



50K

Aid Stations		Total Miles	Miles to Next	Support		Cutoffs			
				Crew	Drop Bag	Soft Cutoff	Hard Cutoff	Pace from Start	Pace from Last
AS1	Birch Tree	3.8	4.2	No	No			20:00	20:00
AS2	Dead Woman's Holler	8	5.5	No	No	10:40 AM		20:00	20:00
AS3	Birch Tree	13.5	6.1	No	No		12:30 PM	20:00	20:00
AS4	Brickyard	19.6	4	Yes	Yes		2:21 PM	19:29	18:20
AS5	Laurel Lake	23.6	3.2	Yes	No		3:35 PM	19:17	18:20
AS6	Hammond's Rock	26.8	4.7	No	No		4:33 PM	19:10	18:20
Finish	Ironmaster's Mansion	31.5					6:00 PM	19:04	18:20