- I will not encourage any kind of unsportsmanlike conduct towards a coach, staff member, athlete, or member of Texas Aces Athletics.
- I will not participate in any behavior that would endanger myself, my athlete, or any other member of Texas Aces Athletics.
- I will not use drugs or alcohol or be under the influence of drugs or alcohol while on Texas Aces Athletics premises.
- I understand that there is a dress code and required practice wear for each practice. If my athlete does not wear the correct practice wear, they will be subject to workouts such as pushups.
- I will not threaten or initiate a fight with any member of Texas Aces Athletics.
- I understand that practices start promptly, and my athlete will be ready to go as soon as practice starts with shoes on and proper attire on.
- I understand that if I am to fall behind on payments, this can affect my child's position on the team.
- I will conduct myself with respect when addressing a coach or staff member with a concern and understand that a meeting time will need to be set to discuss anything in length.
- I will not gossip whether through written or verbal communication about any staff member, coach, or athlete of Texas Aces Athletics.
- I will represent Texas Aces Athletics with the highest respect when in a public forum.

I understand that if any of these offenses are broken that my athlete or I will be subject to the following:

- Verbal Warning
- Written Warning
- Physical Workouts (athlete's only)
- Suspension from the viewing area

| • | Definite suspension from the viewing area |
|---|---|
| • | Suspension from the program |
| | |

| By signing below, I have fully read the code of conduct and agree to by abide all its conte | nts: |
|---|------|
| Parent/Guardian Signature: | |
| Parent/Guardian Printed Name: | |
| Nate: | |

2024-2025 Gym Closure Dates

Memorial Day: May 24th – 27th, 2024

Father's Day: June 16th, 2025

Independence Day: June 30th – July 6th, 2024

Labor Day: August 30th – September 2nd, 2024

Halloween: October 31st

Thanksgiving: November 24th – November 30th, 2024

Christmas AND New Years: December 22nd, 2024 – January 4th, 2025

Spring Break: TBD (Follow ISD)

Easter: April 20th, 2025

Important Dates

Mandatory choreography – July 22nd – 25th